

Dry eyes treatment

Information for patients

Your healthcare professional has advised that you purchase the eye drop(s)/ eye ointment(s) indicated on this leaflet.

Please take this form to the hospital pharmacy or your local high street chemist. These products are available to buy over-the-counter and you do not need a prescription. GPs may prescribe these where appropriate.

Liquids			
Evolve Hypromellose *PF Hypromellose 0.3%	Evolve Carmellose*PF Carmellose 0.5%	Optive Carmellose 0.5%, glycerin 0.9%	HyloTear *PF Sodium hyaluronate 0.1%
HyaBak Sodium hyaluronate 0.15%	HydraMed *PF Sodium hyaluronate 0.2%, tamarind seed polysaccharide 0.2%	Clinitas *PF Sodium hyaluronate 0.4%	Systane Balance Propylene glycol 0.6%
Systane Ultra Polyethylene glycol 0.4%, propylene glycol 0.3%	TheolozDuo *PF Trehalose 3%, hyaluronic acid 0.15%		

Gels			
Celluvisc *PF Carmellose 1%	Hylo-Forte *PF Sodium hyaluronate 0.2%	Viscotears Carbomer 980 0.2%	Lumecare Carbomer 980 0.2%
Systane Gel Polyethylene glycol 0.4%, propylene glycol 0.3%			

Ointments			
Simple Eye Ointment Yellow soft paraffin, lanolin	Lacrilube *PF Liquid paraffin	Xailin Night *PF White soft paraffin, mineral oil, lanolin	VitA-Pos *PF Liquid paraffin, lanolin, Vitamin A
HydraMed Night *PF Retinol palmitate, liquid paraffin, white soft paraffin, lanolin			

Further instructions

*PF= Preservative free

More information

For more information about the ophthalmology service at the Royal Free London, please visit our website: www.royalfree.nhs.uk/services/services-a-z/ophthalmology

Your feedback

If you have any feedback on this leaflet, please email: rf.communications@nhs.net

Alternative formats

This leaflet is also available in large print. If you need this leaflet in another format – for example Braille, a language other than English or audio – please speak to a member of staff.

© Royal Free London NHS Foundation Trust

Service: Ophthalmology service

Version number: 1

Approval date: July 2019

Review date: July 2021

www.royalfree.nhs.uk