

Biologic treatment for inflammatory bowel disease (IBD)

Your appointment card



Patient's name:

Patient's hospital number:

Diagnosis: Crohn's disease/ulcerative colitis
(delete as appropriate)

Biologic medication prescribed: Infliximab/vedolizumab
(delete as appropriate)

Dose prescribed: You will need three induction doses – one at week 0, week 2 and week 6.

After this, treatment will be every eight weeks.

Dose	Date of appointment	Length of visit
Induction dose 1 (week 0)		5 hours
Induction dose 2 (week 2)		5 hours
Induction dose 3 (week 6)		5 hours
Maintenance dose (week 14)		5 hours
Maintenance dose (week 22)		2 hours
Maintenance dose (week 30)		2 hours
Please contact the IBD team to book your annual review		
Maintenance dose (week 38)		2 hours

For infliximab patients only

If necessary, your doctor may decide to either increase your dose or reduce the time between appointments.

Initially this will be for three doses, and then reviewed.

New dose regimen:

Dose	Date of appointment
Dose escalation 1	
Dose escalation 2	
Dose escalation 3	

Review date:

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Important reminder

If you have a fever or you are on antibiotics please contact the team at least 24 hours before your appointment as your dose may need to be delayed.

Contact details

Planned investigation and treatment unit (PITU)

To schedule or reschedule an appointment, please call PITU:

020 7794 0500 extension 3377 or email: RF-TR.RF-PITUPharmacy@nhs.net.

Inflammatory bowel disease (IBD) team

For any other issues, please call the IBD advice line: 020 7830 2283, Monday to Friday, 9am-5pm or email the IBD specialist nurses: rf.ibdnurses@nhs.net.

Please provide your full name, date of birth, contact number and hospital (MRN) number if known, with a brief message when contacting us. We aim to respond within one working day.

More information

For more information about the IBD service, please visit: www.royalfree.nhs.uk/IBD

Your feedback

If you have any feedback on this leaflet or for a list of references, please email: rf.communications@nhs.net.

Alternative formats

This leaflet is also available in large print. If you need this leaflet in another format – for example Braille, a language other than English or audio – please speak to a member of staff.

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