What's my risk level?

Do any of the following apply to you?

- I'm currently taking oral or intravenous steroids equivalent to 20mg or more of prednisolone per day (except budesonide or beclomethasone)
- I have started a new biologic medicine within the last 6 weeks, in combination with another immunosuppressant or steroids (except budesonide or beclomethasone)
- I have short gut syndrome which requires nutritional support
- I take parenteral nutrition

Are you taking any of the following medicines?

With the exception of steroids, answer yes if you've taken any of these medicines within the last three months

**BIOLOGICS**
- Ustekinumab (Stelara)
- Vedolizumab (Entyvio)
- Infliximab (Remicade, Inflectra, Remsima, Zessly)
- Adalimumab (Humira, Amgevita, Hyrimox, Imraldi, Hulio)
- Golimumab (Simponi)

**IMMUNOSUPPRESSANTS**
- Azathioprine (Imuran)
- Mercaptopurine (6-MP)
- Thioguanine (6-thioguanine)
- Methotrexate (Mexitil, Methotrex, Methofill, Methoject, Ebetrex, Namaxir, Nordimet and Zlatal)
- Tacrolimus
- Ciclosporin
- Steroids equivalent to less than 20mg prednisolone per day (except budesonide or beclomethasone)

**JANUS KINASE INHIBITORS**
- Tofacitinib (Xeljanz)

**OTHER**
- Immunosuppressant or biologic medicine as part of a clinical trial

Are you taking any of the following medicines?

**IMMUNOSUPPRESSANTS**
- Azathioprine (Imuran)
- Mercaptopurine (6-MP)
- Thioguanine (6-thioguanine)
- Methotrexate (Mexitil, Methotrex, Methotrex, Methofill, Methoject, Ebetrex, Namaxir, Nordimet and Zlatal)
- Tacrolimus
- Ciclosporin
- Steroids equivalent to less than 20mg prednisolone per day (except budesonide or beclomethasone)

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* This information on risk is only about Crohn’s and Colitis. There are other factors which can impact your risk, such as your gender, ethnicity, age and other health conditions. Speak to your GP or healthcare team if you’re worried.