

Helpful Links for OT Resources and Activities ideas for Home

EARLY YEARS RESOURCES

OT Activity Ideas		
El Smart	http://www.eismart.co.uk/news-articles/	Parent Leaflets with ideas for play, communication, self-care, sensory and motor development of babies and toddlers (0-36 months).
Mama OT	www.mamaot.com	Occupational Therapy blog with tips and tricks for fun activity ideas.
Sensational Kids	www.sensationalkids.ie	Resources: Handwriting Without Tears Products, Sensory, Learning and Play resources
Early Learning		
No Time for Flashcards	www.notimeforflashcards.com	Early education and creative play ideas and activities (FREE)
Twinkl	https://www.twinkl.co.uk/resources/covid19-school-closures	Activity sheets and ideas -Usually subscription- now free resource in light of COVID-19
Toileting		
Bowel and Bladder UK ERIC	http://www.disabledliving.co.uk/Promocon/Children www.eric.org.uk	Toileting information and strategies
Further Information		
National Autistic Society	www.autism.org.uk	A leading UK charity for people with autism and their families. The website provides information, support and pioneering services, and campaign for a better world for people with autism. Information and resources on Covid19 have now been added to the website.

SCHOOL AGE RESOURCES

OT Ideas and Activities		
Go Noodle	https://www.gonoodle.com/	Online interactive movement videos
Cosmic Kids	https://www.cosmickids.com/	Online yoga resource for kids
Kids Master Skills	http://www.kidsmasterskills.com/	Free OT Resources for home
Mama OT	www.mamaot.com	Occupational Therapy blog with tips and tricks for fun activity ideas.
Sensational Kids	www.sensationalkids.ie	Resources: Handwriting Without Tears Products, Sensory, Learning and Play
OT Tools to Grow	https://www.toolstogrowot.com/	Therapy resources and activities
Learning		
Twinkl	https://www.twinkl.co.uk/resources/covid19-school-closures	Activity sheets and ideas -Usually subscription- now free resource in light of COVID-19
Learning Without Tears	https://www.lwtears.com/	Handwriting and typing programme- Usually subscription- now free resource in light of COVID-19
BusyThings	https://www.busythings.co.uk/	Fun educational games for children 3-12 in each school subject, KS1 and 2 (including SEND section and typing). Reduced subscription for families now (£1/month)
Typing		
Help Kidz Learn (from Inclusive Technology)	https://www.helpkidzlearn.com/	Online games and activities for early years and children with SEN along with creative resources. Eye gaze and Switch accessible
Dance Mat	https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr	Typing programme for KS1
Nessy Fingers	https://www.nessy.com/uk/product/nessy-fingers/	Typing programme for KS2

Typing Club	https://www.typingclub.com/	Touch typing programme for KS2
Further Information		
National Autistic Society	www.autism.org.uk	This website provides information, support and services, and campaign for a better world for people with autism. COVID19 pages and resources available.
Useful iPad Apps		
Letter formation practice	<p>Hairy Letters - https://www.nessy.com/uk/apps/hairy-letters/</p> <p>Letter School UK - https://apps.apple.com/gb/app/letterschool-learn-to-write/id481067676</p> <p>Wet Dry Try - https://wetdrytry.com/</p> <p>Touch and Write - https://apps.apple.com/gb/app/touch-and-write/id504319132</p>	
Learning activities	<p>BusyThings apps - https://www.busythings.co.uk/apps or access their full online page via iPad: https://www.busythings.co.uk/</p> <p>Nessy (Dyslexia friendly): https://www.nessy.com/uk/apps/</p> <p>Hairy Letters, Hairy Phonics 1, 2, 3, Hairy Words 1 and 2, ChimpFu</p> <p>ChooseIT! Ready Mades – Maths, Literacy and Science activities (learning apps for special needs) http://www.inclusive.co.uk/chooseit-readymades</p>	

	<p>Clicker apps – Clicker Sentences, Clicker Connect, Clicker Docs, Clicker Books</p> <p>https://www.cricksoft.com/uk/clicker/ipad</p>	
Typing apps	<p>AAA Typing Bee - https://appfelstrudel.com/id/515815420/aaa-typing-bee.html</p> <p>Animal Typing - https://apps.apple.com/be/app/animal-typing/id912022264</p> <p>Nessy Fingers: access online resource via iPad here - https://www.nessy.com/uk/product/nessy-fingers/</p>	At times is best to use an online resource such as Nessy Fingers, which has an online keyboard.