

## PUBLICATIONS LIST 2018

Crohn's and Colitis UK publications are written for anyone affected by Inflammatory Bowel Disease (IBD). They are prepared with the help of medical advisers, nurses, other specialists and patients. We are committed to producing good quality information and are accredited under the Information Standard ([www.england.nhs.uk/tis/](http://www.england.nhs.uk/tis/))

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### BOOKLETS

- Understanding IBD
- Crohn's Disease
- Ulcerative Colitis
- Food and IBD
- Living With IBD
- IBD in Children: A Parent's Guide
- Transition: Moving to Adult Care

### GUIDES TO BENEFITS

- Claiming Personal Independence Payment (PIP)
- Claiming Disability Living Allowance – Children under 16

### INFORMATION SHEETS

- Bowel Cancer and IBD
- Bones and IBD
- Children and Young People with IBD: A Guide for Schools
- Counselling for IBD
- Dehydration
- Diarrhoea and Constipation
- Employment and IBD: A Guide for Employees
- Employment and IBD: A Guide for Employers
- Fatigue and IBD
- Insurance and IBD
- Living With a Fistula
- Living With a Stoma
- Managing Bloating and Wind
- Managing Bowel Incontinence and IBD
- Medical Terms used in IBD
- Microscopic Colitis
- Other Treatments for IBD
- Pregnancy and IBD
- Reproductive Health and IBD - **NEW**
- Sexual Relationships and IBD
- Smoking and IBD
- Students with IBD: A Guide for Students
- Students with IBD: A Guide for Universities
- Supporting Someone With IBD: A Guide For Friends and Family - **NEW**
- Surgery for Crohn's Disease
- Surgery for Ulcerative Colitis
- Taking Medicines
- Talking to my child about my IBD
- Tests and Investigations for IBD
- Travel and IBD

### DRUG TREATMENT INFORMATION

- Adalimumab (Humira)
- Aminosalicylates (5-ASAs) - **NEW**
- Azathioprine and Mercaptopurine
- Azathioprine - for Young People
- Biological Drugs
- Golimumab (Simponi) - **NEW**
- Infliximab (Remicade, Inflectra, Remsima)
- Methotrexate
- Methotrexate - for Young People
- Steroids
- Ustekinumab (Stelara) - **NEW**
- Vedolizumab (Entyvio)