Support Groups

Macmillan Cancer Support
www.macmillan.org.uk
0808 808 0000

Jo’s Trust (Cervical Cancer)
www.jostrust.org.uk
0808 802 8000

Eve Appeal (All gynaecological cancers)
www.eveappeal.org.uk
0207 605 0100

Ovacome (Ovarian Cancer)
www.ovacome.org.uk
0845 371 0554

TARGET Ovarian Cancer
www.targetovariancancer.org.uk
0207 923 5470

VACO (Vulval Awareness Campaign)
www.vaco.co.uk
0161 747 5911

Chai Cancer Care
www.chaicancercare.org (Jewish patients)
0808 808 4567

Cherry Lodge, Barnet
www.cherrylodgecancercare.org.uk
020 8441 7000

CancerLIFE Project, Enfield
www.e-d-a.org.uk/cancerlife.php
020 8373 6222
07583 459911

Helen Rollason Cancer Care Centre
(North Middlesex Hospital)
www.helenrollason.org.uk
08456 80 20 47

Barnet Carers Centre
www.barnetcarers.org
020 8432 2091

Produced by Frances White, clinical nurse specialist, gynaecological oncology
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Translations available on the trust website: www.royalfree.nhs.uk.
Introduction
Being told that you may have cancer can be very difficult for you and your family. We believe every patient in this situation should have access to a clinical nurse specialist (CNS) who is available to deliver expert nursing care and support at any stage during your diagnosis and treatment.

Clinical nurse specialists in gynaecological oncology
Your CNS in gynaecological oncology (keyworker) is part of the multidisciplinary team of healthcare professionals (MDT) who will be looking after you at diagnosis, and during and following your treatment. He or she has specialist knowledge and experience in gynaecological cancers.

What does the CNS/keyworker in gynaecological oncology do?

CNS’s provide a wide range of support for patients. For example:

- Help with understanding your diagnosis
- Assistance in navigating through the complex healthcare system
- Explaining your test results and treatment options
- Assessing and advising you over the telephone should you feel unwell or be concerned about side effects of treatment
- Providing you with reliable, written information about your care
- Offering one to one support and counselling
- Liaising with the MDT
- Providing you with knowledge and support to help you manage your health at home during and after treatment
- Contacting your GP, local hospital or UCLH should you require a review or admission, and explaining your needs

- Seeing you in clinic or if you become a patient on the wards, to discuss your ongoing care and offer support
- Complete a holistic needs assessment (HNA) with you, to make sure we address all your health, social and emotional needs and that your care and support is planned accordingly

How can I contact my CNS?
Your local CNS is based between Barnet Hospital and Chase Farm Hospital. She is also linked into London Cancer, a network liaising with teams at University College London Hospital and the Royal Free Hospital.

Your CNS, Frances White, is available Monday to Friday from 8.30am to 4.30pm. Please call her to arrange a convenient appointment. This could take place on the ward, in the outpatients department, or by telephone.

Tel: 0845 111 4000
Bleep: 3957
e-mail: frances.white3@nhs.net

The call is taken by switchboard, who then bleep the CNS. It may take a few minutes for the call to connect. If the CNS does not answer the bleep, she is either with a patient, or between hospital sites. In this event, please try again in 15 minutes, or send an e-mail.

If you need to contact the CNS by post, please write to:

Frances White, BSc (Hons); RN.,
Clinical Nurse Specialist, Gynaecological Oncology
Macmillan Support Offices
Level 0, Barnet Hospital
Wellhouse Lane
Barnet
Herts EN5 3DJ