

When can I drive?

You can drive when you are comfortable to do so and when you are able to perform an emergency stop. Please also check with your insurance company before returning to driving.

When can I have sex again?

This will depend on when both you and your partner feel comfortable but it is safe after one week.

When can I return to work?

Please allow a couple of weeks' recuperation before returning to work. If your work involves lifting, please speak to your doctor before leaving hospital.

If you have any further questions, please do not hesitate to speak to the nursing or medical staff.

Useful sources of support

Your key worker

- Support you and your family at all stages during your illness
- Provide verbal and written information about your condition and treatment
- Co-ordinate your care
- Provide health education

Your key worker will work closely with the clinical nurse specialist at your local hospital to ensure things go as smoothly as possible and provide better accessibility into the hospital as he or she can be contacted easily for help and advice.

Please contact the key worker if you wish to discuss any aspects of your treatment

Clinical nurse specialist contact details

**Clinical nurse specialist
renal surgery:**

07935 450 617

Email:

rffh.renalcancernursing@nhs.net

Tel: 020 7317 7779