



The **essentials** Guide

Everything you need to know about the
essentials resources

There are *six* Essentials resources.

1. Short films that answer big questions
2. A trailer that introduces the films
3. A short book that explores the heart of the Christian faith
4. An evangelistic diagram that can be drawn as a means of presenting the gospel
5. A short animation designed to communicate the gospel in an engaging way
6. A set of small group studies designed to introduce Christians to the films and the diagram, and then encourage them to share the resources with five unbelievers

The films

In total, there are five short films in the Essentials collection.

1. Reveal
2. Reject
3. Rescue
4. Relationship
5. Response

Each video is presented by Lee McMunn and was filmed by award-winning director Andy Toovey of www.2vstudios.com.

Films 1 to 4 present the heart of the gospel, and film 5 explains how someone can become a Christian in response to what they have watched in the previous videos.

Every film contains quotations from Luke's Gospel. They also have optional English subtitles.

Reveal focuses on how we can know anything about God. This film raises the question of how we can find out the truth about who God is. It teaches that Jesus is the Son of God, and uses this truth to explain that God has engaged us in conversation. This means we can know what God is like and what he thinks of us.

Reject focuses on how we have treated the God who has the right to rule our lives. It explains what sin is and why it is so bad. This film introduces the punishment of hell and seeks to communicate why this sentence perfectly matches our crime of cosmic treason.

Rescue focuses on the work of Jesus to save us from the punishment we deserve. It explains that Jesus died on the cross to pay the price of our sin, and then shows that his resurrection demonstrates that he has paid the cost in full.

Relationship focuses on what we are rescued for. The previous films have taught that we need rescuing from eternal punishment in hell and that this is only possible because of the

sacrificial death of Jesus on the cross. *Relationship* continues the salvation story by explaining that we are rescued for a relationship with the Trinitarian God: Father, Son and Holy Spirit. We discover that Jesus wants us to relate to him as our King, that we can relate to his Father as our Father, and that the Holy Spirit can dwell within us to help us change.

Response explains how to become a Christian. It is ideal for anyone who knows enough about Jesus to make a personal commitment to him.

The films are available on DVD from www.10ofthose.com.

They are also available to watch or download from www.lifeessentials.org.uk. If you want to download the films onto smartphones or tablets, then this is the place to visit.

The trailer

This is a brilliant way to promote the films. The trailer is less than a minute long and includes footage from the episodes. It's on the Essentials website and on the DVD.

The book

The book is short and yet explains the essential truths at the heart of the Christian faith. It is ideal for anyone trying to work out what Christianity is all about. Each chapter is packed full of illustrations, which have been designed to connect the unchanging truths of the gospel to the contemporary hearts of men and women.

The book also contains questions that can be used in a discussion. There are four questions for each chapter.

The content of the book is based on the Essentials films, and the questions have been deliberately written for use alongside the videos.

The Essentials book is available from www.10ofthose.com. It has been deliberately priced low so that many copies can be purchased cheaply.

The diagram

The Essentials material has also been summarised in a gospel diagram that can be drawn. You can see the diagram being drawn, with an accompanying voiceover, at www.lifeessentials.org.uk and on the DVD that can be purchased from www.10ofthose.com. There is also a PowerPoint version available for download on the Essentials website.

The diagram has been deliberately designed to be memorable, and so is a great aid when trying to explain the gospel to non-Christians.

Here are some of the features to look out for:

- It starts with Jesus. This ensures that straight away we get talking about the person at the heart of Christianity.
- From here, we introduce God as Trinity in a very understandable and attractive way.
- The bottom half of the diagram is made easier to remember because it is based on the word **rescue**.
- It clearly shows the punishment we deserve being placed on Jesus.
- It shows the greatest gift of God is God.
- It spells out how we relate to each divine person.
- It shows that a personal commitment to Jesus is required to benefit from his death on the cross.
- We see that when we commit to Jesus, our punishment is *behind* us and we *now* experience a relationship with the Father, Son and Holy Spirit. We don't live with Jesus as King to deal with our punishment. No, because of our King's great sacrifice, we *now* live with the joy of knowing that Jesus has fully paid for our sin.

You'll notice that no Bible texts appear on the diagram. This is to prevent there being too many items on the page. However, the truths that are drawn emerge from the Bible story. If you were looking for specific sections of the Bible to refer to, then you could use the following texts:

- The first section. Who is Jesus?
Luke 1:26-35
- The second section. What are we rescued from?
Luke 5:31-32
Luke 12:4-5
- The third section. How are we rescued?
Luke 23:35-37
Luke 24:1-6
- The fourth section. What are we rescued for?
Luke 2:11
Luke 11:2
Luke 3:15-16

The animation

The Essentials material has also been turned into a short gospel animation. This is not designed to be copied and redrawn, but to be watched. It presents the gospel in a visually engaging way. It is ideal to be shared on social media. It is available for download from www.lifeessentials.org.uk.

The animation is also available on the DVD that can be purchased from www.10ofthose.com.

The small group studies

These have been written to introduce Christians to the Essentials resources, particularly the films and the diagram. Each session has questions designed to unearth the reasons why the content flows as it does. This will help Christians to know the gospel better and to more effectively communicate it to people living in our culture, with all their misunderstandings and assumptions. Christians will also learn many gospel illustrations that can be stored away for future use.

At the end of the studies there is an encouragement to give away the Essentials resources to five unbelievers. By this point the hearts of those attending will have been warmed by the gospel, their convictions about who should share the gospel will have been sharpened, and they will be familiar with the material they are being asked to share. There are lots of practical suggestions of whom we can share the gospel with and how we can do it.

As well as the question booklet, there is a separate guide that contains answers and tips on how to lead the studies.

The booklets are available for download from www.lifeessentials.org.uk.

Our desire as Christians is to help unbelievers hear about Jesus. We want them to encounter the word of God.

If we want to engage in lots of evangelism then we need *three* crucial things.

- **Confidence.** We need to have confidence that the gospel is the power of God to save people.
- **Creativity.** Since the power is in the message, we will want people to encounter the message as often as they can. Our challenge is to think of creative ways of getting people to hear the message.
- **Courage.** We need courage to get on and use the ways available to us to get the gospel out. We need God to empower us for mission. Let's make sure we are praying for this.

The five Essentials resources can be used in a wide variety of situations and circumstances. The key word is *flexibility*. Here are some suggestions of how to use them.

As an outreach course

The short films can be used as the basis of a four-week outreach course, with the following structure.

- 🎬 Week 1 – Reveal
- 🎬 Week 2 – Reject
- 🎬 Week 3 – Rescue
- 🎬 Week 4 – Relationship and Response

You could also run a five-week course by showing the *Response* film at the end of a special Question and Answer session.

You can use the Essentials trailer to promote your course, whether in church or on social media.

It's up to you when you run the course. Choose the time and location that fits with your context. The films can be shown on projectors or TVs or laptops or tablets.

Decide whether you want to include a meal or light refreshments.

Each course participant should be given a copy of the Essentials book. This is all they need. The Bible passages quoted in the films are printed at the end of the book.

There are also helpful discussion questions in the book that can be used for each film. The answers to the questions are all found in the videos. The questions are designed to reinforce understanding and gently apply the truths personally.

If people are slow to answer questions in your group, then one tip is to get them chatting in pairs and then ask each pair to feed back to everyone else. You could repeat this for every question.

Since each chapter of the book is based on the films, having a personal copy of the book will help each guest to relook at what they are learning.

You can also have giveaway copies of Luke's Gospel available for those who want to read more at home.

Here is a suggested template for how to run a four-week course

Week 1 - Reveal

🕒 Welcome (5 mins)

Thank people for making the time to come

Assure them that they can stay quiet and listen if that's what they prefer, or can ask any question they like. Be clear that no question is too simple or too outrageous.

Explain the plan for each night. Start by discussing a question that will get us thinking about a big idea. Then we'll watch a short film. Afterwards we'll have an opportunity to talk about what we've seen.

🕒 Starter Question (5 mins)

○ What could you do if you wanted to get to know a new neighbour in your street?

To set up the theme of the film you could ask the following starter question (or feel free to come up with something else that fits your context better).

🕒 Show the *Reveal* film (10 mins)

🕒 Question Time (20 mins)

Lead a discussion time. The following questions might be helpful

○ What kind of God would you like to exist? How persuaded are you that God is real?

We mustn't assume that people are either atheists or believe in a personal God. Allow those on your table to express their currently opinions freely. There is likely to be a

hopeful sentiment that there is something more to life than we can see or touch but a lack of clarity on who or what this is.

Moreover, many will have breathed in the cultural air that we can't really know the truth. All we have are the best guesses or the assured opinions of those who have no access to the facts. This film is making the point that God has communicated with us. Jesus is a real person who really lived. We could have met him if we had been alive at the right time and lived in the right place. Therefore, there is a historical basis for the Christian belief in the existence of God. It's important to get across that we don't speak so confidently about God because we have strong opinions but because God has engaged us in conversation. And this is tremendous news!

○ Luke's Gospel claims that Jesus is the Son of God. How does this compare with your view of Jesus?

There are different directions to take with this question depending on who is in your group.

Most people in your group will not doubt the historical existence of Jesus. If any do then you can engage them with the good news that Jesus did actually walk this earth 2000 years ago.

For the majority who do believe in a historical Jesus, the big challenge comes when the true Jesus is different from the one inside our imagination. Most of us like to construct Jesus in our own image. We project our own preferences and desires onto Jesus or choose aspects of Jesus' character that fit with our own interests. But we can't function like this. We must allow Jesus to reveal himself to us rather than moulding Jesus into the person we want him to be. To make this point, refer people to the illustration of speaking to a stranger on a train.

○ Jesus says God is a loving community of three divine persons, the Father, the Son and the Holy Spirit. Does this make sense? Do you think it is good news?

Because God has engaged us in conversation we must allow the content of the revelation to define truth for us. For some God is lonely individual and for others God is more like an impersonal power, like the force in Star Wars. But Christians have believed the announcement of Jesus that God is much more like a family. There are three eternal members of this divine community, the Father, the Son and the Holy Spirit. They are united in such a way that makes the three persons perfectly united. Of course we cannot plumb the full depths of the Trinity but neither is any of this revelation beyond our grasp. The secret is to be joyfully Trinitarian as a leader.

It's important to stay clear of unhelpful illustrations. For example, God as a triangle or God as water in three states (steam, ice and liquid water). What's the biggest truth that we want our Trinitarian illustration to convey? Not how 3 can be 1 and 1 can be 3. But loving relationship. That's why speaking about God as more like a family or a divine

community is helpful. Not only is it more biblical but it conveys the key truth about persons in loving relationship.

We will speak more about the Father, Son and Holy Spirit when we see the explanatory power of the Trinity. That is, it is a truth that explains so much in our everyday experience. For example, why relationships are so important to us and why we love music in the way we do.

You could also sketch out some of the Essentials diagram to show people the truth visually.

○ How should we respond to the news that one of the Divine Three has engaged us in conversation?

This is a game changer. We are no longer in the realms of speculation but revelation. Therefore, we should listen to what Jesus says. And this doesn't mean simply to what we like. Everything from the mouth of Jesus is true and reliable.

We should be thrilled that God has communicated with us. The Divine Family love us so much that they have established contact with us.

Normally people pay more attention to more important people. We should be utterly captivated by the words of the Son of God. Because of Jesus' identity we should prioritise listening to him above any of the other tasks that consume our busy lives.

📌 Summarise (5 mins)

Draw or show the first part of the Essentials diagram on PowerPoint to visually summarise what has been discovered so far. You can download the PowerPoint from www.lifeessentials.org.uk

📌 Finish (5 mins)

Encourage people to take a copy of Luke's Gospel and begin to read it at home. You may want to ask them to focus on Luke chapters 1 and 2.

Week 2 - Reject**📌 Welcome****📌 Any questions? (5 mins)**

Ask if anyone has any questions that have arisen from their reading of Luke's Gospel or, indeed, has any other questions they'd like answered.

📌 Starter Question**○ How many of your friends and family would consider themselves to be good people? Why do you think this is?**

Many of those around us are not openly hostile to the gospel, they are simply apathetic to what we say and do as Christians. Many of our neighbours still believe in some sort of higher power, although they would be pretty clueless to define the 'God' they hope might exist.

Moreover, most people tend to think of themselves as fairly good. As a result, they have no interest in someone claiming to be a Saviour. Why would they? In their eyes, they are not in any danger.

In response we need to be intentional about persuading people that they are not good people on the road to heaven but rebels on the road to hell.

📌 Show the *Reject* film (10 mins)**📌 Question Time (20 mins)****○ Why might God have the right to tell us how to live?**

The film uses an illustration about a generous king who rules his subjects. Just as a king has the right to rule his subjects, so does God have the right to tell us how to live. It's God's world, so he can tell us what to do.

We can also expand on the implications of God as our Creator. Because he made us, God has ownership rights over us. Most people instinctively know there is a link between the person who makes something and their rights over it. An example of this is music copyright.

It's important to get across the truth that God's rule is a great thing. God is not stingy. He is abundantly generous and his ways are good. Like a loving father does for his children so God gives loving boundaries for his creatures. These are not to inhabit our pleasure but to maximise our joy.

○ **How convinced are you that you are a sinner?**

‘Good’ people never refer to their treatment of God when they try and justify their status. It’s all about what they have and haven’t done towards other human beings. For people to realise they are sinners, they need to understand how they have related to the God who made them and has ownership rights over them. The key aspect of the generous ruler illustration is to get people thinking about how they have treated God

The film speaks about sin as cosmic treason. Do see what people make of this definition. Again, it focuses our attention on the wicked overthrow that is at the heart of sin. It also alerts us to the gravity of the offence as it points us in the cosmic direction.

Even if people simply think they have ignored God, there is much scope to show why even this is offensive and stirs righteous anger. Think how a parent responds internally when their child deliberately refuses to engage with them when they are communicating. Righteous anger is the result of a refusal to listen to the voice of the one in charge.

You may like to remind people of what they learned in this first film about the identity of Jesus. Since he is the Son of God, he reveals the truth about our condition. The question is, will we listen to what he says? Do also point out that Jesus loves us and so any hard truth that he communicates is not out of harshness but out of compassion.

○ **Do you think the punishment Jesus describes fits the crime?**

You may need to check if people have grasped the link between rebellion and punishment. What happens when someone rebels against the authority of the one in charge of a classroom or a company or a country? Some form of punishment follows our defiance. It may be a detention, a sacking or a prison sentence. We instinctively know this is right. So we should expect to be punished when we rebel against the loving and rightful authority of our Creator.

What about the nature of the punishment? Is it fair for people to suffer eternally for their wrong doing? Even when people see a link between crime and punishment, we mustn’t assume they will automatically believe hell is the right punishment for our rejection of God’s rule. We must seek to establish why this sentence really does match our crime. The illustration of killing things in the park is designed to communicate that as we go higher up the moral categories, the sentence for an action increases in severity. Because God is infinitely grand and glorious, a rejection of his rule deserves infinite punishment. Some may really dislike this example because of its gruesome imagery. However, it is somewhat appropriate to use such a shocking picture when we are talking about the horrific nature of sin.

We must also be aware that we live in a culture that finds hard truth very difficult to hear. This is what is communicated by the Strictly Come Dancing illustration. We hate

being on the receiving end of facts that make us feel bad. But our feelings are not the standard that determines whether something is true.

○ How do you think you will respond to Jesus' diagnosis of our spiritual health?

There is a choice to be made about which diagnosis we will believe. If someone has diagnosed themselves as good and hears Jesus call them a sinner then obviously there is a clash of viewpoint. But who knows the truth about the human situation? Generally we trust the diagnosis of a human doctor over the self-diagnosis of their patient. How much more should we trust the diagnosis of Jesus, the perfect Son of God who knows everything and never makes a mistake.

Do emphasise the truth that Jesus doesn't want to reveal the facts of our sinful state. He wants to rescue us from sin and its consequences.

🕒 Summarise (5 mins)

Draw or show the first and second parts of the Essentials diagram on Powerpoint to visually summarise what has been discovered so far.

🕒 Finish (5 mins)

Encourage people to read more of Luke's Gospel at home. You may want to ask them to focus on Luke chapter 15.

Week 3 - Rescue**📌 Welcome****📌 Any questions? (5 mins)**

Ask if anyone has any questions that have arisen from their reading of Luke's Gospel or, indeed, has any other questions they'd like answered.

📌 Starter Question (5 mins)

Can you think of an example of when someone's death is a demonstration of their love for another?

The point to get across is that death in itself is not a sign of love. A death that demonstrates love is purposeful, sacrificial and rescues someone from danger.

📌 Show the *Rescue* film (10 mins)**📌 Question Time (20 mins)****○ Can you see why Christians celebrate the death of Jesus?**

To be celebrated the death of Jesus must have purpose, be sacrificial and involve rescue. These are the three areas to focus on with your group. Show how Jesus' death is not aimless, how it is a loving sacrificial and how it rescues us from the punishment we deserve. In order to do this you could refer your group to the Elsa Delplace story and the illustration of the teacher in the river.

○ Why do Christians think the resurrection of Jesus is such good news?**How convinced are you that it happened?**

One of the purposes of the resurrection of Jesus is to show that he has fully paid the price of sin. It acts like a divine receipt. If you are stopped at the exit of a shop by a security guard and accused of theft, what do you need? You need to pull the receipt out of your wallet. This is your proof of purchase, a guarantee that you have paid for the goods. The resurrection of Jesus is proof that Jesus' death has fully paid the price of sin.

Sometimes people struggle to believe that the resurrection of Jesus happened. Two things can be said in response to this. First, we need to get this in perspective. Do we believe in a God who can create a universe out of nothing? If yes, then surely a resurrection from the dead is possible for the Father to accomplish for his Son. Second, surely we should expect unusual and dramatic events in the life of Jesus. His identity and mission were completely unique.

○ How do you feel about someone else paying for your sin?

In life, we often prefer to pay for things ourselves. It makes us feel valuable and that we have achieved something because of who we are and what we have done. Life is full of performance based merit. So being told that our salvation depends on someone else paying is counter to how we normally function. However, it is amazingly generous and liberating. Motivated by love, Jesus has fully paid for all our sins, and wants us to enjoy a personal relationship with the divine three.

○ Where do you think you'll be in 2000 years?

We often make plans or simply day dream about where we will be in 10 or 20 years time. But hardly anyone ponders where they will be for all eternity. This question is designed to change our perspective and get us talking about life after death. It gives us an opportunity to talk about the prospect of paying for our own sins forever in a place called hell. Nothing we can possibly gain in this life is worth that payoff. Whereas, Jesus the Rescuer is offering a bright future and a deep joy for the moment.

📌 Summarise (10 mins)

Draw or show the first, second and third parts of the Essentials diagram on PowerPoint to visually summarise what has been discovered so far.

📌 Finish (5 mins)

Encourage people to read more of Luke's Gospel at home. You may want to ask them to focus on Luke chapters 22-24.

Week 4 - Relationship**📌 Welcome****📌 Any questions? (5 mins)**

Ask if anyone has any questions that have arisen from their reading of Luke's Gospel or, indeed, has any other questions they'd like answered.

📌 Starter Question (5 mins)**○ What's the greatest gift you have ever received?**

In this question, you could explore what was so good about the gift. Was it how expensive it was? Was it how suited it was? Was it because of how it made you feel? Or how it changed your situation in life?

This starter question is designed to prepare people to hear the truth that God is amazingly generous and that he is offering the greatest gift of all, himself.

📌 Show the *Relationship* film (10 mins)**📌 Question Time (20 mins)****○ Do you think God is generous?**

Do point out to your group how God is both generous in creation and salvation. He has not just created a functional world, but a world filled with countless objects of beauty, things that are pleasing to the eye. Of course we live in a world scarred by brokenness and full of badness, but that's fault of human rebels, not the divine Creator.

God's generosity is also seen in the salvation he offers. Salvation certainly involves forgiveness but this isn't the end of the story. The ultimate end of the gospel is fellowship with the living God. The God we have rejected has paid a price so we can know him and be with him forever.

○ How do you feel about people telling you what to do?**What motivations are there to obey Jesus as king?**

Jesus is a king, not a consultant. However, we hate being told what to do. Therefore, without explanation, the rule of Jesus will be seen as something that needs to be done rather than something we are privileged to experience. Anticipating this cultural mood allows us to be proactive in our presentation of the goodness of Jesus' rule.

One of the ways of doing this is to speak of living under the rule of Jesus like a house restoration project. People can easily understand this idea, and they connect with it emotionally.

This illustration allows us to speak of the following points:

- The end result is beautiful.
- The process of transformation takes time.
- It all happens under new ownership. We should expect change to happen when someone else is in charge.

○ **Why do Christians think it is such good news to be one of the Father’s children?**

The video highlights three reasons which you can explore in more detail with your group.

- It provides us with great security.
- It provides us with many new brothers and sisters to love, and to love in return.
- It provides us with a powerful motivation to change.

○ **What areas of your life would you like to see transformed?**

Knowing Jesus as Lord and Saviour results in the powerful Holy Spirit dwelling within us. This is vital to know when speaking to people about changing behaviour.

Transformation is possible because internal power is available.

You could explore some of these areas: our apathy, our addictions, our anger and our anxiety.

📌 **Summarise (5 mins)**

Draw or show all the Essentials diagram on PowerPoint to visually summarise what has been discovered so far.

📌 **Show the *Response* film (3 mins)**

This film will explain how someone can become a Christian if they have reached that point in their life. It may not be right for everyone at this stage, but it is good for everyone to know how they can start following Jesus.

The prayer is at the back of the Essentials book. Some may prefer to pray it later that night or later in the week.

📌 **Finish (5 mins)**

Tell people that they can watch all the films again on the Essentials website. Encourage them to share the link with friends and family.

Explain what the next steps are for people. Becoming a Christian right there and then? It may be appropriate to lead people in the response prayer. A further course? Meeting them 121?

As a giveaway resource

Give away the DVD to a friend or family member or course mate or work colleague or neighbour. You can tell them it's a brand new resource that helps explain what you believe as a Christian, and you'd love them to watch it. Why not ask them what they thought about it a few weeks later? You could do a similar thing with the Essentials book.

Post the DVD or book to someone, either geographically close or far away. This may be a better way to engage with someone than a face-to-face conversation. Perhaps you could write a letter to an old friend whom you have never really had a chance to explain the gospel to.

Perhaps you know people who aren't really into books or DVDs but are keen internet users. Could you write/email/text/Facebook messenger/WhatsApp them the Essentials website address and ask them to watch the films or even the animation?

What about including a book or DVD with a birthday or Christmas present?

Or what about having several books and DVDs at home, ready to give out to delivery drivers who come to your home? You don't have to be friends with someone to share a gospel resource. You can purchase quantities of books and DVDs from www.10ofthose.com at very cheap prices. I have a little evangelistic phrase that helps me share resources: *better in their hands than in my house*. This principle is based on what we learn from the parable of the sower in Mark chapter 4. The word of God is scattered widely. We must do the same.

Could your church give out books or DVDs after an outreach event or service? Many churches already do this with books, but because of the price of the Essentials DVD, it will now be possible to give away the Essentials films to those who want to find out more after events and services.

In a 121

The Essentials book can be used in an evangelistic 121 setting. The chapters are short, easy to read, and full of engaging illustrations. There are also four discussion questions for each chapter that can be used to help get a conversation started and keep it on track. You can find the answers in the template for how to run the course starting on page 6.

The DVD is also ideal to use in a 121 scenario. Either give it away and your friend can watch it first, or watch one of the films together when you meet. It would also be sensible to give someone a copy of the Essentials book if you intend to watch the videos with them. The questions in the book were also written to be used with the films.

Or what about sharing the website link for the films with your friend? This is a great way to engage with the gospel for those who are more likely to watch things on their phone or tablet. Again, your friend can watch it before you meet them, or with you, or even both.

As part of a 121, using either the films or the book, you could also draw the Essentials diagram. Perhaps you could draw it in stages to summarise the content of each film or chapter. You'll see that the stages to the diagram parallel the message of the films.

Or what about meeting up with a friend over 4 weeks and simply focus on drawing a part of the diagram? Why not ask them if you can practice what you have been learning?

Or what about downloading the PowerPoint version to your tablet instead? You may prefer this if you are not confident enough to draw, or if you know your friend will listen more attentively if you use this kind of technology.

When presenting the diagram, you could also bring a couple of copies of Luke's Gospel with you and read the text behind the picture. You'll discover the relevant Bible verses in section 1 of this booklet. You could either look at the Bible text first and then draw the diagram or vice versa.

Sharing on social media

The films are all under 10 minutes, and so are ideal to be shared on social media. Likewise, the animation and the diagram are perfect for this environment. You could post links on Facebook or Twitter or whatever other means is most used by you and your friends.

As a training resource

The small group studies have been written as an evangelistic training course. They will introduce the Essentials films and the diagram, and will encourage the sharing of the Essentials resources with unbelievers.

The 6 studies could be used in official church small groups or you could gather a specific group of friends for the sole purpose of engaging in these studies.