



INFORMATION
AND SUPPORT



CAMPAIGN FOR
BETTER HEALTH
SERVICES



SUPPORT
LIFE CHANGING
RESEARCH

ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED
31ST DECEMBER 2015

The National Association for Colitis and Crohn's Disease

Registered Charity No. 1117148 (England and Wales) SC038632 (Scotland)

A Company Limited by guarantee in England and Wales Company No. 5973370

Crohn's and Colitis UK is the working name for the National Association for Colitis and Crohn's Disease.

This report represents a Directors Report as required by S417 of the Companies Act 2006. The Trustees have taken advantage of the exemptions available to small companies in the preparation of this report.

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A WELCOME FROM OUR CHAIRMAN, KEITH STEWART

It's with a great sense of gratitude for the hard work, commitment and dedication shown by the Crohn's & Colitis UK colleagues, Trustees and volunteers that I can report another year of growth and better outcomes for people living with Inflammatory Bowel Disease (IBD). Here are some of our achievements.

With various improvements implemented, the Research Strategy and Funding Committee was able to successfully align our 'Medical Research' and 'Living with IBD' projects so that they now follow the same format and timescales, enabling the work we deliver to be more efficient and impactful. We'll continue to review this area of investment in the future but are delighted that our funding for research in 2015 was £758,000 - the largest annual amount in our history.

The Finance and Audit Committee has given us greater control over our finances and initiated a new reserves policy so that we can secure the best income from our investments, enabling us to use more funds annually for the benefit of people with IBD. It's been an undeniably challenging year for the entire UK charity sector as public fundraising methods and financial investment strategies have come under media scrutiny. Despite this, we raised more money than in previous years and reached more people through our services. The spotlight on failures by some UK charities serves as a reminder of the importance of integrity, transparency and accountability - attributes which we greatly value and we continue to be proud of the way in which we both raise our funds and manage our money. Further details on our fundraising approach can be found on page 20.

Additional improvements came thanks to our 'Task and Finish Groups', supported by our Trustees, which covered many areas such as volunteer and local groups, finance and audit, development, fundraising and membership. The last enabled us to review our membership scheme and provide better value for money for our members. We will now be re-engaging with our local groups and volunteers, providing them with a better approach to volunteering and reducing administration. These changes mean volunteers can do more of what they want to do - namely raise awareness of IBD, support others affected by these conditions, and fundraise for the cause.

From a personal perspective, I am reaching the end of my term as chair at a time when the Charity is in a strong position to grow and reach more people who need our support. During my six years in post, the Charity has doubled its income and completely restructured in order to do more things for more people with IBD. Our major funded initiative to push for more IBD nurses is a good example of this. I leave the Charity in good shape under David and my successor, Sue Cherrie, herself a Trustee since 2014. We share complete confidence in the Board of Trustees, our members, our volunteers and, of course, our brilliantly passionate and committed colleagues. We have no doubt that the entire team will do whatever it takes to achieve the Charity's ambitious goals and outcomes as set out in our 2018 strategy.

Lastly, I would like to thank you for your support which is vital in ensuring we can carry out our work to benefit all people living with IBD.

Keith Stewart
Chairman



AN OVERVIEW OF CROHN'S & COLITIS UK

We are a UK Charity with a very clear purpose: **To lead the battle against Crohn's Disease, Ulcerative Colitis and other forms of Inflammatory Bowel Disease (IBD).**

Here you can find out more about who we are and what we do.

WHO WE ARE:

Crohn's and Colitis UK's staff, volunteers, supporters, donors and fundraisers share a common purpose – to improve the lives of everyone affected by Crohn's Disease and Ulcerative Colitis.

OUR VISION:

We want to see a world in which people's lives are not limited by Crohn's and Colitis. Our vision couldn't be more ambitious, yet with determination, a clear focus and a strong strategy, we passionately believe that it is possible to achieve it.

OUR MISSION:

We work with everyone affected by Crohn's and Colitis and help them achieve a better quality of life by providing support, improving services and ultimately finding a cure.

OUR VALUES:

Compassion, inclusion, collaboration, empowerment and excellence.

WHAT WE DO:

We have a clear plan to help our Charity achieve our vision and mission. This plan concentrates on four strategic strands:

EDUCATION AND SUPPORT:

We generate greater awareness and understanding of Crohn's Disease and Ulcerative Colitis and produce high quality information to support people living with the conditions. We arm them with the knowledge they need to manage their conditions and provide them with a range of support to help them live life to the fullest.

BETTER HEALTH SERVICES:

We work with the UK health sector to improve the diagnosis, treatment and management of IBD. We want everyone living with these conditions to access the best specialist services.

We campaign vigorously – for more knowledge, better health provision and more support for people affected by Crohn's and Colitis. This is a key part of our ongoing fight against IBD.

LIFE-CHANGING RESEARCH:

We support life changing medical research so that we, and the medical profession, can better understand the causes and the best treatments for Crohn's and Colitis. We also fund research that looks at how the lives of people with IBD can be made easier on a day-to-day basis. We want to improve lives now and lead the mission to find a cure.

DEVELOPING THE CHARITY:

We need to continually grow and develop our charity. By investing in, modernising and developing our people, systems and processes, we aim to grow our membership, our income and our organisational capability and performance. This will enable us to support more people living with IBD.

We believe that by focusing on these four key areas of work, we will see our vision become a reality and improve many people's lives long into the future.

STRATEGIC REPORT

OUR ACTIVITIES AND ACHIEVEMENTS
IN 2015

OUR YEAR IN NUMBERS

Our 28,000 strong membership made a magnificent financial contribution of more than £585,000, as well as supporting several fundraising and campaign initiatives.

Our helpline answered 67% more enquiries than in 2014 and we responded to 93% of all email enquiries within three working days.

Through both digital downloads and printed patient packs, 290,000 booklets, guides and information leaflets made their way into the hands of people diagnosed with, or affected by IBD. Compared to 2014, this was an increase of 15%.

We held IBD related discussions with more than 200 UK politicians from across the four nations.

85 MPs attended the parliamentary launch of our leaflet 'My Crohn's and Colitis Care' and 40,750 copies were given or downloaded to people affected by IBD.

Our groups and volunteers ran over 500 events, reaching 20,000 people and informing them of IBD and our Charity.

170 people benefited from our patient education sessions, delivered by the IBD Nurse Specialists working in the North West of England.

We awarded over £75,000 in personal grants to assist 256 people affected by IBD who are living on low incomes.

We organised eight Family Days to provide vital support to families affected by IBD.

Our Facebook page received 10,675 visits and 30,676 page views on World IBD Day.

Our funding for research in 2015 was £758,000 - the largest amount in any one year throughout our history.

In total, we touched the lives of at least 300,000 people in the UK affected by Crohn's, Colitis or other forms of IBD in 2015, and through digital media we were in contact with almost one million people every week.

EDUCATION AND SUPPORT

As part of our commitment to raise awareness and provide information and support for people affected by Crohn's, Colitis and other forms of IBD, we did a number of things.

WE SAID WE WOULD...

Improve public awareness and understanding of IBD, and of Crohn's and Colitis UK's work.

WHAT WE DID...

We worked hard to boost our digital presence to further raise awareness of IBD and our work. As part of this we implemented strong digital campaigns including World IBD Awareness Week. Through our communication activity, including via digital platforms, our messages reached up to one million people per week.

A dedicated army of local groups and volunteers ran over 500 events that contacted more than 20,000 people - giving them information and guidance which they may not otherwise have received.

We rebranded the charity to bring a more modern, sharper focus and worked hard to build our brand so that more people know who we are and how we can help. This stronger, more visual brand brings clarity and helps us to stand out during charity fundraising events, such as marathons and conferences.

We also worked closely with our Champions and Ambassadors and created a new category of supporters called 'Community Champions'. These supporters are inspiring individuals who have helped us to significantly raise our profile in their local area.

These fantastic individuals were particularly important in helping us to support the Founders of the 'Get Your Belly Out' campaign which was important in raising our profile and income in 2015.

We had discussions with over 200 politicians from all over the UK. This was key in helping us to raise awareness of IBD and move it up the political agenda.

We held events in Stormont, the Welsh Assembly and Holyrood.

Aside from the politicians themselves, we also met with key political and health stakeholders including the CEO, Director of Patients With Long Term Conditions and Director of Patient Experience at NHS England, and the Chief Executives of both National Voices and Alzheimer's Society.



EDUCATION AND SUPPORT - CONT

WE SAID WE WOULD...

Provide those people living with IBD with the information they need, when and how they need it.

WHAT WE DID...

We continued to produce publications to provide all people affected by Crohn's and Colitis with the information they need to understand their condition and manage it to the best of their ability. As part of this work, we distributed around 290,000 booklets (an increase of 15% compared with 2014) and launched 'My Crohn's and Colitis Care' – this patient guide was drawn from the IBD standards and presented to patients the Top 10 Essentials that make up a good Inflammatory Bowel Disease service, and support for managing their own condition and care. Through sponsorship we have been able to distribute 40,750 of these leaflets to patients and health care professionals.

We extended our helpline opening hours so that we can now offer crucial information, guidance and support five days a week (Monday to Friday) from 9am to 5pm (except Thursday, open from 9am to 1pm).

This enabled us to answer 67% more calls than in 2014, and many more people benefited from our service as a result.

We also appointed an Information Officer to be responsible for handling all written enquiries. This new appointment meant we were able to respond to 93% of email enquiries within three working days (compared with 67% in 2014) and we responded to 98% within five working days.

170 people benefited from patient education sessions which were delivered by the IBD Nurse Specialists working in the North West of England.

We redesigned and relaunched our website to make it more impactful and useful for anyone who needs to know more about IBD or our Charity and the services we provide. Since the relaunch there are 160,000 monthly visits to the website, with significant numbers of people accessing patient information and publications.

Overall, more people were able to access the most up-to-date information about IBD, either online or in print, than ever before.



WE SAID WE WOULD...

Provide people living with IBD with access to emotional, psychological and financial support.

WHAT WE DID...

We changed our Helpline from an 0845 to an 0300 phone number which means that most calls to the line are now free. For a minority, there will be a limited charge but the Helpline is now more accessible and financial cost is no longer a barrier to calling the Helpline for support.

We continued to make personal grants to assist individuals living on a low income whose diagnosis of IBD has led to a specific need. In total, we gave over £75,000 and enabled at least 256 people to get the vital supplies and equipment they need but wouldn't have otherwise been able to afford. This included items such as washing machines, bedding and tumble dryers which can substantially improve a patient's quality of life.

We also recruited 12 new volunteers to boost our Support Service. This service enables a person affected by IBD to receive crucial emotional support from someone who has also been affected by these diseases. This kind of peer-to-peer support can be hugely beneficial for a patient or carer.

In addition, we ran eight Family Days across the UK which gave families affected by IBD the chance to meet, talk about their experiences and share information about their diagnoses and treatments. This helped to combat their feelings of isolation and built their confidence in dealing with their conditions. In total, 437 people attended and discovered more about the help and support that's available to them which will ultimately improve their lives.

Time and again, we hear that the information we provide about Crohn's, Colitis and IBD is invaluable. Knowledge is power and by providing patients, and their carers, with information about their condition, we can enable and empower them to better manage their illness and take control of their lives. This is one of the most important services we can offer.

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The help and support from the Charity is wonderful and a simple thing like this grant makes a whole world of difference to people like me. Thank you. ”

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BETTER HEALTH SERVICES

We are striving to improve the diagnosis, treatment and management of IBD for patients all over the UK. This is a key focus for us and in 2015 we undertook a number of initiatives in a bid to improve health services for IBD patients and carers across the country.

WE SAID WE WOULD...

Work to ensure IBD services are adequately resourced, commissioned and working to defined quality standards.

WHAT WE DID...

We initiated a number of awareness raising campaigns, bringing people together to understand the experiences of patients, raise the profile of IBD, push it up the health agenda and improve health services for patients.

This included World IBD Day when our social media push led to our Facebook page reaching three million people and the second highest number of visits to our website since it was created.

By working in partnership with patients, health professionals, managers and Government officials, we have generated a focus on IBD in Scotland. This has led to improvements in IBD services and the development of a Scotland-wide IBD plan.

In addition, an exhibition at the Scottish Parliament has strengthened existing ties and created new contacts with key MSPs.

We continued to Chair the Prescription Charges Coalition and actively participated in a consultation which has been instrumental in stopping the re-introduction of prescription charges in Northern Ireland.

We produced My Crohn's and Colitis Care, a new guide for people with IBD which explains what a good IBD Service should include and how to improve their experience as a patient. Feedback has been positive and the guide has been cited as an example of good practice and nominated for several awards.

An unprecedented 85 MPs attended the parliamentary launch of 'My Crohn's and Colitis Care' which has helped to put IBD on the political and health agendas across the UK. A launch event in Stormont was attended by MLAs, clinicians and patients, which has enabled us to build on our engagement with politicians in Northern Ireland.

Building on a petition from the South Wales Patient Panel, and subsequent debate on Gastroenterology in the Welsh Assembly, we have received positive responses from Health Boards to our offer of working with them on improving their IBD Services.

We have worked in partnership with various bodies to help implement the UK IBD Standards. This has included support for the BSG (British Society of Gastroenterology) led IBD Registry and the RCP (Royal College of Physicians) National Audit of IBD. Crohn's and Colitis UK staff and representatives from Patient Panels were involved in regional RCP workshops around the UK, recognising the importance of ensuring a patient-centred approach at the heart of service development and planning. We worked with the RCP to produce an audit summary report on how services are faring against the IBD Standards.

We influenced NICE and the Scottish Medicines Consortium to increase the availability of a new treatment option for UC and Crohn's Disease, called Vedolizumab. We ensured that patients' thoughts and voices were heard by representing them in person and submitting their views in writing.

WE SAID WE WOULD...

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Increase the number of IBD nurses to support patients in the UK.

WHAT WE DID...

We added a new strategic objective to enhance the recruitment of IBD Specialist Nurses around the country.

We know, based on strong evidence, that Specialist IBD Nurses are instrumental in improving the experience of patients and supporting them to better manage their condition.

We are delighted that a Senior IBD Specialist Nurse with significant experience has been recruited (starting in April 2016) to develop and manage this area of work.

WE SAID WE WOULD...

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Engage with GPs and Commissioners so that they better understand the illnesses and the experience of patients living with IBD so that they can fully support patients.

WHAT WE DID...

We hosted an exhibition stand at the Primary Care Conference to raise awareness of Crohn's and Colitis UK and the needs of people living with IBD amongst GP's, Commissioners and other primary care practitioners.

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BETTER HEALTH SERVICES – CONT

WE SAID WE WOULD...

Reduce the discrimination people living with Crohn's and Colitis face in welfare, education and employment.

WHAT WE DID...

We have gained the support from Welsh Assembly Members on the Health and Social Care Committee for stronger provision within the Public Health Bill (Wales) for increasing public access to toilets.

We've also worked with the Disability Benefits Consortium to campaign for reform to disability benefits and challenge proposed cuts.

Added to that, we've continued to develop relationships with officials and medical services contracted to the Department of Work and Pensions, to raise awareness of IBD and the issues faced by people living with these conditions when claiming benefits.

In terms of supporting children, we've worked closely with the Health Conditions in Schools Alliance to investigate how well schools in England are complying with the duty to support children living with conditions like IBD, as set out within the Children and Families Act 2014.

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Our work in 2015 to improve health services will positively impact the lives of people with IBD. And the relationships built throughout the year will help long into the future as we continue to work hard to protect and further improve services for people living with IBD. ”

“
I feel **My Crohn's and Colitis Care** is useful for interactions with the IBD team as it gives a clear guide to information and advice on what to do and who to contact along with essential information relating to IBD. ”

Helen Terry, Director,
Policy, Public Affairs & Research

Bev, age 47,
diagnosed with Ulcerative Colitis
in 1981

RESEARCH

We are committed to funding research that has the potential to create life-changing results for people living with Crohn's, Colitis and other forms of IBD. We invested more in research in 2015 than in any other year since we were established in 1979.

Our research strategy is based on clear insight, need and an understanding of the areas where we can make the greatest impact.

We work in partnership with people affected by IBD to inform, develop and deliver our research work, ensuring that people affected by IBD have a strong voice and play an integral part in the development of IBD services nationally and locally.

WE SAID WE WOULD...

Work towards a long-term research strategy based on insight, need and understanding of the areas where we can make the greatest impact.

WHAT WE DID...

We had three strands of funding which enabled us to support a broad range of research projects. Combined, these studies have the potential to help people who are diagnosed with IBD in a number of ways. The details of these funding streams are outlined below:

1. Living with IBD Awards

Under this strand, we awarded three grants totalling £205,498 to support a number of research studies, including:

- Sleep disturbance in patients with IBD
- Stomas and IBD - specifically researching how people make the decisions on whether or not to have a stoma and whether the reality of having one matches patients' expectations.
- The development and pilot testing of a self-administered intervention to combat the psychological distress many patients living with IBD experience.

2. Medical Research Awards

During 2015, we awarded grants to six applicants for medical research which totalled £426,260. This was only possible thanks to our partnership with 4Crohns and by using money raised by Rick Parfitt Jnr for a specific research project.

These six awards included:

Tregs: a new hope for IBD patients: Investigating the use of cell therapy in Inflammatory Bowel Disease

The researchers in this project are looking at a type of white blood cell called a 'Treg'. Tregs are responsible for dampening down inflammation when it occurs within the body and it has already been shown that Tregs can be infused into animals with IBD, preventing and reversing inflammation in the gut. The researchers hope that the results from these experiments will lead to early phase clinical trials of Tregs in IBD – and ultimately a new treatment for the condition.

RESEARCH – CONT

Does an abnormal way of dealing with gut bacteria lead to Crohn's Disease?

One of the signs of Crohn's Disease is the formation of granulomas on the bowel wall. It is hoped that this research will lead to a better understanding of what leads to granuloma formation in Crohn's patients. If they can find out why granulomas form, the research may lead to new treatments for Inflammatory Bowel Disease which target how the gut handles bacteria, rather than the standard immunosuppressive drugs currently used.

Can switching genes on or off lead to Inflammatory Bowel Disease?

This study is looking at the role of genetics in IBD, in particular one newly identified gene called RPS6KA2. If this research confirms that the RPS6KA2 gene is involved in Crohn's, it will allow scientists to focus on this gene in an effort to better understand, diagnose and treat the disease.

Classifying Inflammatory Bowel Disease related Bowel Cancer

This study is looking for a new way of classifying IBD related bowel cancer. The researchers hope that this will lead to personalised treatments for patients with IBD related cancer. If they can find a way of distinguishing between IBD associated cancer and sporadic cancer, it will help doctors to decide on the best treatment plan for IBD patients.

A new super protective probiotic for IBD

This study is looking at the role of bacteria in Inflammatory Bowel Disease. The researchers hope that they will find a new probiotic which will help control inflammation in people with IBD. If they are successful, it could lead to a new cost-effective therapy for mild IBD without any significant adverse reactions.

The role of fungi in Crohn's Disease

The aim of this research study is to investigate the role which fungi plays in Crohn's Disease. This study may give us an understanding of a possible cause for Crohn's, as well as leading to new Crohn's treatments which may suppress the fungi.

More detail about each of these research projects can be found by visiting www.crohnsandcolitis.org.uk/research/projects

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The IBD BioResource is a nationwide effort, recruiting people who have Crohn's Disease or Ulcerative Colitis specifically so that they can help researchers to better understand the causes of IBD and develop better treatments. ”

Dr Miles Parkes,
Cambridge University Hospital

These areas of medical research have the potential to significantly alter and improve the understanding, treatment and management of Crohn's, Colitis and other forms of IBD.

3. Health Service Award

In 2015, we awarded £126,234 to Dr. Keith Bodger to develop and test new ways to capture, link and analyse information about routine IBD care. It is anticipated that the methods created for analysing data will be used by NHS Hospitals to improve care for patients, raise the standard of data available to inform the commissioning of services and enhance future IBD research.

Unlocking Additional Funds for Research

The IBD BioResource, launched in November by Gastroenterologist Dr Miles Parkes, will keep a DNA database of 25,000 patients with IBD who have agreed to be involved in research that could lead to a cure. £1 million in funding for this project was unlocked from the Medical Research Council by a donation of £120,000, raised by a father inspired to row the Atlantic by his son's determination to battle Crohn's Disease.

Supporting new equipment

Thanks to the RPJ Crohn's Foundation Fund, we were pleased to make a donation of £15,000 to King College MAP Vaccine Fund - Flow Cytometer Emergency Appeal.

WE SAID WE WOULD...

Help people living with IBD to be aware of the importance of clinical trials and how to engage with them.

WHAT WE DID...

We are currently working to develop a 'noticeboard' feature on our website which will give members information about clinical trials and signpost them to find out more about taking part. We will only provide details of trials that meet with our strict criteria.

WE SAID WE WOULD...

Effectively communicate our research outcomes and use them to further build profile and momentum.

WHAT WE DID...

We placed information on grants awarded by the Charity on the Crohn's and Colitis UK website. Following completion of a project, summaries were written in plain English and published on-line as well as in the Charity members' magazine. Grant holders were also asked to acknowledge the Charity in any publication or presentation of research findings. In line with the Crohn's and Colitis UK's charitable objective to disseminate the results of research, all parties involved in these research projects were made aware that the Charity may use the information from the studies to promote public or professional awareness of the research.

It's only through research that we can hope to make great strides in finding better treatments and ways of managing IBD. That's why we're proud of the research projects that we were able to support throughout 2015.

OUR FUNDRAISING ACTIVITIES

We are incredibly grateful to all the generous members, supporters and organisations that supported us throughout 2015. It's only thanks to them that we were able to raise £4,228,000 throughout the year – a total which will enable us to carry out our charitable work and touch many people's lives in the coming months and years.

WHAT WE DID:

During the period covered by this report, we carried out the following fundraising initiatives:

- We carried out a wide variety of community and fundraising activities (The highlights of these are listed below).
- We held a national raffle through our membership to raise funds for research.
- Our members and supporters bought Christmas cards through the trading subsidiary.
- We made applications for charitable grants.
- We made solicitations for voluntary donations through online platforms and through Text giving - predominantly Twitter and Facebook.
- We applied for statutory grants through the Scottish Government.
- We carried out activities to raise voluntary funds from companies and their employees.

FUNDRAISING HIGHLIGHTS

Below are some of our fundraising highlights from 2015:

- We raised £4,228,000 which represents an increase of 14% compared with 2014.
- The 2015 Virgin Money London Marathon was our most successful London Marathon to date raising £190,000.
- Cyclists went the extra mile to fundraise – raising over £100,000 and our Walks Programme raised over £170,000.
- We were named Charity of the Year for 15 organisations, secured partnerships with a further 13 companies and benefited from the support of 29 charitable trusts.
- We benefited from several highly popular balls including the Catherine McEwan Red Hot Ball, the Annie Swanston Ball, the Sportsman Ball, The Tej Thakkar Ball and the Prestonfield Ball.
- Combined, our raffle for research and the sale of our Christmas cards raised almost £140,000 and we thank our members for such generosity.

CHARITY OF THE YEAR

We were extremely grateful to be named Charity of the Year for the following organisations:

- | | |
|---------------------------------|--------------------------------------|
| Aquaduct Marina | Plane Catering |
| British Gas Distribution Centre | Salts Medilink |
| Enfield Gold Club | Santander Consumer (UK) |
| HSBC | The Friendship Group |
| Knebworth Golf Club | The Sportsman's Charity |
| Knight Frank | West of Scotland Housing Association |
| Marston Foods | Wine School of Cheshire |
| Pelican Healthcare | |

We were also thrilled to secure partnerships with:

- | | |
|----------------------|-----------------------|
| AbbVie | Otsuka |
| Actavis-Allergan | Shire Pharmaceuticals |
| Dr Falk | Takeda UK |
| Janssen | Tillotts |
| Merck Sharp & Dohne | Topivert Pharma |
| Napp Pharmaceuticals | Vifor Pharma. |
| Olympus KeyMed | |

And we benefited from the support of the following Charitable Trusts:

- | | |
|--------------------------------------|------------------------------------|
| SR & PH Southall | Lasletts Charities |
| Eric & Dorothy Leach | Sandra Charitable Trust |
| Bernadette Charitable Trust | Simon Heller Charitable Settlement |
| Coral Samuel | Beaverbrooks Charitable Trust |
| Aylesford Family | F C Stokes CT |
| Lillie C Johnson CT | Martin Connell Charitable Trust |
| Dewes Anon Client | Roger Vere Foundation |
| Roger Raymond | SR & PH Southall CT* |
| Raymond Oppenheimer | Rainford Trust |
| David and Claudia Harding Foundation | Pamela Barlow CT |
| Ganzoni CT | Alexander Moncur Trust |
| S.16b Funding - Scottish Government | Martin Currie Foundation |
| Clara E Burgess Charity | Billmeir CT |
| Frederick and Phyllis Cann Trust | Leach Fourteenth Trust |
| Lady Hind Trust | |



OUR FUNDRAISING ACTIVITIES

We would like to express our sincere and heartfelt gratitude to every single one of our members and supporters in 2015.

A special 'thank you' goes to Annie Swanston, Alan McGuiggan and The Prestonfield House Hotel, Get Your Belly Out, The Catherine McEwan Foundation, Charlotte Messenger, Pennies from Heaven, The Lawn Way Round, and the Thakkar Family.

Responsible Fundraising

In 2015 there has been a sharp focus on charities across the UK and their fundraising practices and we look forward to working with the new regulator once it is set up in 2016.

As part of our commitment to responsible fundraising and transparency, we have set up a small 'Task and Finish Group' which reports directly to the Board of Trustees and gives additional oversight to our fundraising principles and practices.

Our fundraising is carried out in line with our Organisational Values and in 2015 we did not use any third party fundraisers, nor did we conduct any fundraising activities targeted at individuals who were not already known to us or without the correct consents in place.

DEVELOPING THE CHARITY

It is imperative that we continue to develop and grow the charity in order to achieve our mission and vision. This requires excellent plans, policies and processes so that the Charity can operate effectively and achieve everything we set out to do.

WHAT WE SAID WE'D DO...

Have a clear financial strategy that will enable us to sustain and grow our charitable work.

WHAT WE DID...

Throughout 2015, we invested in improving our financial processes and procedures. As a result, we will be in a much better position to administer donations and support our fundraisers more efficiently.

We have a clear operational plan to help us deliver our objectives.

We also invested in broadening our voluntary income sources to reduce risk in this area.

For more information about our fundraising activities throughout 2015, please see the previous section in this report.

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WHAT WE SAID WE'D DO...

Work to a people management strategy that will enable us to build strong organisational capability and performance.

WHAT WE DID...

We carried out our first ever staff satisfaction survey to better understand how our organisation can support staff and help them develop in the way they want. From this survey we set up three working groups that are led by staff members. These groups are focused on establishing how the organisation develops and manages Internal Communications, a Fair Deal, and Personal Development plans.

We introduced new policies, procedures and an annual progress review to better manage staff and their development.

We established a managers' network and are now planning a significant training and development programme for all managers.

We've also now fully embedded a process for annual performance reviews. This doesn't solely focus on what we do, but how we do it. We want to live by our values and so this has been incorporated into the performance review process.

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DEVELOPING THE CHARITY – CONT

WHAT WE SAID WE'D DO...

Enable our Board of Trustees to maintain an appropriate oversight and governance in order to further the work of the Charity.

WHAT WE DID...

Our Governance Task and Finish Group has managed the recruitment of four new Trustees who will be standing for election at the AGM in June 2016.

At the 2015 AGM, in view of the imminent departure of Keith Stewart, who has completed his term of office, we elected a Chair Designate, This was to ensure a smooth handover. In addition, we highlighted key skills areas where we wanted to gain representation and targeted recruitment to fill those gaps.

Our Task and Finish Groups have continued to be very productive and, as we promised, as soon as the task in hand was complete, the group disbanded. We continue to look at areas where Task and Finish Groups can make a positive contribution and, in view of the recent high profile, critical news reports, we have recently formed a Fundraising Task and Finish Group. This will absolutely ensure that we are compliant with all the new legislation that is coming into force, and that we protect our members' data.

The Finance and Audit Subcommittee continue to meet and have now assumed responsibility for overseeing our remuneration policy. Along with the Finance Team review, and in much greater detail than board meetings allow, they are taking responsibility for the financial health of the Charity.

The Research, Strategy and Fundraising Committee has also made significant strides into streamlining our awards process with a proper Research Strategy in place. This has enabled us to develop more robust systems for monitoring the progress made by researchers in coming to the conclusion of their projects.

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“ Trustees and staff have a collective responsibility for ensuring that the charity is maximising its effectiveness and impact. Ensuring that the Charity is being managed and governed efficiently and professionally is critical to its continued success and further growth. ”

David Barker
Chief Executive



**GOVERNANCE,
STRUCTURE AND
MANAGEMENT**

LEGAL STATUS AND OBJECTS

The National Association for Colitis and Crohn's Disease is a Company Limited by Guarantee in England and Wales (5973370) and is a Charity registered in England and Wales no. 1117148 and in Scotland no. SC038632. Until 2006, the Charity was a Charitable Unincorporated Association registered in England and Wales under charity number 282732.

The Charity is governed by its Articles of Association dated 19th October 1996.

The Charity's objects, as set out in its constitution, are:

- The relief of those suffering from Ulcerative Colitis, Crohn's Disease or related inflammatory bowel diseases (together generally referred to as IBD) including the support of those who care for them;
- The promotion of the welfare of those suffering with IBD;
- The advancement of education and research into the causes, prevention, treatment and cure of IBD and improvements in the management of the conditions, and the publication of the results of such research.

The objects are fulfilled through the aims, strategies and activities expressed in the Strategic Plan published in 2014, and revised further during the course of 2015. In the furtherance of these objects, the Directors as the Charity Trustees have complied with the Charities Act 2011 to have due regard to the Charity Commission's published general and relevant sub-sector guidance concerning the operation of the public benefit requirement under that Act. It should be noted that all of the Charity's services are open to non-members to use as well as members.

PUBLIC BENEFIT

.....

In accordance with the Charities Act 2011, Crohn's and Colitis UK is required to confirm that the activities it undertakes to achieve its objectives are all carried out for public benefit as described by the Charity Commission. We have demonstrated in this report (under our activities and achievements set against our strategic objectives) how we have met our principle objects.

The Trustees regularly review progress against its aims and objectives and are regularly updated by the lead Trustee who works closely with the Chief Executive on reporting of progress against agreed plans.

.....

TRUSTEES AND ORGANISATIONAL STRUCTURE

The constitution provides for a Board of Trustees consisting of four honorary officers plus no fewer than three and not more than eight ordinary Trustees, elected at the annual general meetings of members. New Trustees are selected through a transparent recruitment and selection process and are elected for an initial period of three years following which they are eligible for re-election for two further terms of three years. Once elected, individual inductions are arranged including spending time at the Charity's offices, meeting with the Senior Leadership team, engaging with staff and attending an external Trustee induction course.

The Board of Trustees has the responsibility for the governance and strategic direction of the Charity ensuring that the Charity upholds its ethos and values and delivers its objectives. Authority for the operation of the Charity is delegated to the Senior Leadership Team (SLT), led by the Chief Executive, which reports to the Trustees. The SLT is responsible for advising the Trustees and carrying through the policies and activities in accordance with the direction and budget set out by the Trustees.

The Trustees have the power to co-opt Advisers as non-voting members of the Board and appoint a number of committees. There are two sub committees of the Board – the Finance and Audit Committee and the Research Strategy and Funding Committee.

The Trustee Board met six times during the year. From 1st January 2015 to the date of signing this Report and Accounts. The Honorary Officers, Trustees, Senior Leadership Team and committee members are as outlined on page 58.

SUBSIDIARY UNDERTAKING

NACC Merchandise Ltd is a wholly owned subsidiary company of the Charity; the principal activity of the company is the sale of Christmas cards and merchandise sold online and by mail order. Taxable profits of £12,624 (2014: £1,875) were transferred to the Charity under Gift Aid. More information on the results of NACC Merchandise Ltd is given in note 10 in the Financial Statements.

EMPLOYEES

Crohn's and Colitis UK is committed to creating a great place to work. We recognise the direct link between employee satisfaction and great service delivery, which is evident in the impact we have on the people we work with and campaign for.

We place great value on ensuring our employees are well informed and engaged to deliver their best for people with IBD. In 2015 we launched 'Your Views Matter' our first staff survey and over the coming year will be working with all staff to develop their engagement further.

During 2015, we were extremely saddened by the death of one of our young fundraising team members. We have established the "Alex Demain Young Fundraiser of the Year" award in his memory.

It is the Charity's policy to provide equal opportunities to job applicants and employees of any race, nationality, ethnic origin, marital status, religion or belief, gender, disability, sexual orientation, age or employment status. The Charity does not condone or tolerate any form of discrimination in its recruitment or employment practices.

VOLUNTEERS

Volunteers continue to play a vital role in the work of the Charity and we value the time, dedication and support we continue to receive from all our volunteers and supporters. We have been actively engaging with our Volunteers and Groups with a series of “Together Days” around the UK. A new flexible model of volunteering has been introduced along with a simplified process for Groups to make Local Grants. We successfully recruited 12 new volunteers to help us run our support helplines and their annual training event took place in Birmingham on the 7th and 8th November.

RISK REVIEW

The Trustees, with input from the Chief Executive and staff, have conducted a review of the risks to which the Charity is exposed in its ongoing activities and, in particular, the Trustees considered:

- The type of risks the Charity faces;
- The level of risks which they regard as acceptable;
- The likelihood of the risk concerned materialising;
- The Charity’s ability to reduce the incidence and impact of risks that have been identified;
- The costs of operating particular controls relative to the benefit obtained.

The Trustees review risks in relation to any new developments proposed and the Finance and Audit Committee review the full risk register at their quarterly meetings. The top line risks are also discussed at the full Trustees meeting on a quarterly basis. The Trustees undertake to conduct at least annual reviews of the areas for which they are responsible.

The Trustees have identified the following principal risks facing the Charity:

- The high proportion of income derived from fundraising events, and the consequent exposure to levels of voluntary income. The Charity’s fundraising strategy maps out a diversification plan which maintains investment in this important area of supporter involvement, but seeks to broaden the range of donors and partners.
- Use of personal data by staff and volunteers, and the significant compliance requirements of UK and EU Data Protection legislation. A baseline assessment of policies and standards has been undertaken and a training programme is scheduled for 2016.
- The continued sluggish economic backdrop, and the consequent pressure on voluntary giving, coupled with the reputational damage suffered by the voluntary sector in 2015. The fundraising strategy specifically addresses these issues, and sets out the standards the Charity will adhere to in its fundraising activities.

The Trustees have considered the potential impact of the 2016 EU referendum, and a consequent vote to leave the EU. The Trustees believe that while this may lead to a degree of economic uncertainty and short term market turbulence, the likely impact on the charity’s operations is not believed to be significant.

PLANS FOR FUTURE PERIODS

One of our new objectives is to increase the numbers of IBD Nurse Specialists – to help us achieve this we have also budgeted for a Health Services Development Manager to investigate and draw up a clear plan on how we can achieve this.

In terms of research, we are very conscious that this is an area where members (and non members) are keen to see what new developments have arisen out of research that we have funded. We are conscious that we haven't always shouted about our achievements in this area so, as part of our budget planning, we have included a Research Manager post who will help us monitor awards and publicise the learnings from the research projects we support.

We are investing into our fundraising resources and team and have ambitiously raised our income targets by 14%.

We continue to focus on our digital presence and the ever growing demands of 'e-health', and the budget that was approved by the Board includes the provision of an additional post to help develop this.

In terms of improving what we offer to members, we have drawn up plans to significantly improve the member benefits package which may include some exciting opportunities around enhanced communications and networking opportunities for members, potential discount on products and services and the provision of a Radar key for new members.

We will continue to grow and develop our volunteer networks across the UK to increase and diversity their local and national activity.

We will continue to expand access to our Information and Support Services and will be piloting on-line services such as Web Chat.

We will be reviewing what we do for younger people and families affected by IBD with a view to developing a clear plan of action and priorities.



FINANCIAL REVIEW

FINANCIAL OVERVIEW

These financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP 2015).

The financial results for the year are set out in the Consolidated Statement of Financial Activities (SOFA). This represents the total income and expenditure relating to all activities in the year, made up of the work of the Charity at national level, local groups and the contribution from the trading company, NACC Merchandise Ltd.

The figures in the following paragraphs are taken from the Consolidated Statement of Financial Activities ("The SOFA") and from the Notes to the Accounts.

The Statement of Financial Activities (SOFA) shows an increase in funds of £170,275, compared to a decrease of £254,183 in 2014. Underpinning this was an increase in income of £519,034 (14%) and a more modest increase in expenditure of £94,575 (2%).

The main driver for the growth in 2015 was the inclusion of £608,011 in legacy income. This figure includes £325,000 of legacies of which the Charity has been notified, but which have not yet been received. This represents a change in income recognition policy in line with the new SORP, from 2015, when the Charity would recognise legacy income on receipt. In 2014, legacies received and recognised amounted to £115,906. Donations were broadly in line with 2014, but events and community fundraising ("Other trading activities") continue to provide the backbone of the Charity's income with £2,259,541 representing 9% growth over 2014. This sustained growth underlines the crucial role that our supporters and volunteers play in raising the funds that the Charity needs to carry out its work, at both a national and a local level.

In 2015, a strategy was put in place to improve the membership offering and the way in which we engage with members. Much of this centred around better use of technology and the use of digital resources. The aim of this strategy is to improve the member experience in terms of accessing information and services, and to reduce membership attrition rates. During 2015, the membership fee was increased from £15 pa to £19pa (£15 if paid by Direct Debit).

In terms of expenditure, the headcount establishment grew in 2015, with average staff numbers increasing from 42 to 45, and the Charity introduced a new pension scheme for employees under the pensions auto-enrolment legislative framework.

The Charity maintained its commitment to Research funding and, in 2015, grants totalling £757,992 were made (2014: £741,300), of which Medical Research comprised £426,260. The Charity also awarded grants to fund research into living with IBD, and IBD Health Services. While the Charity has been extremely fortunate to receive external funding in order to sustain this level of grant-making, it's largely dependent on the availability of retained funds, and particularly those arising from legacies, which are difficult to predict. In response to this, the Trustees have established a designated Research Fund to enable the Charity to respond to Research opportunities which would otherwise need to be funded from day-to-day operating expenditure.

We also saw the launch of our new brand in 2015, bringing a vibrancy to the Charity's image, and making it easier and clearer to identify us as Crohn's and Colitis UK. The Charity also relocated its offices following the expiry of its existing lease. A three year lease for part of a new, purpose built, office in St Albans commenced in August 2015, at a relocation cost of £63,191. The Charity is actively pursuing property options in anticipation of the expiry of this lease in 2018, and Trustees will consider the relative merits of leasing against a freehold acquisition. A designated fund of £500,000 has been established by the Trustees in preparation for this.

The Strategic Plan was updated to include an objective of increasing the number of IBD Specialist Nurses across the UK in line with UK IBD Standards. As a result of this, a Health Service Development Manager is to be recruited in early 2016 with responsibility for mapping out the best way to achieve this objective.

RESERVES POLICY

The Trustees have reviewed the Charity's Reserves Policy, and agreed a framework designed to balance the need to maintain adequate funds to sustain future activity with that of making best use of those funds raised and donated by supporters and partners. In conducting this review, the Trustees considered the near to long-term goals of the Charity, the likely cost of meeting those goals, and the associated risks. They also took into consideration the cost structure of the Charity and the level of income volatility associated with different income streams.

Within those retained funds available for use on any of the Charity's activities – unrestricted funds – the Trustees have established a number of specific designated funds in order to meet future commitments and liabilities that would otherwise be funded from free reserves, potentially putting key services at risk. These designated funds are as follows:

Research - The Trustees have established a fund to enable the Charity to enter into or sustain commitments for Research funding for which no third party funding has been identified.

Property - A property fund has been established by the Trustees in order to fund the acquisition and fit-out of a new property on the expiry of the existing tenancy in 2018.

Information and Technology - The Trustees have established a designated fund to enable the Charity to invest in developing its systems capability, and to exploit new technological opportunities for raising awareness of IBD, and providing services to beneficiaries.

Local Groups - The Trustees have also agreed that any accumulated surpluses from the Groups should be held for future use by Groups, and a designated fund has been established for this purpose. Groups are required to utilise these funds within 24 months of the year in which they are reported.

Fixed Assets - A designated fund has been created that represents the net book value of tangible fixed assets in so far as these funds are not available for immediate use.

RESERVES POLICY – CONT

A separate designated fund, “The Heyman Fund” is also held in respect of a legacy received where the Trustees, after consulting with the representatives of the estate, resolved to apply the funds to the development of specialist IBD nursing.

The balance of unrestricted funds not otherwise designated represents the free reserves of the Charity. The Trustees have agreed that in order to maintain adequate levels of working capital to fund day-to-day operations, and to protect the Charity from income fluctuations and seasonal volatility, free reserves should represent the greater of 16 weeks’ planned income, or 16 weeks’ planned expenditure. At the end of 2015, free reserves stood at £1,405,568 which represents 18 weeks’ planned unrestricted income for 2016.

Details of the various funds, and the balances held can be found at note 22. Details of the various restricted funds, which can only be used for a purpose specified by the donor, are set out in note 23.

CASH & INVESTMENTS

The funds of the Charity are largely represented by cash and term deposits. At the end of 2015 the Charity held £768,634 in the form of immediately available cash, including £358,876 held by Groups. A further £3,547,598 was held in notice deposits, and during the year, interest income of £34,264 (2014 £62,778) was received. In 2016 the Trustees intend to undertake a review of investments based on a risk based assessment of cash demands over a five to seven year time horizon, and to develop an investment policy that will consider the relative risks and opportunities presented by a broader investment base.

PENSION COSTS

The Charity operates a defined contribution pension scheme, established in 2015 through Legal & General. New employees are automatically enrolled in the scheme, and staff that may subsequently opt to leave the scheme will be re-enrolled after three years. Further details are provided in Note 1 of the Financial Statements.

STAFF REMUNERATION

Crohn’s and Colitis UK has established a remuneration policy which states that the charity is committed to ensuring a proper balance between (i) paying our staff who work for us fairly so that we attract and retain the best people for the job and (ii) careful management of our charity funds.

Staff salaries are determined by reference to bands that take account of the levels of capability required, authority and discretion levels. These bands are regularly benchmarked against charities of similar size, location and structure, to ensure that salary levels are both appropriate and competitive. Salaries are reviewed on an annual basis by line managers on the basis of performance against key objectives, and on evidence of behaviours exemplifying the Charity’s values.

The Chief Executive’s salary is determined by the Board of Trustees, and their review will take account of the past year’s achievements, environmental and market conditions, and of sector comparisons.

GRANT MAKING POLICIES

RESEARCH GRANTS

Applications for grants for “Medical” and “Living with IBD” Research are invited on an annual basis. Applications are considered by members of the Awards Panel, comprising academic and medical specialists as well as lay representatives. External specialist referees are asked to comment confidentially on applications.

Crohn’s and Colitis UK has been awarded a Certificate of Good Practice for its peer review procedures by the Association of Medical Research Charities. Grants are normally made for periods of up to three years, with reports required at annual intervals. Funds are normally set aside for the total cost of the project in the year of the award.

The Research Strategy and Funding Committee review the recommendations of the panel before obtaining final ratification by the Board of Trustees. Our website now has an area dedicated to reporting back, in ‘plain English’, on the findings from the Research projects we fund.

PERSONAL GRANTS

Personal Grants are made from the Welfare Fund and are decided by the Personal Grants Panel, a small group of volunteers including a Trustee. Grants are made to people living on low incomes and with specific needs arising from their IBD. The normal maximum grants are £300 under the general scheme and £500 for education or vocational support for young people.

LOCAL GRANTS

Local Groups may make grants to local hospitals to support or enhance aspects of the provision for IBD patients. Grants have to be made according to the policy guidelines approved by the Trustees and generally cannot be made for items that should otherwise be funded by the relevant NHS Trust. In 2015, the local grants policy was reviewed and simplified with the purpose of making the process less restrictive and more transparent.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Trustees on 21st April 2016 and signed on their behalf by

Alan Thackrey
Honorary Treasurer

 2016

STATEMENT OF RESPONSIBILITIES OF TRUSTEES

The Trustees (who are also directors of the National Association of Colitis and Crohn's Disease for the purposes of Company Law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company and the groups and of the incoming resources and application of resources, including the income and expenditure of the charitable group for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. They are also responsible for safeguarding the assets of the charitable company and the groups and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- There is no relevant audit information of which the charitable company's auditor is unaware; and
- The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.



**INDEPENDENT
AUDITORS'
REPORT**

We have audited the financial statements of National Association for Colitis & Crohn's Disease for the year ended 31 December 2015; which comprise the Consolidated Statement of Financial Activities, the Consolidated and Charity Balance Sheets, the Consolidated Statement of Cash Flows and the related notes numbered 1 to 27a. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006; and to the charity's trustees, as a body, in accordance with Section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005, and in respect of the consolidated financial statements, in accordance with Chapter 3 of Part 8 of the Charities Act 2011. Our audit work has been undertaken so that we might state to the charitable company's members and trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to any party other than the charitable company, the charitable company's members, as a body, and the charity's trustees, as a body for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditor

As explained more fully in the Statement of Responsibilities of Trustees, set out on page 31, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

We have been appointed as auditor under Section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005, the Companies Act 2006 and Section 151 of the Charities Act 2011 and report to you in accordance with regulations made under those Acts. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the group's and the parent charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Trustees annual report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on the financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the group's and the parent charitable company's affairs as at 31 December 2015 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005, regulations 6 and 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Charities Act 2011.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Annual Report for the financial year 31 December 2015 for which the financial statements are prepared, is consistent with the financial statements.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006, the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Charities Act 2011 require us to report to you if, in our opinion:

The parent charitable company has not kept adequate and sufficient accounting records, or returns adequate for our audit have not been received from branches not visited by us; or certain disclosures of trustees' remuneration specified by law are not made; or we have not received all the information and explanations we require for our audit; or the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a strategic report or in preparing the Trustees' Annual Report.

Elizabeth Irvine

Senior Statutory Auditor For and on behalf of

WMT Chartered Accountants
2nd Floor
45 Grosvenor Road
Statutory Auditor St Albans
Hertfordshire
AL1 3AW

Williamson Morton Thornton LLP is eligible to act as auditor in terms of Section 1212 of the Companies Act 2006.

FINANCIAL STATEMENTS

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 2015

	Note	Unrestricted Funds (Inc. designated funds note 22)	Restricted Funds	Total Funds 2015	Total Funds 2014
		£	£	£	£
Income from:					
Donations and legacies	2	1,118,318	359,656	1,477,974	968,984
Charitable activities	5	454,372	-	454,372	606,592
Other trading activities	3	2,020,305	239,236	2,259,541	2,070,357
Investments	4	34,264	-	34,264	62,778
Other		1,594	-	1,594	-
Total income		3,628,853	598,892	4,227,745	3,708,711
Expenditure on:					
Raising funds	9	1,056,031	-	1,056,031	903,402
Charitable activities:					
Grantmaking	11	-	940,134	940,134	979,483
Supporter Services		337,041	15,000	352,041	361,477
Marketing and Communications		585,223	25,197	10,420	650,585
Policy, Public Affairs and Campaigns		467,977	50,738	518,715	493,586
Groups & volunteering		290,284	1,610	291,894	357,882
Membership costs		261,635	26,600	288,235	216,480
Total expenditure	6	2,998,191	1,059,279	4,057,470	3,962,895
Net income/(expenditure)		630,662	(460,387)	170,275	(254,184)
Transfers between funds	15	(415,237)	415,237	-	-
Net movement in funds		215,425	(45,150)	170,275	(254,184)
Reconciliation of funds:					
Total funds brought forward		2,556,354	364,023	2,920,377	3,174,561
Total funds carried forward		2,771,779	318,873	3,090,652	2,920,377
		Note 22	Note 23		

All gains and losses arising in the year are included in the Statement of Financial Activities and arise from continuing operations.

The net income of the Charitable Company for the period was £180,419 (2014 net expenditure £254,183).

The restated Statement of Financial Activities for the year ended 31 December 2014, prepared under FRS 102 is shown in Note 27.

BALANCE SHEETS AT 31 DECEMBER 2015

	Note	Group*		Charity	
		2015	2014	2015	2014
		£	£	£	£
Fixed assets					
Tangible assets	16	97,812	61,224	97,812	61,224
Investment	17	-	-	1	1
Total Fixed Assets		97,812	61,224	97,813	61,225
Current assets					
Stock of goods for resale		-	12,479	-	-
Debtors	18	615,745	266,026	601,097	272,433
Cash at bank and in hand	19	4,316,232	4,027,337	4,278,460	4,010,352
Total Current Assets		4,931,977	4,305,842	4,879,557	4,282,785
Liabilities					
Creditors: amounts falling due					
within one year	20	(1,553,228)	(1,242,639)	(1,500,809)	(1,229,726)
Net current assets		3,378,749	3,063,203	3,378,748	3,053,059
Total assets less current liabilities		3,476,561	3,124,427	3,476,561	3,114,284
Creditors: amounts falling due					
after one year	20	(385,909)	(204,050)	(385,909)	(204,050)
Total net assets		3,090,652	2,920,377	3,090,652	2,910,234
The funds of the charity					
Unrestricted funds					
Designated funds held nationally	22	1,050,422	1,459,074	1,050,422	1,459,074
Designated funds held by Groups		315,789	-	315,789	-
General Reserve Fund held nationally		1,405,568	847,032	1,405,568	847,032
Unrestricted funds held by Groups		-	240,105	-	240,105
Non charitable trading funds		-	10,143	-	-
Total unrestricted funds		2,771,779	2,556,354	2,771,779	2,546,211
Restricted funds					
Held nationally	23	167,628	242,744	167,628	242,744
Held by Local Groups		151,245	121,279	151,245	121,279
Total restricted funds		318,873	364,023	318,873	364,023
Total charity funds		3,090,652	2,920,377	3,090,652	2,910,234

Under the Companies Act 2006 s454, on a voluntary basis the Trustees can amend these financial statements if they subsequently prove to be defective.

The accounts, which comprise the consolidated statement of financial activities, the balance sheets and the related notes, were approved by the Board of Trustees on 21st April 2016 by:

Keith Stewart Chairman
 Company Number : 05973370
 English Charity Number : 01117148
 Scottish Charity Number : SC038632

Keith Stewart

*Group represents the consolidation of the charity with its trading company.

CONSOLIDATED STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 DECEMBER 2015

	2015	2014
	£	£
Cash flows from operating activities		
Net cash provided by (used in) operating activities	355,555	40,573
Cash flows from investing activities:		
Dividends, interest and rents from investments	34,264	62,778
Purchase of property, plant & equipment	(100,924)	-
Net cash provided by (used in) investing activities	(66,660)	62,778
Change in cash and cash equivalents in the year	288,895	103,351
Cash and cash equivalents at 1 January	4,027,337	3,923,986
Cash and cash equivalents at 31 December	4,316,232	4,027,337
Reconciliation of net income/(expenditure) to net cash flow from operating activities:		
Net income/(expenditure) for the year (as per the SOFA)	170,275	(254,184)
Depreciation charges	64,336	56,063
Dividends, interest and rents from investments	(34,264)	(62,778)
(Increase)/decrease in stocks	12,479	21,801
(Increase)/decrease in debtors	(349,719)	15,107
Increase/(decrease) in creditors	492,448	264,564
Net cash provided by (used in) operating activities	355,555	40,573
Analysis of cash and cash equivalents		
Cash in hand	768,634	703,370
Notice deposits	3,547,598	3,323,967
Total cash and cash equivalents (a)	4,316,232	4,027,337

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2015

1. ACCOUNTING POLICIES

Basis of accounting

The accounts have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice for Charities (SORP), FRS102, the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005, relevant law and accounting standards. In the conversion of the accounts to comply with FRS 102, no transitional adjustments were required.

Going Concern

The Trustees have reviewed the financial plans and cash flows for the coming 12 months and are satisfied that it is appropriate for the accounts to be prepared on a going concern basis.

Group financial statements

These financial statements consolidate the results of the charity and its wholly owned trading subsidiary NACC Merchandise Limited, on a line by line basis. A separate statement of financial activities (SOFA) is not presented because the charity has taken advantage of the provisions of paragraph 408 of the Companies Act 2006.

Local Groups

The charity had 51 local groups that were active to some degree during the year. All active groups are required to make returns of income and expenditure for the year which are consolidated in the financial statements. By the nature of the charity, however, the deadline for returns to be received cannot always be met which means that some results are omitted, and some groups are inactive. Returns had not been received from 1 of the groups at the time of the audit.

Income

- i) All income is included in the accounts without netting off expenditure ii) Members' subscriptions are taken to income in full in the year of receipt.
- iii) Investment income is taken to income when received and then allocated annually to the various funds in proportion to their average balance throughout the year.
- iv) Donations received are treated as unrestricted funds unless they are specifically designated by the donor for either research or the welfare of sufferers, in which cases they are kept in the separate funds. All donations received "in memory" are treated as research unless the donor specifies otherwise.
- v) Legacies are included in the financial statements as soon as entitlement and receipt can be anticipated with a high degree of probability, and a reliable basis for valuation is established.

Expenditure

- i) Expenditure is charged on an accruals basis.
 - ii) The full cost of booklets, leaflets etc. is charged in the year the expenditure is incurred.
 - iii) Research grants are charged to expenditure at the time they are allocated.
- Grants are allocated to cover the cost of equipment and/or the salaries of research staff.

The majority of grants, which can be for more than one year, are paid quarterly in arrears. For administrative reasons it can take some time for the grantee to appoint suitable staff and consequently some grants may remain partly unpaid at the year end.

Full provision is made for amounts allocated but not yet paid and this provision is shown as a creditor falling due within one year and after one year.

- iv) The majority of costs are directly attributable to specific activities. Costs incurred in respect of the charitable activities include elements of staff costs and attributable support costs.
- v) Support costs are those costs which are common to all areas of the organisation including premises and office operating costs. These are allocated across all areas of activity on the basis of staff time spent on each activity.
- vi) Irrecoverable VAT has been analysed and apportioned across the costs to which it relates.

Stocks

Stocks of goods for resale are valued at the lower of cost and net realisable value.

Debtors

Debtors are stated in the balance sheet at estimated net realisable value, being the invoiced amount less provisions for bad and doubtful debts.

Creditors

Expenditure is recognised in the accounts on the accruals basis, giving rise to creditors at the year end. Other than grants (discussed below), these are all payable within one year.

Grants

Grants are split between current and non-current liabilities. The provision for a multi-year grant is recognised at its present value where settlement is due over more than one year from the date of the award, there are no unfulfilled performance conditions that would permit the Charity to avoid making the future payment(s) and settlement is probable. The effect of discounting has been discussed and is considered immaterial in both current and prior year ends.

Capitalisation and depreciation of tangible fixed assets

All assets costing more than £1,000 are capitalised at the cost to the charity. With the exception of leasehold improvements, depreciation is provided in respect of fixed assets at a rate of 25% per year which rate it is believed fairly reflects the average estimated life of the charity's assets. Leasehold improvements are depreciated over the life of the lease.

Fixed asset investments

Fixed asset investments are included at market value at the balance sheet date. Any gain or loss on revaluation is taken to the SOFA.

Pension Contributions

The charity makes contributions for employees to a group personal pension scheme. This is a defined contribution scheme to which the Association makes employer's contributions of either 5% or 8% of gross pay. Where employees prefer to maintain their personal pension schemes similar employer contributions are made. Outstanding contributions to the scheme at 31 December 2015 amounted to £11,603 these are included in creditors.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2015

1. ACCOUNTING POLICIES - CONT.

Funds Accounting

Funds held by the charity are:

Unrestricted general funds - these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Designated funds - these are funds set aside by the trustees out of unrestricted general funds for specific future purposes in accordance with the development plans of the organisation and to enable the completion of existing projects.

Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular purposes.

These funds are further divided between those held Nationally and those held by Local Groups. Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Operating leases

Rentals applicable to operating leases where substantially all the benefits and risks of ownership remain with the lessor are charged to the SOFA as they arise.

2. DONATIONS AND LEGACIES

	2015	2014
	£	£
Donations from members	177,749	142,902
Donations to Local Groups	123,177	141,338
Other donations (in memoriam, payroll, gift aid)	569,038	568,838
	869,964	853,078
Legacies		
Research	125,000	10,000
Designated	-	105,906
Unrestricted	483,010	-
	1,477,974	968,984

3. INCOME FROM OTHER TRADING ACTIVITIES

	2015	2014
	£	£
National fundraising	2,099,836	1,890,342
Local groups' fundraising	86,600	80,962
External turnover of trading subsidiary	73,105	99,052
	2,259,541	2,070,356

4. INVESTMENT INCOME AND INTEREST

	2015	2014
	£	£
Other Interest:		
Charity	34,179	62,637
Local Groups	80	117
Trading subsidiary	5	24
	34,264	62,778

5. INCOME FROM CHARITABLE ACTIVITIES

	2015	2014
	£	£
Subscriptions	407,011	406,754
Other Grants	28,559	199,838
Other Income	18,802	-
	454,372	606,592

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2015

6. EXPENDITURE ON CHARITABLE ACTIVITIES

	Direct staff costs	Other direct costs	Supported costs	Total 2015	Total 2014*
	£	£	£	£	£
Cost of generating funds (note 9)	326,553	537,066	192,412	1,056,031	903,401
Charitable activities					
Grantmaking (note 11)	70,676	851,612	17,846	940,134	979,483
Supporter Services	246,995	38,354	66,693	352,042	361,477
Marketing and Communications	279,012	217,703	113,704	610,419	650,585
Policy, Public Affairs & Campaigns	256,746	170,568	91,401	518,715	493,586
Groups & volunteering	196,012	38,674	57,208	291,894	357,882
Membership costs	153,723	83,270	51,242	288,235	216,480
	1,529,717	1,937,247	590,506	4,057,470	3,962,894
	(note 7)	(note 8)			

* A restated analysis of expenditure on charitable expenditure for 2014 can be found at Note 27 (a)

7. STAFF COSTS

	2015	2014
	£	£
Wages and salaries	1,319,593	1,091,135
Social security costs	133,994	104,079
Pension costs	76,130	54,285
	1,529,717	1,249,499

The average number of staff and the allocation of their time was:	No.	No.
Charitable activities		
Direct	30.0	28.0
Support	5.0	4.0
Cost of generating funds	10.0	10.0
	45.0	42.0

7. STAFF COSTS –CONT.

Operational management of the charity is overseen by the Chief Executive, supported by a Senior Leadership Team (SLT) of five. Total remuneration, including social security and pension costs in 2015 was £385,444 (2014: £240,186).

One member of staff was paid more than £70,000 and less than £80,000 in the year (2014: one) Pension contributions in respect of this staff member totalled £5,979.

The charity was supported by 750 volunteers across the UK, engaged in fundraising and running events for people with IBD, and running the charity's Group network. Within this total are included 60 volunteers who man the charity's information and support telephone lines.

8. SUPPORT COST

	2015	2014
	£	£
Other staff related costs	110,055	105,064
Premises costs	193,048	144,810
Office relocation	63,191	-
Office operating costs	173,976	157,307
Other costs	50,236	27,053
	590,506	434,234
Included in support costs are the following:		
Depreciation	64,335	56,063
Property rental	94,582	62,121

Support costs are allocated across the activity areas of the charity on the basis of direct staff time related to that activity.

9. DIRECT COST OF GENERATING FUNDS

	2015	2014
	£	£
External costs of Trading Subsidiary	72,609	92,101
National fundraising direct costs	900,627	803,949
Local Groups' fundraising	82,795	6,992
	1,056,031	903,042

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2015

10. TRADING SUBSIDIARY

The charity has a wholly owned trading subsidiary NACC Merchandise Limited, a company incorporated in England & Wales. The company sells Christmas cards and other products. The company gift aids its taxable profits to the charity. A summary of the trading results of the company is shown below. Audited accounts have been filed with the Registrar of Companies.

Profit and loss account	2015	2014
	£	£
Turnover	73,105	99,052
Cost of sales	(34,196)	(65,037)
Gross profit	38,909	34,015
Distribution costs	(15,482)	(3,139)
Administrative expenses	(10,306)	(29,026)
Interest receivable	5	24
Net Profit/(loss) on ordinary activities	13,126	1,875
Amount gift aided to Crohn's & Colitis UK	(12,624)	(1,875)
Net Profit for the year	502	-
Retained profit brought forward	10,143	10,143
Prior Year Adjustment	(10,645)	-
Retained profit carried forward	-	10,143

11. GRANT MAKING EXPENDITURE

	2015	2014
	£	£
Personal grants	80,366	100,646
Medical research	426,260	406,714
Living with IBD research	205,498	169,947
IBD Health Services	126,234	-
James Prior funded Medical Research	-	120,212
Other - Groups and volunteering	-	44,427
	838,358	841,946
Direct costs of grant making process	101,776	137,537
	940,134	979,483

Personal grants

Grants are made to individual people who have a particular need arising as a result of their inflammatory bowel disease. 256 grants were made in the year totalling £80,366 (2014: £100,646).

Research grants

Grants are awarded by Crohn's and Colitis UK Research Committees to fund research projects that have been approved by peer review. Grants may be for equipment, consumables or salaries. The institutions to which grants were paid in 2015 are listed below. Crohn's and Colitis UK does not contribute to the overhead costs of such institutions.

Medical research

	2015
	£
Kings College London	114,689
University of Edinburgh	9,926
University of Oxford	125,500
University of London	60,615
Institute of Food Research	119,018
Completed grants reattributed	(3,488)
	426,260

Other grants

Local Groups raised funds for local projects to which grants totalling £32,414 (2014 £44,427) were made.

Social & Psychological Research

	2015
	£
University of Hertfordshire	115,000
Kings College London	115,000
Leeds teaching hospital NHS	8,490
Completed grants reattributed	(32,992)
	205,498

IBD Health Services

	2015
	£
University of Liverpool	126,234
	126,234

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2015

12. GOVERNANCE DIRECT COSTS

	2015	2014
	£	£
Auditors' remuneration - current year	19,000	13,635
Legal and professional expenses	20,401	19,186
Meetings and trustee expenses	6,243	8,403
Other expenses	-	22,878
	45,644	64,102

13. TRANSACTIONS WITH TRUSTEES

No trustee received any remuneration for their services as a trustee.

A total of £3,389 (2014 - £4,353) was reimbursed to or paid on behalf of 12 (2014, 11) trustees in respect of travelling expenses and other costs incurred in carrying out their responsibilities as trustees.

14. OPERATING LEASES

At 31 December 2015 the group had commitments under non-cancellable leases as follows:-

	Equipment 2015	Land and Buildings 2015	Equipment 2014	Land and Buildings 2014
	£	£	£	£
Amounts payable within 1 year	7,874	136,741	7,181	45,000
Amounts payable between 2 and 5 years	5,249	227,899	-	-
	13,123	364,640	7,181	45,000

15. TRANSFERS

Transfers are made for a variety of reasons, between types of funds and between national and Local Groups, the note below illustrates these:

	Unrestricted Funds	Designated Funds	Restricted Funds	Total
National	£	£	£	£
Transfers between national funds	(6,585)	(92,863)	415,237	315,789
Transfers from/to Local Groups' funds	-	-	4,952	4,952
Total national funds	(6,585)	(92,863)	420,189	320,741
Local Groups				
Transfers between Local Groups' funds	(315,789)	-	-	(315,789)
Transfers to national funds	-	-	(4,952)	(4,952)
Total Local Groups' funds	(315,789)	-	(4,952)	(320,741)
Total funds	(322,374)	(92,863)	415,237	-
	(note 22)	(note 22)	(note 23)	

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2015

16. FIXED ASSETS

All assets held for use by the charity.

Charity	Leasehold premises	Equipment and furniture	Total
Cost	£	£	£
Brought forward 1 January 2015	284,666	180,086	464,752
Additions	88,814	12,109	100,923
Disposals	(284,666)	-	(284,666)
Carried forward at 31 December 2015	88,814	192,195	281,009
Depreciation			
Brought forward 1 January 2015	248,664	154,864	403,528
Charge for the year	45,033	19,302	64,335
Disposals	(284,666)	-	(284,666)
Carried forward at 31 December 2015	9,031	174,166	183,197
Net book value			
At 31st December 2015	79,783	18,029	97,812
At 31st December 2014	36,002	25,222	61,224
Group*	Leasehold premises	Equipment and furniture	Total
Cost	£	£	£
Brought forward 1 January 2015	284,666	180,086	464,752
Additions	88,814	12,109	100,923
Disposals	(284,666)	-	(284,666)
Carried forward at 31 December 2015	88,814	192,195	281,009
Depreciation			
Brought forward 1 January 2015	248,664	154,864	403,528
Charge for the year	45,033	19,302	64,335
Disposals	(284,666)	-	(284,666)
Carried forward at 31 December 2015	9,031	174,166	183,197
Net book value			
At 31st December 2015	79,783	18,029	97,812
At 31st December 2014	36,002	25,222	61,224

17. INVESTMENTS

	Group		Charity	
	2015	2014	2015	2014
	£	£	£	£
Investment in subsidiary				
Cost at 31 December 2015 and 2014	-	-	1	1

18. DEBTORS

	Group		Charity	
	2015	2014	2015	2014
	£	£	£	£
All amounts fall due within one year				
Balance with trading subsidiary	-	-	29,901	6,587
Prepayments	144,987	109,763	144,987	109,763
Tax recoverable	55,196	33,501	55,196	33,501
Other debtors	73,962	30,843	29,413	30,663
Accrued income	341,600	91,919	341,600	91,919
	615,745	266,026	601,097	272,433

19. ANALYSIS OF CASH AT BANK AND IN HAND

	Group		Charity	
	2015	2014	2015	2014
	£	£	£	£
Current accounts and cash balances	409,759	342,049	371,987	325,064
Interest-bearing account balances	3,547,598	3,323,967	3,547,598	3,323,967
Local Groups	358,875	361,321	358,875	361,321
	4,316,232	4,027,337	4,278,460	4,010,352

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2015

20. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Group		Charity	
	2015	2014	2015	2014
	£	£	£	£
Unpaid balances of research grants	1,076,675	799,864	1,076,675	799,864
Trade creditors	265,164	288,720	224,299	286,833
Social security and other taxes	49,432	49,353	45,878	39,427
Accruals and deferred income	161,957	104,702	153,957	103,602
	1,553,228	1,242,639	1,500,809	1,229,726

CREDITORS: AMOUNTS FALLING DUE AFTER ONE YEAR

	Group		Charity	
	2015	2014	2015	2014
	£	£	£	£
Unpaid balances of research funds	385,909	204,050	385,909	204,050

21. CAPITAL COMMITMENTS

At 31 December 2015 the charity had capital commitments of £nil
(2014: £nil)

22. UNRESTRICTED FUNDS

		Brought forward	Prior Year Adjustment	Income	Expenditure	Transfers*	2015 Carried forward
		£	£	£	£	£	£
Designated funds							
Contractual liabilities		60,000	-	-	-	(60,000)	-
Legacy Reserve Fund		1,162,532	-	-	-	(1,162,532)	-
Heyman Fund	(a)	102,609	-	-	-	-	102,609
Legacy project for young people with IBD		133,933	-	-	-	(133,933)	-
Research	(b)	-	-	-	-	250,000	250,000
Fixed Assets	(c)	-	-	-	-	97,813	97,813
Property Fund	(d)	-	-	-	-	500,000	500,000
Information & Technology Fund	(e)	-	-	-	-	100,000	100,000
Group retained funds	(f)	-	-	-	-	315,789	315,789
Designated total		1,459,074	-	-	-	(92,863)	1,366,211
Other unrestricted funds							
General Reserve Fund held			-				
Nationally		847,032	10,645	3,397,263	2,842,787	(6,585)	1,405,568
Non charitable trading funds		10,143	(10,645)	73,111	72,609	-	-
Local Groups	(f)	240,105	-	158,479	82,795	(315,789)	-
		1,097,280	-	3,628,853	2,998,191	(322,374)	1,405,568
Total		2,556,354	-	3,628,853	2,998,191	(415,237)	2,771,779

A prior year adjustment of £10,645 has been made in respect of VAT payable by NACC Merchandise Ltd in 2011, 2012 and 2013 and which has a consequent impact on the historic levels of profits transferred to the parent charity

* The Trustees resolved to close the designated funds in respect of Contractual Liabilities, Legacy Reserve and Legacy project for young people with IBD, and transfer the balances to Unrestricted Fund, totalling £1,356,465.

During 2015 the Trustees established several new designated funds in accordance with the charity's reserves policy, and transferred the funds required to meet these designations from unrestricted funds, totalling £1,263,601.

- (a) The Heyman Fund has been established from a legacy to be used to fund the development of specialist nursing for IBD.
- (b) The Trustees have established a fund to enable the charity to enter into or sustain commitments for Research funding for which no third party funding has been identified, and which would otherwise have to be met from operating income and free reserves.
- (c) A fund is maintained that represents the net book value of tangible fixed assets in so far as these funds are not available for immediate use.
- (d) The Property fund has been established by the Trustees in order to fund the acquisition and fit-out of a new property on the expiry of the existing tenancy in 2018.
- (e) The Trustees have established a designated fund to enable the charity to invest in developing its systems capability, and to exploit new technological opportunities for raising awareness of IBD, and providing services to beneficiaries.
- (f) The Trustees have agreed that any accumulated surpluses from the Groups should be designated for future use by Groups. Groups are required to utilise these funds within 24 months of the year in which they are reported.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2015

23. RESTRICTED FUNDS

		Brought forward	Income	Expenditure	Transfers*	2015 Carried forward
		£	£	£	£	£
National						
Research (a)		-	413,257	835,324	422,067	-
Welfare - personal grants (b)		14,299	24,938	104,810	65,573	-
IT project (Scotland Health Service) (c)		29,631	-	142	-	29,489
Bristol area (Sidney Hulin Legacy) (d)		20,000	-	-	-	20,000
Research (RPJ Crohn's Foundation Fund) (e)		82,451	-	-	(82,451)	-
Intern programme (f)		10,978	-	738	-	10,240
Summer camps (g)		9,000	-	-	500	9,500
Publications and Videos (h)		50	26,600	26,600	-	50
Medical Equipment (i)		7,000	(7,500)	15,000	15,500	-
Health Support Scotland (j)		10,600	-	-	-	10,600
Young people in Scotland (k)		1,250	-	-	-	1,250
Northwest Nurses PEP (l)		10,500	-	1,610	(1,000)	7,890
Patient Map/Patient charter (m)		44,000	43,800	50,596	-	37,204
Family Network (n)		2,986	-	-	-	2,986
Section 16 (o)		-	5,000	-	-	5,000
Young people and families (p)		-	29,420	-	-	29,420
UC Patient Survey (q)		-	4,000	-	-	4,000
London Walk - Corporate Income (r)		-	5,000	5,000	-	-
Donations less than £5,000		-	3,000	3,000	-	-
Total restricted funds held nationally		242,744	547,515	1,042,820	420,189	167,628
Local Groups						
Research		-	4,952	-	(4,952)	-
Local projects (s)		121,279	46,425	16,459	-	151,245
Total restricted funds held by						
Local Groups		121,279	51,377	16,459	(4,952)	151,245
Total		364,023	598,892	1,059,279	415,237	318,873

* Where expenditure on a particular fund exceeds income, a transfer has been made from Unrestricted funds.

- (a) Research - Medical and Living with IBD research grants funded by individual supporters.
- (b) Welfare - personal grants funded by individual supporters.
- (c) IT project (Scotland Health Service) - specific IT related project
- (d) Sidney Hulin Legacy - funds to be utilised in the Bristol area
- (e) Specific research funded by RPJ Crohn's Foundation Fund. The balance of funds was transferred to the Research Fund in 2015 with the agreement of the funder.
- (f) Intern programme - externally funded programme for staff intern placements in Government
- (g) Summer camps - funds raised to cover summer camps for sufferers of IBD
- (h) Publications and Videos - Corporate and supporter funding for publications made available to the public.
- (i) Medical Equipment - Corporate and supporter funding for specific pieces of hospital equipment
- (j) Health Support Scotland - Funding for the parliamentary lobbying of Scotland Government
- (k) Young people in Scotland - funding to support young people in Scotland
- (l) Northwest Nurses PEP - Corporate funding to support this programme
- (m) Patient Map/Patient charter - Corporate funding to support this programme
- (n) Family Network - Funding to support the Family Network programme
- (o) Section 16 - grant awarded to procure the services of an IT professional to lead the development and implementation of IBD Patient View (Patient Portal) in three pilot sites in Scotland
- (p) Young people and families - funds received for events and support of younger people and families
- (q) London Walk - corporate funding received in support of the London Walk supporter event
- (r) Local groups projects - this is funding raised by groups locally to be expended specifically on local projects

24. ANALYSIS OF CHARITY NET ASSETS BETWEEN FUNDS

	Unrestricted		Restricted		Total
	Local Groups	National	Local Groups	National	
	£	£	£	£	£
Fund balances at 31 December 2015					
are represented by:					
Tangible fixed assets	-	97,812	-	-	97,812
Current assets	315,789	2,884,469	151,245	1,580,474	4,931,977
Current liabilities	-	(526,291)	-	(1,026,937)	(1,553,228)
Long term liabilities	-	-	-	(385,909)	(385,909)
	315,789	2,455,990	151,245	167,628	3,090,652

25. RELATED PARTY

A subsidiary company, NACC Nominees Limited, had been formed to hold the lease of the offices occupied by the charity. Since incorporation, the property lease has been held in the name of the charity.

Apart from the Gift Aid transfer of profits from NACC Merchandise Ltd as detailed in Note 10, there have been no related party transactions in the year.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2015

26. GIFTS IN KIND

Crohn's and Colitis received gifts in kind during the year relating to the goods and services as follows :-Strategic planning work £6k (2014 £9k) and Public relations support £0 (2014 £4k).

These amounts have not been included in the financial statements as their value is not considered to be material.

27. CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2014

	Note	Unrestricted Funds 2014	Restricted Funds 2014	Total funds 2014
	£	£	£	£
Income from:				
Donations and legacies	2	647,784	321,200	968,984
Charitable activities	5	52,115	85,442	606,592
Other trading activities	3	1,706,034	364,323	2,070,357
Investments	4	62,778	-	62,778
Total income		2,937,746	770,965	3,708,711
Expenditure on:				
Raising funds	9	903,402	-	903,402
Charitable activities:				
Grantmaking	11	4,092	975,391	979,483
Supporter Services		342,977	18,500	361,477
Marketing and Communications		620,029	30,556	650,585
Policy, Public Affairs and Campaigns		459,564	34,022	493,586
Groups & volunteering		347,338	10,544	357,882
Membership costs		200,480	16,000	216,480
Total expenditure	6	2,877,882	1,085,013	3,962,895
Net income/(expenditure)		59,864	(314,048)	(254,184)
Transfers between funds	15	44,927	(44,927)	-
Net movement in funds		104,791	(358,975)	(254,184)
Reconciliation of funds:				
Total funds brought forward		2,451,563	722,998	3,174,561
Total funds carried forward		2,556,354	364,023	2,920,377

The net expenditure of the Charitable Company for the period was £254,184 (2013 net income of £151,644).

27(A) EXPENDITURE ON CHARITABLE ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2014

	Direct staff costs	Other direct costs	Support costs	Total 2014
	£	£	£	£
Cost of generating funds (note 9)	275,317	498,397	129,687	903,401
Charitable activities				
Grantmaking (note 11)	58,502	911,713	9,268	979,483
Supporter Services	245,323	64,444	51,711	361,478
Marketing and Communications	140,748	415,685	94,152	650,585
Policy, Public Affairs & Campaigns	189,370	241,274	62,942	493,586
Groups & volunteering	236,062	66,796	55,023	357,881
Membership costs	104,176	80,852	31,452	216,480
	1,249,498	2,279,161	434,235	3,962,894

ADMINISTRATIVE DETAILS

**BOARD OF TRUSTEES,
OFFICERS AND SENIOR
MANAGEMENT TEAM**

Life President

Professor John Lennard-Jones

Vice Presidents

Margaret Chandler
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Tim Mutum (Hon Secretary until
June 2015)
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Professor Chris Probert
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Affairs and Research
Dan McLean, Director of Marketing
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Sarah Porch, Director of
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Ian Donald, Director of Finance and
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Angus McLean
David Barker
Ian Donald

Auditors

Williamson Morton Thornton LLP
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Solicitors

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London EC4R 1BE

Debenhams Ottaway Solicitors

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107 St. Peter's Street
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Bankers

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Bank of Scotland

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ACKNOWLEDGEMENTS

The Trustees would like to record their sincere thanks and appreciation to all those who continue to make the Charity's work possible. These include:

- Our members and the many people who individually or in Groups have supported or raised funds for Crohn's and Colitis UK.
- Charitable Trusts and companies who have given their support.
- Volunteers who have helped our Groups, Family Network and Support Services.
- Supporters of the activities of the Charity including those who serve on our Committee and Medical Advisory Panels.
- Our Chief Executive, Senior Managers and the entire staff team at the office in St. Albans.

In 2015, the Charity received gifts in kind in the form of pro-bono work from:

- Coloured Square – who provided their services at a much reduced cost. We are very grateful for this support.

FIVE LITTLE WORDS A VERY BIG THANK YOU

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A big, heartfelt, 'thank you' goes to each and every one of our supporters for enabling us to reach so many people living with Crohn's, Colitis and other forms of IBD in 2015.

For more information about who we are, what we do and how you can help, please get in touch.

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St Albans
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info@crohnsandcolitis.org.uk

Office Direct Line: **01727 830038**

Information Service: **0300 222 5700**
(Mon, Tue, Wed & Fri: 09:00 – 17:00, Thu: 09:00 - 13:00)

Crohn's & Colitis Support: **0121 737 9931**
(Mon to Fri: 13:00 – 15:30 and 18:30 - 21:00)

**CROHN'S &
COLITIS UK**

**FIGHTING
INFLAMMATORY
BOWEL DISEASE
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