Important information

On arrival at each appointment, please inform the reception staff that you are here.

Please contact the department if you are unable to attend or if you no longer require an appointment.

You may be seen by a male or female clinician.

If you wish a chaperone to be present please contact the department in advance to arrange this.

If you require a translator please contact the department prior to your appointment and state the language you require. We can also organise sign language interpreters if required.

If you are late for your appointment it may be rescheduled for another time.

Feedback

We appreciate and encourage feedback. If you need advice or are concerned about any aspect of care or treatment please speak to a member of staff or contact the patient advice and liaison service (PALS):

DDI for patients: 020 7472 6446
Fax: 020 7472 6463
Text: 07624 803635 (deaf users only)
Email: rf.pals@nhs.net
Website: www.royalfree.nhs.uk

Location and contact details

Opening times: 9am–5pm, including late evening once a week and Saturday mornings. Please speak to one of the team for details.

Willesden Centre for Health and Care
Robson Avenue, Willesden, NW10 3RY
By road: There is limited parking available at the centre. Street parking is available on Robson Avenue and Harlesden Road
By bus: 6, 206 & 226

Wembley Centre for Health and Care
116 Chaplin Road, Wembley, HA0 4UZ
By road: Limited chargeable onsite parking
By bus: 18, 79, and 83,182
Tube and train: Wembley Central

Brent community cardiology service
Information for patients, relatives and carers
Telephone: 020 3758 2021
**Service overview**

Brent community cardiology offers a comprehensive consultant-led cardiology service with advice and appropriate cardiac investigations for patients aged 18 years and older, registered with Brent general practices.

The service is provided by the Royal Free London from two community venues, Willesden Centre for Health and Care and Wembley Centre for Health, allowing patients to be seen closer to home and reducing the need for a hospital visit.

The service offers treatment and management of long-term cardiology conditions, including heart failure and valvular heart disease.

**We offer a direct access GP referral service for non-invasive cardiac diagnostic testing, such as:**
- ECG monitoring
- echocardiography

**Investigations and treatment for appropriate cardiac symptom conditions, including:**
- chest pain
- shortness of breath
- high blood pressure
- palpitations/dizziness
- atrial fibrillation

**Rapid access chest pain clinic**

Our rapid access chest pain clinic service is for the assessment of people with suspected angina.

Referrals are made when your GP suspects angina, which is a chest pain that occurs with exercise and resolves with rest. Patients may be referred as necessary for further tests.

**Heart failure**

Heart failure is a condition where patients become breathless, tired and may have swollen legs due to problems with the pumping muscle of their heart.

This can be caused by any heart abnormality but is usually the result of a weakened heart muscle.

Coronary artery disease is the most common cause of this condition, but there are many others causes including genetic conditions that run through families.

Our community heart failure service is designed to meet the special needs of patients who are coping with heart disease.

**The service design specifically caters for patients who:**
- are suspected to have or have been newly diagnosed with heart failure
- have been recently hospitalised with heart failure
- have a diagnosis of heart failure but are yet to be on full treatment
- have worsening symptoms of heart failure despite starting treatment

We also provide a home visiting service for heart failure patients who have difficulty getting to clinics in the community or at the hospital.

**Cardiac rehabilitation**

Our cardiac rehabilitation programme involves exercise and information sessions that help you get back to everyday life as efficiently and successfully as possible after a heart attack, heart surgery or procedure. The rehabilitation programme helps people make any necessary changes, avoid further health problems.

It also helps high risk patients take steps to prevent heart disease and stroke.