



Società Ginnastica "Terranuova"

PALAGEO COMUNALE Via Adige , 1 – 52028 Terranuova Bracciolini (AR)
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V TORNEO INTERNAZIONALE DI GINNASTICA RITMICA "CITTA' DI TERRANUOVA" FOR CLUB

Dear Club,

You are kindly invited to participate in the V International rhythmic gymnastics tournament 'Città di Terranuova' for clubs, which will take place on October 5-6, 2013 in Terranuova Bracciolini (Arezzo), Italy.

The tournament is organised by the Società Ginnastica Terranuova authorized by the Italian Gymnastics Federation of Rhythmic Gymnastics.

The organisation of the tournament for the clubs is as following:

Place: Terranuova Bracciolini (Arezzo), Italy. (Florence, Pisa, Bologna and Rome airports)

Dates: 4 of October, 2013 – Arrival of Delegations, Training, Technical Meeting

5 of October, 2013 - Competition and gala

6 of October, 2013 - Competition Level B

7 of October, 2013 - Departure of Delegations

Program Individual Level A :

Group E - born 2005 and later – 1 exercise without apparatus. Difficulties of the exercise is D=3 points (6-10 difficulties), E= 10 points

Group D - born in '03, '04 ; 1 exercise without apparatus (D = 5 points – 8 difficulties by choice and minimum n°1 rhythmic steps value of 0.30) and 1 exercise with apparatus of choice (D= 5 points – 5 difficulties by choice), E=10 points

Group C – born in '01, '02 ; 1 exercise without apparatus and 1 exercise with apparatus of choice , or 2 exercise with apparatus of choice .

Program of exercises without apparatus is: (D = 6 points – 8 difficulties by choice and minimum n°1 rhythmic steps value of 0.30) and 1 exercise with apparatus of choice (D= 6 points – 6 difficulties by choice), E=10 points

Group B – born in '98,'99,'00; 2 exercises with apparatus of choice. Difficulties of the exercises are according to the FIG rules for juniors .

Group A – Seniors : 2 exercises with apparatus of choice. Difficulties of the exercises are according to the FIG rules for seniors .

Program Individual Level B :

Group E - born 2005 and later – 1 exercise without apparatus. Difficulties of the exercise is D=2 points (6-10 difficulties), E= 10 points

Group D - born in '03, '04 ; 1 exercise with apparatus of choice (D= 4 points – 4-7 difficulties), E=10 points

Group C – born in '01, '02 ; 1 exercise with apparatus of choice (D= 4 points – 4-7 difficulties), E=10 points

Group B – born in '98,'99,'00; 1 exercises with apparatus of choice (D= 5 points – 4-7 difficulties), E=10 points

Group A – Seniors : 1 exercises with apparatus of choice (D= 6 points – 6-9 difficulties), E=10 points

Program Elite – Ranking for teams :

Each club alternates between the gymnasts to 6 exercises planned:

≡ 1 exercise without apparatus (gymnast born 2002,2001,2000 - the gymnast can not perform the exercise with apparatus) Program of exercises without apparatus is D= 7 points (maximum 8 difficulty of value 0,10-0,20-0,30-0,40-0,50 ,which minimum 2 elements and maximum 3 elements for each body group, and maximum 3 difficulties of max.1,00 point. Minimum n°1 rhythmic steps of value 0,30), E=10 points

≡ 1 exercise with Rope , 1 exercise with Hoop, 1 exercise with Ball, 1 exercise with Clubs and 1 exercise with Ribbon (born in '00, '99,'98 and Seniors – 1 gymnast can play maximum 2 exercises with apparatus) . Difficulties of the exercises are according to the FIG rules for seniors .

Note: 5 copies of official forms for each exercise (Groups A, B, C ,D, E LEVEL A and B – Programme Elite) are to be presented.

Number of the delegation:

Judge -1 (obligatory – if no request is fined 60 euros)

Coach – 1

Gymnasts group E - 2 for Level A and 2 for Level B

Gymnasts group D – 2 for Level A and 2 for Level B

Gymnasts group C – 2 for Level A and 2 for Level B

Gymnasts group B – 2 for Level A and 2 for Level B

Gymnasts group A – 2 for Level A and 2 for Level B

Total number of the delegation: 22 members

Note: All groups can present additional gymnasts at their own expense.

Entrance fee: 30€ for each participating gymnast

Prize: Leading team for apparatus work and class.

Financial conditions: For the days of the tournament 4-7 of October, 2013 (hotel, bed and breakfast, and transportation from hotel to gym and gym to hotel) will cost 40 euro for person for day. Extra delegation members, (in addition to the official 22 members,) must pay 50 EURO for day (to be booked and paid for upon arrival, directly to the host club). Transportation from airport to hotel and hotel to airport is 100 euro for person.

ALL COSTS HAVE TO BE PAID AT TECHNICAL MEETING.

Program Elite:

Judge -1 (obligatory – if no request is fined 60 euros)

Coach – 1

Gymnasts minimum 4 maximum 6

Entrance fee: 300€ for each club

Note: the Elite race, program team, is reserved for the top ten clubs who register by making a bank transfer of the entrance fee:

SOCIETA' GINNASTICA TERRANUOVA

Associazione Sportiva Dilettantistica

Banca Credito Cooperativo

Filiale di Terranuova Bracciolini

IBAN IT070088117166000000203081

BIC ICRAITRRMJ0

C/C n. 203081

ABI 8811

CAB 71660

Prize: The club with the highest number of points will be awarded the City of Terranuova Bracciolini trophy and a cash prize of € 1000,00.

Please confirm your participation no later than 1 September, 2013 at the following address:

FAX : + 390559105675 E-mail: ginnasticaterranuova@gmail.com

Sincerely Yours:

President

Francesco Berardinelli

Chief coach

Luciana De Corso

**Please return application no later
than 22.09.2013 to:**

Fax: +390559105675

E-mail: ginnasticaterranuova@gmail.com

Entry

Delegation/Country:

Name: Club -

Address:

E-mail:

Phone:

Fax:

Name of the judge:

Name of the coach:

Gymnasts:

Name and First Name	Level and Group	Date of Birth	Apparatus

➤ **Way of arrival (rail, air, car, coach)**

Date _____ Time _____

Place of Arrival _____

➤ **Way of Departure (rail, air, car, coach)**

Date _____ Time _____

Place of Departure _____

Arrival:

Departure: