

Electrogastrogram

What does the test involve?

An electrogastrogram is an electrical recording of your stomach. The investigation is entirely painless and the recording is obtained by taping electrodes to the skin on your stomach. The test takes about two and a half hours so we suggest you bring a book or magazine to help pass the time.

What preparation is required?

Please do not eat or drink for six hours before the test. A little water can be taken on the morning of the test if absolutely necessary. Please bring a cheddar cheese sandwich with you, which you will eat during the test. If this causes a problem, please ring the Louise Ryan Unit. Please bring a list of your current medication with you.

If you take any of the following medications, please refrain from taking them for the time specified before the test:

Do not take for 48 hours prior to the test	Omperazole (Losec) Ranitidine (Zantac) Cimetidine (Tagamet) Pantoprazole (Protium) Esomeprazole (Nexium)	Rabeprazole (Pariet) Famotidine (Pepcid) Nizatidine (Axiid) Lansoprazole (Zoton) Gaviscon
Do not take for one week prior to the test	Metoclopramide (Maxolon) Cisapride (Prepulsid) Domperidone (Motilium)	

Where is the test carried out?

Please report to the Louise Ryan Unit on the lower ground floor of the Royal Free Hospital at the date and time specified in your appointment letter. We aim to see patients on time and therefore if you are more than 15 minutes late we may not be able to proceed with your test.

The result of the test will be sent to the referring consultant who will make a decision about the need for further treatment. This will be communicated to you either by letter, telephone appointment or clinic appointment.

Attendance policy

If you are unable to attend, please contact us as soon as possible (see number below). If you fail to attend without giving advance notice, a further appointment may not be issued and your doctor will be informed of your non-attendance.

Hospital transport

If you need transport for medical reasons please ring 020 7510 4228 and you will be assessed for suitability.

Further Information

If you would like to speak to someone personally, please contact us on 020 7830 2923 and the staff in the unit will be happy to answer any questions you may have. Please feel free to bring a friend or family member with you who can stay with you throughout the procedure if you so wish.