In our newsletter we will share with you

- OT training in schools so far this year
- Whole School Working - what's the impact?
- Focus on... getting changed for PE
- Summer OT Fun
- How to get in touch with our service

Occupational Therapy

Skills for Job of Living
Training in Your Schools

The OT service offers teacher and TA training as part of its universal offer to schools in Camden. Each term the school's OT meets with the SENDCO to discuss training needs across the school.

Over the past two terms the OT service has run training in 14 schools on 7 different topics reaching 128 school staff.

![OT Tips for Schools](chart)

**Other Topics of Training**
- ASD Awareness - 16 attendees
- Postural Care - 40 attendees
- Sensory Smart Classrooms - 8 attendees
- Assistive Technology - 19 attendees
- Handwriting - 22 attendees
- Continence - 13 attendees

It was useful to refresh ideas that I'd used before and discuss how effective they are.

Everything was very interesting. Loads of information was given.
Whole School Working... what's the impact? Spring Term 2019

Students, staff and parents impacted through whole school working

OTs advice supported an increase in confidence for teaching staff to support students in their classrooms

School staff rated the quality of OT input as high

OTs are spend most time helping schools set up groups and liaising with teachers
Focus on...
Changing for PE

Break down to the task into easy steps
Use pictures and checklists of the steps, either on the board for all students or in front of the child

Lots of chances to practice the skill
Look for opportunities to practice dressing skills throughout the week such as doing up buttons on coats and cardigans

Motivate the child
Use reward charts, first then chart and praise

Be persistent and patient

Use strategies that work for the child
• Visual Supports
• Practice on dressing dolls
• Use words or songs to remember steps or actions

More time to complete the task
Use a count down timer or a song to help pace the child, aim to decrease the amount of time
Summer Term Fun!

Balance marbles on golf tees stuck in a foam board to develop fine-motor precision.

With summer on its way, and less opportunity to practice buttons on coats and cardigans, continue to practice the skill by setting up button boards.

Pegs two ways! Use pegs to practice spellings or to collect pompoms and develop pincer strength.
OCCUPATIONAL THERAPY IN SCHOOLS

Contact the OT Team

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You'll find lots more resources on our website
https://www.royalfree.nhs.uk/occupational-therapy-cyp

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