



**SPECIALIST
RENAL
MULTIDISCIPLINARY
TEAM (SMDT)**

The specialist centre for kidney cancer at the Royal Free is an expert centre which leads and coordinates the care of people with kidney cancer. Patients with a non-cancerous tumour will also be seen in the centre.

We recognise that the time after a cancer or tumour diagnosis will be a worrying one for you and your family. We hope this brochure will help you understand the treatment plan that you will follow after your diagnosis, as well as introduce the type of healthcare professionals you will meet along the way.

The specialist centre has been created to lead and coordinate the care of people with kidney cancer across north central London and north east London.

People with kidney cancer will benefit from:

- the dedicated and highly specialised services available at the Royal Free
- a coordinated pathway from diagnosis through to treatment and aftercare
- Support from a dedicated clinical nurse specialists who will be with you throughout the patient journey.

We have a website that contains more detailed information about the centre and treatments that are available: www.royalfree.nhs.uk/urology/kidneycancerservice

Specialist multidisciplinary team (SMDT)

At the Royal Free you will be looked after by a specialist multidisciplinary team (SMDT). The SMDT consists of doctors, nurses, and coordinators who all have specialist training and experience in diagnosing, treating and supporting patients with kidney cancers



The team includes:

Urologist (a surgeon who specialises in kidney cancer)

Interventional radiologist (specialist doctor in non surgical treatment)

Clinical oncologist (specialist doctor in cancer treatments such as chemo)

Radiologist (a specialist doctor who works with x-rays and diagnostic scans)

Histocytopathologist (who looks at tissue samples and cells to diagnose cancer)

Clinical nurse specialist, your key worker (a registered nurse with specialist qualifications and skills)

Research nurses / research practitioners

Specialist nurse who looks after patients in clinical trials

MDT coordinator (responsible for ensuring patient names and details are provided for the team at the SMDT meeting by liaising with clinical and administrative teams across departments and referring hospitals)

Patient navigator (administrative staff who work to ensure appointments are scheduled appropriately and support patients in booking and providing information about appointments)

Specialist multidisciplinary team meeting

This is a weekly video conference meeting which links your local hospital and other hospital sites/specialists for discussion about your treatment. The meeting enables all team members to discuss every new patient with a renal cancer and where appropriate, agree staging (an indication of where the cancer is located) and plan further investigations and/or treatments. Existing patients requiring a change of treatment are also discussed at these meetings.

An SMDT recommendation is made for each new patient (or patients requiring a change of treatment), and the options for treatment will be discussed with you at the clinic.

The SMDT may recommend that further tests are necessary, in which case you will be contacted to explain the need for this.

Urological surgeons

| | |
|--------------|---------------------------|
| Mr Aitchison | Lead Consultant urologist |
| Mr Al-Akraa | Consultant urologist |
| Mr Mumtaz | Consultant Urologist |
| Mr Webster | Consultant Urologist |

Medical Oncologists

| | |
|------------------|------------------------------------|
| Professor Powles | Lead Consultant medical oncologist |
| Dr Boleti | Consultant medical oncologist |

Interventional Radiologists

| | |
|-----------------|-----------------------------|
| Dr Ramachandran | Lead Consultant radiologist |
| Dr Illing | Consultant radiologist |
| Dr Walkden | Consultant radiologist |
| Dr Goode | Consultant radiologist |

Histopathologists

| | |
|--------------|---------------------------------|
| Dr El-Sheikh | Consultant histocytopathologist |
| Dr Bates | Consultant histocytopathologist |

Your key worker

Clinical nurse specialist

Mr David Cullen

Mr Jonah Rusere

Ms Cid O'Suillivan

Lead nurse renal cancer

Clinical nurse specialist

Clinical nurse specialist macmillan

MDT coordinator

Ms Obihara

Patient Navigator

Ms Winston

If you have any queries or concerns please do not hesitate to contact the clinical nurse specialist, Your key worker or the patient navigator

Patient navigator contact details:

Clinical nurse specialist renal surgery:

020 7317 7779

Monday to Friday during office hours

Email:

rfh.renalcancernursing@nhs.net

NURSE SPECIALIST RENAL CANCER

Your Key Worker

HOW YOUR NURSE CAN HELP YOU

- **Supporting you and your family at all stages during your illness.**
- **Providing verbal and written information about your condition and treatment**
- **Improving co-ordination of your care**

This is where the nurse specialist as your key worker can help. Please contact her if you are unsure of appointment dates, follow-up etc. and she will liaise with other members of your team to ensure that things go as smoothly as possible. If you do not get in touch, the uro-oncology nurse will not know automatically that there are problems.

- **Provide better accessibility into the hospital as he can be contacted easily for help and advice.**
- **Teach the team and your family about your care and treatment**
- **Provide health education for people with urological cancer**

Once you have been fully informed of your diagnosis and treatment options (both surgical and non-surgical) you will be given your nurse specialist's business card for open access Monday to Friday 8.30am - 4.30pm. Please do not hesitate to contact her with any query big or small.

Phone calls may not always be returned on the same day. If your query is urgent, please call your GP or go to A&E.

The uro-oncology nurse will be appointed your KEY WORKER only with your approval.

Jonah Rusere / David Cullen

**Clinical Nurse Specialist (CNS).
Renal Cancer**

**T1 32, Royal Free London NHS
Foundation Trust**

Direct Line:

020 7317 7779 / 07775687823

Email:

rfh.renalcancernursing@nhs.net

Ms Cid O'Sullivan

**(Macmillan)
Clinical Nurse Specialist (CNS).**

**Royal Free London NHS
Foundation Trust**

Direct Line:

020 7794 0500 ext 31427

Useful sources of information and support

Additional information available

Kidney Cancer UK

Provides information and support for kidney cancer patients and their carers
www.kcuk.org 0844 870 7054

James Whale Fund for Kidney Cancer

Helps to increase knowledge and awareness of kidney cancer
www.jameswhalefund.org 0844 474 5050

Kidney Cancer Support Network

Helps patients' family and friends to join together for information and advice
www.kidneycancersupportnetwork.co.uk 0120 989 0326

Cancer Research UK

www.cancerhelp.org.uk 080 800 4040

Macmillan Cancer Support

Information on living with the practical, emotional and financial effects of cancer
www.macmillan.org.uk 080 880 8000

Marie Curie Cancer Care

www.mariecurie.org.uk 020 7235 3325

London Cancer

www.londoncancer.org

**If you would like a large print or audio version of this information,
please ask a member of staff.**