



THE ROYAL FREE ASSOCIATION

(Incorporating the Royal Free Old Students' Association
and Members of the School)



Newsletter 2016



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Keep in Contact!



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The Royal Free Association



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Please keep in touch, and let us know of any changes to contact details!

To get contact details for reunions, or to provide content for next years newsletter, please contact Tanya Shennan by emailing:

rfassociation@gmail.com

President's Report

It is a great pleasure and privilege to have been invited to be President of the Royal Free Association. Although not a graduate of the Royal Free, I have long-standing links to the Royal Free School of Medical as a Clinical Academic and to the Hospital, having been appointed first as Registrar to Professor Dame Sheila Sherlock in 1977. I remained at the Royal Free to complete my MD Thesis and after 2 years of research in the USA returned as a Lecturer and then Senior Lecturer on the Liver Unit. I count myself lucky to have worked at the Medical School and Hospital, both of which have reputations for being among the friendliest in the country. Medical students have always been a thoroughly inspiring and enthusiastic group – and our challenge as 'seniors' is to maintain their enthusiasm, morale and fulfilment in their work. I became Postgraduate Sub-Dean at the Royal Free Medical School in 1989 and did this because I believed in the need for support during the early stages of a medical career. It was a privilege to work with so many young doctors over the years.

This year has been challenging for all trainees with the negotiations with the Department of Health, and it is important that an agreement that provides the best and safest care for patients, and satisfies the doctors involved and the government, is achieved. Throughout this year the dispute has taken a toll on morale of the medical workforce. My mantra is that best care of patients depends upon the best care for the medical staff wherever they work.

Regarding your Association, the Annual Meeting last year was held on a Saturday (after a vote among Members), but because it has now seems generally accepted that Thursday is better, the Committee have reverted to a Thursday this year (17th November). The structure for the day will follow that in recent years with 'Ward Rounds/Clinical Updates' led by a

stimulating group of Trust staff in the morning, and the Peter Scheuer Symposium in the afternoon. We have invited several inspirational ex-students and staff to take part in the Symposium, and we look forward to a stimulating day.

We were delighted earlier this year to welcome Dr Alex Nesbit from the Royal Free, University College and Middlesex Students (RUMS) Committee and further meetings have developed links to the Association which we believe will be fruitful for both organisations. We hope that this will raise our profile among students and their interest in joining and participating in the Association. Bursaries continue to be available from the Association for students in need at UCL Medical School.

2017 will be a challenging year with hopefully resolution of the contractual issues and development of the plans for Britain leaving the EU. One cannot escape the fact that the NHS depends upon medical staff recruited from abroad – so the negotiations will be of pivotal interest for the Medical School with its research programmes and grants, and the NHS in providing medical care for patients.

My newsletter would be incomplete if I did not pay tribute to the tremendous work that the Executive Committee put in your behalf – in particular Wendy Kelsey, Peter Howden and Tanya Shennan, and also Philip Lodge who remains very active despite standing down as President.

So, thank you for all your support for the Royal Free Association. I look forward to welcoming you at the Autumn Annual Meeting.

JAMES DOOLEY
RFA PRESIDENT

Programme

Annual General Meeting to be held on Thursday 17th November 2016 in the Sir William Wells Atrium, Ground Floor, Royal Free Hospital

CPD Accreditation Applied For

**10.00
AM**

REGISTRATION AND COFFEE

Sir Williams Wells Atrium
Ground Floor, Royal Free Hospital

**10.30
AM**

CLINICAL UPDATES

- Respiratory Medicine: Endobronchial Ultrasound (EBUS) - Dr James Goldring
- Emergency Medicine – Dr Jonathan Costello
- Orthopaedics – Mr Nimalan Maruthainar
- Neurology – Dr Kryshani Fernando
- Complementary Medicine – Mr Keith Hunt
- Liver Disease - Dr James Dooley

Additional choices may be available on the day.

**11.45
AM**

ANNUAL GENERAL MEETING - Agenda

1. Apologies for Absence
2. Recording of Deaths
3. Minutes of the last Meeting held on Saturday 21st November 2015
4. Matters Arising
5. President's Report
6. Election of Officers for 2016-2017
7. Finance - Treasurer's Report
8. Any Other Business
9. Date of next Annual Meeting

**12.15
PM**

REPORTS FROM UCL RUMS

Speakers:

Raj Pradhan,
RUMS (UCL Medical students) President.

Paul Dilworth
Sub-Dean for the Royal Free Campus



LUNCH **12.45
PM**

THE PETER SCHEUER SYMPOSIUM **2.00
PM**

Chairman:
Dr James Dooley

Speakers:

Professor Lesley Regan

President of the Royal College of Obstetricians and Gynaecologists,
Head of Obstetrics and Gynaecology, Imperial College
title to be confirmed

Dr Alexandra Wu

Clinical Director, Service Transformation and QIPP and Consultant
Physician, Health Services for Elderly People
*"Royal Free London NHS Foundation Trust: Our Integrated Care Journey
the Past 5 Years and the Next 5 Years"*

Dr Mike Rossiter

Consultant in Sport & Exercise Medicine, Hampshire Hospitals and NHS
Foundation Trust
"Confessions Of A Sports Physician"

TEA **4.30
PM**

MARSDEN LECTURE **5.00
PM**

Professor Jason Leitch

National Clinical Director of Healthcare Quality and Strategy for NHS
Scotland
"Is Quality The Answer?"

INFORMAL DINNER **6.30
PM**

Zara (Local Turkish Cuisine)
11 South End Road, London NW3 2PT

FOR 7.00

Minutes Of The Annual General Meeting

Of the Royal Free Association held in the Sir William Wells Atrium
at the Royal Free Hospital, London NW3 2QG on Saturday, 21st November 2015

Present: Dr Philip Lodge in the Chair plus 52 Members of the Association, namely:

Lesley Ashworth (1961)	James Dooley (Member)	Neil McIntyre (Member)
Rosemarie Baillod (1961)	Ewa Dragowska (1960)	Carola Moran (1964)
Barbara Bannister (1972)	Ozgen Feizi (1964)	Renu Morris (1963)
Margaret Battersby (1958)	John Ferguson (1957)	Richard Nunn (1969)
John Beavan (1982)	Judith Fisher (1963)	Valerie O'Riordan (1961)
Elzbieta Biel (1961)	John Gibson (1956)	Margaret Prout (1964)
Audrey Boucher (1974)	Hilary Gordon-Wright (1974)	Waqar Qureshi (1983)
Doreen Brown (1959)	James Hardiman (1964)	Rosemary Radley-Smith (1963)
Richard Brueton (1971)	Jane Harpur (1969)	Anna Rakowicz (1962)
Ali Buchanan (1983)	Elizabeth Ann Harris (1962)	Avery Rezek (1959)
Eleanor Butler (1963)	David Henderson (1965)	Elizabeth Salter (1965)
Helen Clark (1964)	Rebecca Hobbs (1982)	Louise Scheuer (Member)
Colin Cooper (1959)	Rita Hornik (1959)	Tanya Shennan (Member)
Anna Cope (1956)	Ann Howard (1964)	Brenda Thompson (1961)
Barbara Croft (1956)	Peter Howden (1983)	Susan Tuck (Member)
Helen Crossley (1961)	Wendy Kelsey (1966)	Patricia Walmsley (1964)
Anita Davies (1959)	Susan Lucas (1963)	
Paul Davies (1973)	James Mason (1973)	

Philip Lodge welcomed everyone to the Meeting, and was sorry that this would be his last meeting as President.

1 Apologies for Absence

Apologies were received from 185 members as per the list on page 5.

2 Recording of Deaths

The Chairman regretted to report the deaths of 26 members; many of whom had made outstanding contributions to medicine and the care of patients. He read out the names:

BARRON, Prudence (née Halton) (1942), BERZON, Derek (1959), BIRTWISTLE, Margaret (1960), BRINKLEY, Diana M. (née Rawlence) (1945), BROOK-WILLIAMS, Penelope (Mrs Sturgess) (1964), CHALK, Philip (Member), CUMMINS, Eva L.P. (née Fisch) (1954), DALLEY, Vera M. (Mrs Lederman) (1945), HERRIN, Eleanor J. (née Burchardt) (1940), HOWELLS, Barbara (née Zamoyska) (1956), HOPEWELL, John (Member), HUGHES, P. Mary (Mrs Dutton) (1956), MEHTA Geeta A. (1952), MORGAN, Janet E. (née Fleming) (1954), OAKLEY, Celia M. (Mrs Pridie) (1954), OWEN, Ronald (Member), PAINTER, Patricia (1954), PASHBY, Nigel (1968), PHILLIPS, Brian L. D. (1954), PICKWORTH, Sheila M. (née Brodie) (1956), PINNOCK, Colin Andrew (1977), SIMPSON, Victoria M.A. (1997), WELCHER, Eileen M. (1947), WOOD, Ted C. (1985), WOODFORD, Margaret (née Taylor) (1960), YOUNG, J. Richard (1982)

There followed a short silence.

3 Minutes of the AGM 2015

The Minutes of the last Annual General Meeting had been circulated to all members via the Annual Newsletter and copies were made available to those present. There were no objections or questions and the Minutes were approved.

4 Matters Arising

Following a mailing in February to all Members, there had been an overwhelming majority vote to hold the Clinical Day/AGM and Triennial Dinner on a Saturday and this had subsequently been arranged. However, numbers for both the meeting and the dinner had not increased at all.

Philip asked members for a show of hands on whether the day should revert to the third Thursday of November, and this was agreed.

5 President's Report

Firstly, Wendy Kelsey apologised to the audience about the cold temperature in the Atrium – this was, unfortunately, out of the organisers' control. She also announced that some photographs may be taken during the day for use on Royal Free Association material and if anyone objected to this, to please voice their concerns. There were no objections.

Philip was pleased to announce that Dr James Dooley had agreed to stand as President after many years of devotion to the Royal Free School of Medicine, Royal Free Hospital and UCL. Philip would remain on the Executive Committee and would remain dedicated to preserving the history and ethos of the Royal Free School of Medicine.

Philip voiced some concern about the amount of money that the Association needed to spend on printing and posting the annual Newsletter to Members, particularly

as only one third of Members had provided their email addresses. He suggested that next year, only an electronic version would be available. Some discussion followed about different options, and it was agreed that only a limited number would be printed and sent out to only those Members who specifically requested it. An electronic copy would be sent out to all those who provided emails, and be available on the RFA website.

The discussions led on to the possibility of increasing the annual subscription, currently £15. There had been no increase for many years and there was now a need to generate funds as very few new subscriptions were being set up. Figures of £20 and £25 were suggested and it was finally agreed that the figure of £20 should be recommended as a voluntary subscription. Peter Howden would implement this.

6 Elections

Following the proposal of James Dooley as President, this was seconded and agreed. No new Members had been nominated, and there was a further plea from the Secretary, Wendy Kelsey, for a successor. Officers for the forthcoming year were agreed as:

Officers for 2015-2016

President: James Dooley
Vice-President: Richard Brueton
Secretary: Wendy Kelsey
Treasurer: Peter Howden

Executive Committee:

Philip Lodge
Rosemarie Baillod
Susan Tuck
Alison Buchanan
Bimbi Fernando
Devaki Nair
Tanya Shennan

7 Financial Report

Peter Howden had circulated the Accounts and confirmed that there was a total of £18,500 in the two accounts. Generous donations totalling £1,000 had been received. Only four new subscriptions had been set up in the last year.

After considering the financial pressures of the current students, it was agreed that it would be sensible to make a specific amount of money available for the Distress Fund. Due to the need to monitor other outgoings, such as Bursaries and expenses, the Executive Committee would be responsible for deciding on the appropriate level of funding to be made available.

Suggestions were made by Members about ways in which to increase income, such as registering as a charity (in order to generate gift aid) and asking for donations from alumni (via phone or mailings), voluntary contributions to be made by reunion groups and those over the age of 70.

8 Any Other Business

There was no other business.

9 Date of Next Meeting

The next Annual General Meeting would be Thursday 17th November, 2016.

Apologies For Absence

Rohini Abeyesundere (1962)
 Maureen Adams (1948)
 Ken Adamson (1967)
 Sara Ahmad (1982)
 Janice Allister (1971)
 Susanne Althausser (Member)
 Michael Atkins (1979)
 Jane Bailey (1972)
 Martin Bailey (1973)
 Tim Baker (1972)
 Jill Bartlett (1980)
 Margaret Bassendine (1971)
 May Bee (1964)
 Yvonne Beeching (1953)
 Deborah Beere (1981)
 Sam Berry (Member)
 Paul Bingham (1980)
 Doreen Birks (1949)
 Sheila Blatch (1958)
 Wendy Blundell (1980)
 Linda Booth (1979)
 Jo Boxer (1968)
 Valerie Bradburn (1961)
 Naomi Bronzite (1992)
 Kathleen Brooks (1961)
 Penelope Brook Williams (1964)
 Andrew Brown (1978)
 Sherwood Burge (1969)
 Nina Burroughs (2001)
 Jacqueline Carlson (1956)
 Shirley Castle (1961)
 Pamela Chesters (Member)
 Joanna Chevassut (1980)
 Pat Chipping (1973)
 Wendy Cline (1965)
 Anne Cockcroft (Member)
 Jenni Connaughton (1967)
 Gisu Cooper (1988)
 Robert Cooper (1987)
 Kate Davies (1965)
 Patrick Dawes (1982)
 Nandika Doble (1981)
 Dominic Dodd (Member)
 Teresa Devereux (1975)
 Brenda De Souza-Ekman (1963)
 Jennifer Edwards (1960)
 Anthony Ducks (1976)
 Mary Ellis (Member)
 Nest Evans (1985)
 Jill Everett (1959)
 Sam Everington (1984)
 Gavin Ewan (1973)
 Alastair Falconer (1981)
 Fleur Fisher (1960)
 Ian Fletcher (1971)
 Sally Found (1975)
 Sylvia Graham (1972)
 Alain Green (1975)
 Alison Goodall (Member)
 Angela Goodwin (1979)
 Sean Gower (1989)
 Bernard Graneek (1977)

Marion Green (1976)
 Rosemary Guy (1966)
 Sandra Hartman (1969)
 David Head (2001)
 Elizabeth Henderson (1953)
 Moira Henderson (1958)
 Janet High (1980)
 Pamela Hills (1964)
 Fred Hirst (1969)
 Humphrey Hodgson (Member)
 Judith Holbrook (1957)
 Dorothy Holdsworth (1961)
 David Horsman (1971)
 Jane Horsman (1971)
 Patricia Hornsby (1959)
 Susan Horsewood-Lee (1972)
 Janet Hosegood (1962)
 Tony Hudson (1965)
 Audrey Jago (1951)
 Derek Jewell (Member)
 Patricia Jones (1964)
 Roy Jones (1972)
 Shirley Jones (1959)
 Margaret Joynt (1963)
 Isobel King (1973)
 Pamela Kirk (1966)
 David Kluth (1989)
 Eva Korach (1974)
 Neil Lazaro (1992)
 Andrew Llewelyn (1980)
 Peggy Liddell (1945)
 Kathleen Lindsay (1957)
 June Lodge (1971)
 Richard Long (1972)
 Alejandro Madrigal (Member)
 David MacDonald Burns (Member)
 Angela Main (1956)
 Evleen Mann (1979)
 Charles Marrin (1971)
 Alex MacDonald (1989)
 Pauline Manfield (1954)
 Margaret Marshall (1975)
 Jane Mawer (1967)
 Helen McBeath (1973)
 Mary McCarthy (1964)
 Janet P McIntyre (1948)
 Waveney McIntyre (1994)
 Jean McKinnon (1961)
 Jim McLaughlin (Member)
 Asita Mehta (1979)
 Fred Meynen (1964)
 Guy Millman (1994)
 Sally Mitchison (1978)
 Margaret Muddiman (1973)
 Dowling Munro (1954)
 Margaret Murphy (1962)
 Ann Naylor (1961)
 Jill Odeku (1961)
 Ruth Odell (1947)
 Maureen Osborn (1955)
 Caroline Overton (1987)
 Avril Paintin (1955)

Barbara Pearce (1961)
 James Pearson (1971)
 Max Peterson (1969)
 Catherine Powell (1975)
 Kate Powell (1979)
 David Pryor (1999)
 Renuka Ranasinghe (1990)
 Mary Ransome (1944)
 Nicholas Reed (1976)
 Anne Rendell (1954)
 Jeremy Ridge (1980)
 Flora Rose (1948)
 Ian Ross (1968)
 Eleri Rowlands (1970)
 Guy Ruddy (1987)
 Davinder Sandhu (1980)
 Sonia Sassoon (1977)
 Dorothy Sell (1952)
 Marion Sephton (1979)
 Ann Seymour (1959)
 Colin Shieff (Member)
 Janet Shirley (1971)
 Janet Skublics (1970)
 Joanna Spence (1973)
 Hilda Stanger (1965)
 Dorothy Staples (1937)
 Patricia Steane (1962)
 Helen Streeter (1989)
 Dennis Stern (1960)
 Fiona Stewart (1985)
 William Tampion (Member)
 Elsbeth Tate (1961)
 Margaret Taylor (1961)
 Susan Taylor (1971)
 Michael Thomas (Member)
 Myfanwy Thomas (1968)
 Eileen Thompson (1954)
 Chris Thorogood (1975)
 Jean Tobin (1968)
 Anne Townsend (1960)
 Catherine Townsend (1959)
 Nigel Towson (1972)
 Judith Treadwell (1959)
 Joan Trowell (1964)
 Alison Uriel (1987)
 Shahenaz Walji (1977)
 Robert Walker (1989)
 Margaret Walsh (1956)
 Jane Watson (1983)
 Roger Webber (1976)
 Helen Wehner (1983)
 Christine Willcox (1964)
 Lisa Wilksinson (1965)
 Adrian Williams (1975)
 Susanne Williams (1950)
 Michael Wilschanski (1985)
 Jennifer Woods (1973)
 Glenda Young (1961)
 Michael Young (1961)
 Catherine Youell (1980)
 Arie Zuckerman (1957)

Financial Report

These accounts have kindly been prepared by Karen Hamilton, Head of Management Accounting, Royal Free Hospital.

	£	£
INCOME		
Subscriptions	8,485.00	
Other Income	8,065.00	
Bank Interest	7.53	
		16,557.53
	£	£
EXPENDITURE		
Medical School	4,500.00	
Printing & Stationery	7,932.00	
Publications	0.00	
Postage	31.03	
Hospitality	8,198.98	
		20,662.01
Profit/Loss for period		(4,104.48)
Brought forward funds		18,018.10
Carry forward funds		13,913.62

I certify that the above statement is a true and fair account of the finances of the Royal Free Association 31st March 2016.

Miss K Hamilton FCCA

Sign: 

Date: 14th May 2016

Treasurer's Report

This year, I have liaised with UCL to reintroduce our Student Elective Bursaries. We have donated £3,500 in total, split between four final year medical students. I will be attending the Elective Bursary Committee meeting in October in order that the RFA has an input into the allocation of the grants. Our Student Distress Fund has barely been used over the past few years as it appears students are unaware that it exists! Through better liaison with UCL we will make sure that this is advertised more widely in future. The Executive Committee agreed that six bursaries of £500 should be available to students each year. Students can apply to Alison Crook in the Medical School Administration office, and the MBBS student Dean will then assess each applicant, passing their recommendations to me for approval and payment.

I have included a donation form with this year's Newsletter. Please send cheques to me at my home address. All donations received will go towards our Elective Bursaries and Student Distress Fund.

Reducing our outgoings this year by limiting newsletter postings to those who replied to our July mailing stating that they did not have their own email addresses and did not have access to a computer, will help keep our finances fairly stable.

I would like to encourage those who do not pay a subscription currently, to please set one up using the attached form. At last year's AGM it was agreed, following a vote, to increase the subscription to £20 per annum. Please can I encourage you to increase your standing orders accordingly. Our thanks go, once again, to Karen Hamilton for auditing the accounts this year.

Peter Howden
 Treasurer
 Email: Peter.Howden1@gmail.com

Notices

Resignation from Committee

Unfortunately for the Association, Ali Buchanan resigned from the Executive Committee in December 2015.

Her commitment to caring for family and her increasing support of a Kwazulu-based charity will remain her main focus for the foreseeable future. We would like to thank Ali for all her contributions to the Association. Her energy and enthusiastic support is greatly missed.

ROYAL FREE CUFFLINKS

Our very popular Royal Free cufflinks are still available for purchase. Price: £15 per pair (incl.P&P).

To order, please contact Wendy Kelsey at:

wakmc@btinternet.com

Or write to:

7 Butterworth Gardens,
Woodford Green,
Essex IG8 0BJ

The cufflinks will also be on sale at the Clinical Day in November.



AGM 2015

Philip Lodge handed over the Presidency to James Dooley, after being in the post for 5 years. The RFA has thoroughly enjoyed having Philip at the helm and we thank him for his leadership, insight and hard work.

We warmly welcome James Dooley aboard, who is already being put to work!

Of course, our thanks go to all of you who attend the meetings and support the RFA from far and wide!



Triennial Dinner



On Saturday 21st November, 2015, the Royal Free Association held their Triennial Dinner at the Royal College of Surgeons in Lincoln's Inn Fields. Around 30 guests attended from many qualifying years, stretching from the 1950s to the 1990s, and two who had travelled from Australia to be with us. The location, food, wine and service were excellent and I would certainly enjoy a return visit to this venue for future dinners.

The evening was accompanied by piano music played by [Seb Skelly](#), and during courses we were treated to James Dooley's vocal renditions of *Singing in the Rain* and *Cheek to Cheek*, and some wonderful footwork together with Wendy Kelsey!

A little premature, perhaps, but the Committee have been thinking about a possible venue for the Triennial Dinner in 2018, and will explore the possibility of Burgh House in leafy Hampstead.

Thank you to all who attended and made the evening a thoroughly enjoyable one! Some photos give a flavour of the evening.

Peter Howden
Organiser

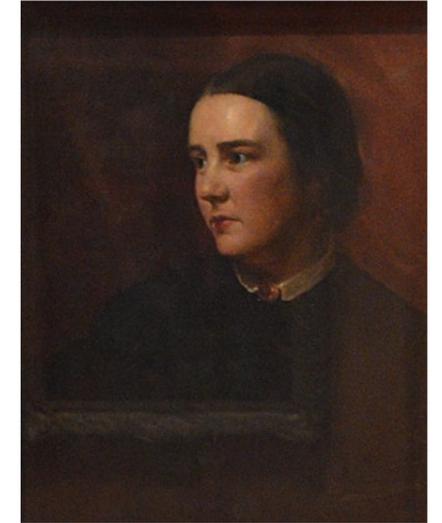


The Deans' Portraits

Many will remember seeing portraits of the Deans of the Medical School, both at Hunter Street and in Hampstead. We thought you might appreciate a few explanatory notes to bring back these memories. This historical time-line of the Royal Free Hospital School of Medicine is now preserved within the Elizabeth Garrett Anderson Committee Room on the Hampstead Campus. These portraits date from 1874 to 1998 and are recorded here with a brief history of each of the Deans, kindly researched and provided by Neil McIntyre.



SOPHIA JEX-BLAKE (1840-1912) led the struggle to open the British profession of medicine to women. She persuaded Edinburgh University to admit some in 1869 but it would not let them qualify so in 1874 Jex-Blake made a major breakthrough by founding the London School of Medicine for Women which became associated with the Royal Free Hospital in 1877.



This unflattering portrait is of **ELIZABETH GARRETT ANDERSON** who, in 1865, was the first woman to qualify as a doctor in Britain. Her strained relationship with Jex-Blake meant she had little to do with the founding of the London School of Medicine for Women (LSMW), but after the latter left to start a separate medical school for women in Edinburgh in 1878 Garrett Anderson's influence at LSMW increased. When Arthur Norton, its first dean, retired in 1883 Garrett Anderson was, despite Jex-Blake's opposition, elected to replace him.



DAME LOUISA BRANDRETH ALDRICH-BLAKE was born in Chingford in 1865. She graduated MB Lond in 1892, quickly acquired other degrees and in 1895 became the University's first female Master of Surgery. Operating mainly at the Elizabeth Garrett Anderson Hospital she was during WW1 appointed consulting surgeon to RFH where she had been the first female anaesthetist and surgical registrar. In the war she coped with an increasing demand for places for women medical students. Several schools admitted them and St Mary's took many RFH women for clinical training for a few years. In the 1925 New Year's honours list she was the second woman doctor appointed DBE.



The Deans' Portraits



LADY BARRETT was arguably LSMW's most colourful dean; her tenure (1925-31) was certainly the shortest. In 1891 she was Bristol's first female medical student but, having married a fellow student in 1896, she moved to London and qualified at LSMW. She became a gynaecologist at RFH. In 1916, having divorced her first husband she married Sir William Fletcher Barrett, a professor of physics in Dublin who, like many famous people, had an interest in the occult that his wife shared.



ELIZABETH BOLTON (1878-1961) graduated MBBS at LSMW in 1904 and became a surgeon at the Elizabeth Garrett Anderson Hospital. Dean from 1931 she served throughout WW1 which greatly disrupted the school. In September 1939 the pre-clinicals were evacuated to Aberdeen and St Andrews for some months. A year later they went to Exeter for three years. Clinical students served at a variety of hospitals in and around London, including RFH. In February 1945 Bolton was injured when a V1 damaged LSMW. The first dean to be paid by the school, she retired later that year.

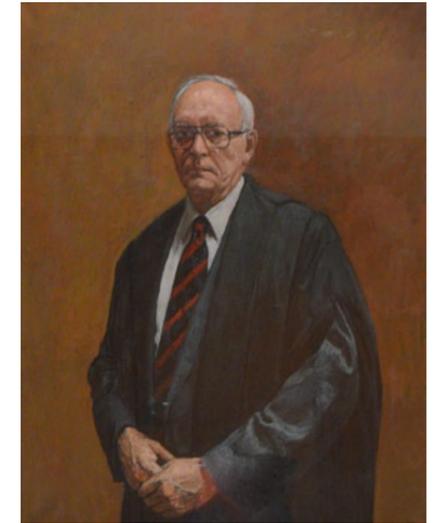


KATHERINE (KITTIE) LLOYD-WILLIAMS was born in the Welsh village of Nantcwnlle in 1896. A physiotherapist before she began medical studies she was an outstanding sportswoman. She graduated MBBS in 1926 and MD in 1929. Her special interest was in obstetric anaesthesia. She became dean in 1945 and, almost immediately had to plan for the admission of men to LSMW, for the introduction of the NHS, and for the re-siting of the School and hospital. She played a crucial role in the choice of Hampstead. Her success in these endeavours led to her wider recognition and she was the first woman dean of the University's faculty of medicine. Awarded a DBE in 1956, she retired in 1961.

Dame **FRANCES GARDNER** was born in 1913, as the daughter of the Conservative MP for Wokingham. After graduating with a B.Sc. in chemistry from Westfield College, Hampstead she entered LSMW and qualified MBBS in 1940, and MD and MRCP in 1943. On return from a travelling fellowship at the Massachusetts General Hospital she introduced the technique of angiocardiology to Britain. Elected Dean in 1961 she was heavily involved in planning the new medical school and in dealing with the Todd Report advocating merger with UCL. She was awarded a DBE in June 1975 and retired in September.



BRUCE MACGILLIVRAY (1927-2010) was born in South Africa where he began his medical studies. Because of his opposition to apartheid he finished them in Manchester in 1955. He became a clinical neurophysiologist and joined RFH in 1964. Becoming dean in 1975 he had the great pleasure of seeing the RFHSM and RFH united on the same site for the first time. Bruce was popular with the students and nurtured a convivial environment.



Owing to the merger with UCL, Professor **ARIE ZUCKERMAN** was the last dean of RFHSM (1989 to 1998). When he graduated at the 'Free' in April 1957 he won the University of London's gold medal. He is a distinguished microbiologist with a particular interest in viruses causing hepatitis. As Dean, he secured the name of the Royal Free at the Hampstead Campus of the combined medical schools, where it continues to be a thriving centre of clinical science and teaching.



Members' Contributions

Anne Barlow Ramsay, 1948 Graduate

I graduated from the LSMW in 1948. After two years in various house jobs, and earning a D.C.H., I received a Fellowship from the Rotarians and went to Canada for a year. While there I met and married an American physician. We moved through various residencies in Public Health, including Yale, where I earned an M.P.H., then to Detroit, where I did a residency in diseases of the chest. Then on to Chicago with two children. While the children were small, I took various part-time jobs and worked to get a license to practice. Having difficulty with Illinois I took a full time job as a Medical Writer in a pharmaceutical company which did not require a license, ostensibly while I boned up to take the licensure exam, which included all the basic sciences.

I eventually got my license, but never left the pharmaceutical company where I really enjoyed working for twenty-two years. I learned about advertising and marketing, manufacturing, research planning and contracting and many other management skills. I clawed my way up the corporate ladder until 1983, when they rather begrudgingly promoted me to be a Divisional Vice-President, Medical Affairs. That was a first female V-P of any kind for that firm. And, I also think, the first "line", as opposed to "service" (public affairs, personnel and the like) in the entire drug company field at that time.



In 1985 came a move to Philadelphia as my second husband (Glasgow Ph.D) had the opportunity to also become a Vice-president in another drug company. There I started my own consulting company, writing protocols, writing up studies and dispensing advice. On his retirement, we moved to Florida to a charming town we already knew from vacations. My husband came to work for me and we did quite well.

For many years horses had been my hobby and occasionally profitable enough to allow us to claim horse expenses. Now, I am having the time of my life. My daughter, Barbara, and I had been breeding with one or two foals a year. I bought a young and gifted stallion who went on to competition in dressage. He was doing famously for three years and then was injured and retired. We have semen stored and with the miracle of frozen semen and artificial insemination we bred and kept one as a stallion. He has more than promised to follow his father and, although only nine (young for the level) has just, in August 2016, competed for the first time at Grand Prix, the highest level of international dressage. So my daughter and I are very proud. His trainer is fantastic, and as we have been helping her with good horses over the years, is thrilled to bits. Neither my daughter or I would even consider riding a stallion but we both rode for many years. I quit riding when I got to be 80. However, at 91, I seem to likely to go a little while longer. I go to Tai Chi classes at the local "Y" as I have done three times a week for twenty years. I live in an assisted living facility and my daughter lives in the same town. I am looking toward a short river cruise in January and an ocean cruise, Rome to Athens, so I may be slower, but have not stopped yet! Oh, and we are also taking two trips north to see my stallion compete.

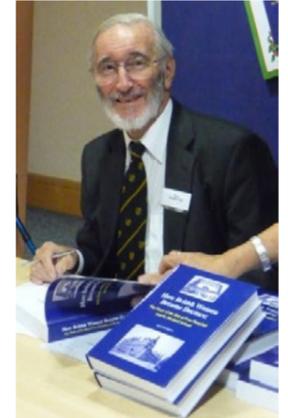
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by Neil McIntyre

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Please Note: Books will only be sent after payment is received. Signed copies of the book will be available to buy directly on the day of the Royal Free Association AGM and Clinical Meeting at the Royal Free on Thursday 17th November, 2016. Any profit made from the book will go to the Royal Free Library and the London Metropolitan Archives (which now hold the Royal Free Archives) to allow documents relating to the Free's history to be preserved, repaired and promoted.

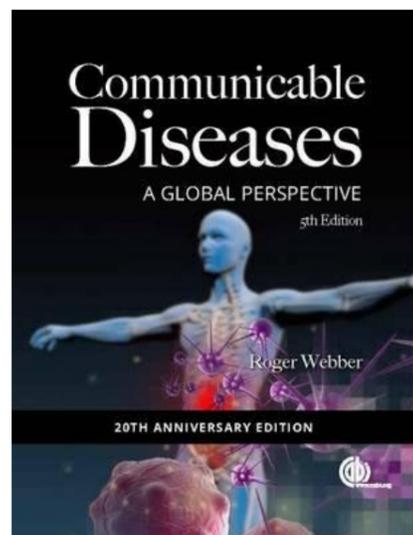
Members' Contributions

Roger Webber (1967 Graduate), formerly London School of Hygiene and Tropical Medicine, UK, is the author of Communicable Diseases and The Way Disease Changed The World. Roger is now looking for a co-author for the text book Communicable Diseases, with a view to them taking over in the long run. If you think this could be you, please contact Roger on:

r-webber@live.co.uk

Order forms for both books can be found at the end of the Newsletter, and members receive a 20% discount.

COMMUNICABLE DISEASES



Roger Webber, formerly London School of Hygiene and Tropical Medicine, UK

Completely updated and revised, and now published in its fifth edition with an integrated eBook, this prestigious and best-selling text has continued to provide an essential overview of the subject for over 20 years. A comprehensive yet synoptic account of diseases and their modes of transmission, the book covers epidemiology, control strategies, notifications and regulations, as well as an overview of the major diseases established, new and emerging.

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Communicable Diseases continues to provide an essential resource for all those in public health and medical science, and for healthcare workers needing a comprehensive yet concise practical text.

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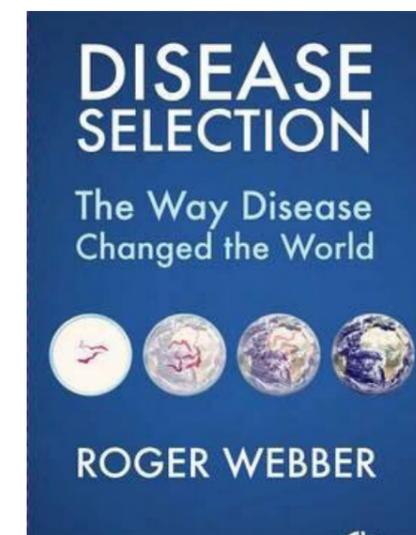
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| 2. Communicable Disease Theory | 13. Respiratory Diseases and Other Airborne-transmitted Infections |
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| 10. Diseases of Soil Contact | |
| 11. Diseases of Water Contact | |

DISEASE SELECTION

The Way Disease Changed the World

Roger Webber, formerly London School of Hygiene and Tropical Medicine, UK

Disease Selection: The way disease changed the world explores the host-pathogen relationship and the way communicable diseases have evolved often to stay one step ahead of interventions. From sexually transmitted disease through to ancient and modern great plagues, parasites, food, zoonoses, climate change and populations, this book explores the way disappeared and emergent diseases have shaped our world just as much as nature has. This book provides key information and is a valuable resource for students, practitioners and researchers working in global health and anyone interested in understanding of the basis of disease.



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Student Elective Reports

During 2015-2016, the Royal Free Association has provided the funds to help four students to go on a medical elective to experience some very different types of medical care in other parts of the world.

The Solomon Islands: Elective Report

BY DR ROSIE EDWARDS

Foundation Year 1 Doctor, Wirral
University Teaching Hospital
UCL medical student 2010-2016

Tiny islands in the middle of the Pacific, a former British colony, a major site of conflict during WWII and an excellent place to dive; my knowledge of the Solomon Islands on arrival was limited indeed. Yet, despite the heat, dust and jet lag which greeted us on landing, I soon fell in love with the country, its incredible natural beauty (on land and underwater), and, most importantly, its friendly people.



NATIONAL REFERRAL HOSPITAL: HONIARA

My placement was focused around the main hospital in Honiara, the capital city of the Solomon Islands. Located on the seafront the National Referral Hospital was initially built during WWII and known as MASH 9 hence its continued reference by the locals as 'number 9.' Whilst some development has occurred since then, I found the hospital much more basic than I had initially anticipated. Despite this the hospital still accommodated a wide variety of departments and specialties. During my time I rotated between these.

OBSTETRICS + GYNAECOLOGY

The first speciality I spent time within was obstetrics and gynaecology. On first impressions I was shocked – the ward was dark, overcrowded and the smell hit you like a wall. Yet as I was shown around by the nurse in charge she described an eagerness to learn and to embrace new changes and developments

that I admired. For example the approach to immediate skin-to-skin and bonding times for mum and baby was wonderful to see.

Whilst much of the medicine – the management and augmentation of the labour process – was similar to the UK; some things were drastically different. Most obvious was the almost entire lack of pain relief during labour – the Solomon islanders simply got on with things, and quietly at that. This made some experiences very difficult to watch as women seemed to be in obvious pain yet nothing was done. In addition to this, I found parts of the medical practice unsettling to my (perhaps westernised) view. Specifically was the need for a husband or father to consent for a female patient to undergo sterilisation – an incredibly common and important procedure in a country with such a fast growing population.

On the whole, however, my experience was a positive one. It has reminded me of my enjoyment of obstetrics and gynaecology as a speciality and gave me an excellent opportunity to practice some Pidgin English – the local language which turned out to be much more difficult to understand than I had initially thought.

PSYCHIATRY

One of my other passions in medicine is Psychiatry, after some weeks in Honiara I discovered that a mental health department existed and I was able to organise a week long placement with the team. The team (which covered the entirety of the Solomon Islands) consisted of a single psychiatrist, a large team of nurses and a visiting Australian clinical psychologist. Kept at the back of the hospital in a room with paint



peeling off the walls and crabs crawling across the floor, it was definitely not a well-funded service. Again though I was met by a friendly, engaged team, eager to learn and to help their patients in any way they could. During my time in the department I was able to watch consultations regarding diagnoses and management plans, attend home visits and, even, a forensic assessment at the local prison.

It was a thoroughly enjoyable and fascinating experience. To see psychiatry not only in a different healthcare system but also within the confines of a different culture was intriguing. Although many problems encountered were similar to the UK – the difficulty of follow up and the struggles of convincing patients to accept diagnoses and management plans – others were entirely unexpected. The impact of stigma was profound. Not only visible in our quiet dilapidated environment but also in the department itself – one nurse was shocked that a patient with schizophrenia could ever possibly hold down a job, let alone a well-respected one. On the other hand the strength of family support in the Solomon Islands was very impressive compared to the UK and lovely to witness.

GIZO HOSPITAL: GHIZO

In addition to my time in Honiara, I was also able to travel out to Western Province and the much smaller Ghizo Island. A cacophony of contradictions, Gizo Hospital was much more modern than NRH in Honiara. Its pristine exterior was a warm welcome after our thirty three hour boat road to the province. Yet we soon discovered that whilst the hospital looked like it belonged in the UK, its 70 beds and A+E department were managed by a mere four doctors.

Despite this, Gizo Hospital seemed to manage well enough. A rota meant that certain days focused on surgery whilst others were set aside for medicine and clinics. On our first day it was time for surgery. Compared to Honiara the theatres were much more



spacious, modern and well equipped. Without an anaesthetist though, this does not mean much! All procedures were done under local anaesthetic and anything more complex needed an emergency transfer to Honiara. The impact of this on medical management was difficult to comprehend; a sort of 'make-do-and-mend' approach had to be adopted. Even after our acclimatisation to Honiara this was a shock and led to some upsetting clinical encounters.



Again though, the majority of my experience was a positive one. In addition to my time on the wards and in theatre I was also able to spend time in A+E. In the department I was able to take histories (my rusty medical Pigin just about did the trick!), examine patients and come up with management plans. Whilst it took some time to adjust to what investigations and management you would want to perform compared to what was actually available, it was a really enjoyable clinical experience.

SOLOMON ISLAND EXPERIENCE

During my six weeks in the Solomon Islands I also had opportunities to explore the beautiful environment in which I found myself. From learning to scuba dive and snorkelling with wild dolphins to trekking up waterfalls and volcanoes, it was an unforgettable experience. However beyond these thrilling activities I also found myself making friendships, with other medical students, other volunteers and, of course, the Solomon islanders themselves, which I will treasure forever. I am incredibly grateful to have been able to undertake this elective which was so much more than I ever anticipated it would be.

Student Elective Reports



Queen Elizabeth Hospital, Barbados: Elective Report

BY ASHOK CHHABRA

I undertook an elective at Queen Elizabeth Hospital in Bridgetown, Barbados. Having settled down for a day in recommended accommodation with another English medical student, some holiday makers and travellers, I began my elective in ophthalmology. On the first days, I examined many patients with a variety of different disease processes. I was in a firm with some other medical students and rotated around clinics and operating theatres. I was able to assist in a variety of different operations including cataract surgery, lens dislocation operations and even retinal operations.



During clinics, I examined and clerked patients whilst being taught about the diseases I saw. In Barbados, I saw a lot of symptomatic diabetes. I also saw some rarer tropical diseases that in the UK I would not be able to see. I attended teaching seminars and learnt a lot about ophthalmic conditions. I found that there was a lot to learn about during this part of placement. I saw illnesses I had encountered before,

although they were at a much more severe level. There is less of an engagement in healthcare in Barbados and this means that common diseases such as diabetes progress to a high level of severity before they are treated. I found myself seeing diabetic patients who are blind or amputees because lack of access to healthcare.

During the placement, I had the opportunity to attend A&E for portions of the day. During this, I was able to clerk in and advise management for many different patients. I was able to learn and also practice a lot of practical procedures. I got a lot of hands on experience. There was support if I needed it but most of the time I was trusted to suggest a management plan and proceed in sorting it. It was an invaluable experience that I feel really prepared me for being a junior doctor. During shifts, I would clerk in patients (take histories and examine), suggest management plans and proceed to implement them.

My placement was not all work. During the placement, I was able to travel around the island to see some of the sights – including underground cave networks, surfing and snorkelling. I sampled local delicacies and tried to experience the local culture as much as possible.



My Time in Borneo: Elective Report

BY ELEANOR BEAGLEY

My medical elective took me to Sarawak General Hospital in Kuching, Malaysian Borneo. I spent 6 weeks experiencing healthcare in this large city hospital which I found to be vastly different to hospitals in London. I was placed in general medicine and was exposed for the first time to many illnesses which are relatively common in Malaysia – from Dengue fever to the more unusual Melioidosis. It was fascinating to see how different the approach to healthcare is there. A paternalistic model still exists there with patients given very little autonomy. Ward rounds involve at least 15-20 doctors, nurses and medical students at the bedside and there is very little privacy for patients.

I have a special interest in Psychiatry and was lucky enough to be able to spend some time with the outreach team there. A team of 3 psychiatry doctors cover an area spanning dozens of miles. I was able to go on several trips into rural areas for home visits where we would see 15 patients in one day. I was intrigued by how the families and communities had responded to the patients. Most had severe schizophrenia, but all were living and being looked after by large families and were well integrated into their communities. Despite the huge stigma and under funding for psychiatric services in Borneo, I was surprised to see that the patients were - in some ways - better treated by their communities than I have witnessed in the UK.

I have been able to take what I experienced in Borneo into my new job in the UK. In particular, I now appreciate more than ever the importance of involving patients in their care and respecting their different backgrounds and wishes.

There was also of course time to experience life outside of the hospital in Borneo – the vibrant culture, trekking, temples and orangutans were all unforgettable. My experience was made possible by the Royal Free Association funding so I am extremely grateful!



Student Elective Reports



The Solomon Islands: Elective Report BY RHEANAN BUCKLE

In May and April of this year, with the help of a Royal Free Association elective grant, I was able to travel to the Solomon Islands for my elective. The Solomon Islands is a developing country situated in the South Pacific; made up of over 900 islands, it therefore experiences great difficulty in delivering appropriate healthcare to all of its 560,000 strong population.

In my six weeks in the National Referral Hospital in Honiara, I spent time in the Obstetric Department helping women give birth and providing aftercare before they were sent home. The conditions were dirty, crowded and resource poor. Women piled into a single room during labour, until the precise moment they were to give birth, before being whisked onto metal chairs and unceremoniously gawked at by 10 nurses as they brought their seventh child into the world.

A culture still reigns where men are superior to women here, and husbands must be consented for a wife to undergo tubal ligation. Abortion is illegal, and counselling for those who attempt abortion involves being told that they will go to hell.



I found the environment very difficult to comprehend, and initially struggled to integrate into a team who practiced such paternalistic medicine. But I soon realised that I could make a difference, however small, to the women of Honiara - some hand-holding and encouragement during labour, persuading a woman she does not have to let her husband impregnate her for the tenth time, comforting those whose children had died in the womb. And in a more practical sense, I bought equipment to leave in Honiara to help the doctor's practice the best medicine they can.

My time in Solomon Islands was brief, but it made me realise quite how lucky we are in England to have the NHS, and how much work needs to be done around the world to ensure such equal access healthcare for all. I am not finished in the Solomon Islands, because their fight is just beginning.

Thank you to all at the Royal Free Association for enabling me to have such a wonderful experience.



RUMS

RUMS Alumni Association



It gives me great pleasure to tell you about the RUMS Alumni Association, which was set up in 2012 to provide an Alumni network for graduates from Royal Free, UCL and Middlesex Medical Schools. As since the merger of the medical schools there has been no organisation for graduates to join.

Our main purpose is to develop and maintain alumni relationships, through networking events, reunions and newsletters. We run an Annual Dinner black tie dinner, which this year is taking place on 19th November at UCL, and host a summer drinks reception. We produce a newsletter which is distributed by email throughout the year, and act as a conduit for distributing news from the medical school, including the RUMS Review a recently set up magazine which we sponsor.

Along with serving the Alumni community we aim to help current students. Last year we launched an annual award for pre-clinical students demonstrating commitment or excellence in extra-curricular activities. We sponsor the Finalist Ball and a finalist revision course. We have also helped out with the medical school "specialties day" which takes place at the Royal Free recruiting Alumni to talk about their specialty as well as hosting drinks at the Garden Gate Pub afterwards for interested students who want to find out more.

We are still a small organisation with the majority of our nearly 500 members recruited in the year they graduate. As the RUMS Alumni Association grows we plan to offer more help to students by contributing to hardship grants. Our yearly subscription is £15.00; however, we are offering all members of the RFA to become members for free. Members will receive copies of the RUMS Alumni Association newsletter, RUMS Review and invitations to RUMS Alumni Association events; you can sign up by sending an email to Briony Mcardle at b.mcardle@ucl.ac.uk

Please visit our website for full details:

www.ucl.ac.uk/medicalschoo/alumni

Miles Bogle
RUMS Alumni Association President

Reunion Notices

1955 Reunion

OCTOBER 2017

1995 Graduates met last autumn and enjoyed a very good Reunion; few in numbers, but we all enjoyed each other's company so much that we agreed to meet again ... and not leave it too long!!

So a preliminary thought is to arrange the next reunion for 27th or 28th October, 2017, at The Royal Society of Medicine (as before) for a simple lunch.

Please email me if you are interested and able to come along,
With very best wishes, Barbara Tonge (née Marston)

barbara.l.tonge@gmail.com

1967 Reunion

6TH-7TH OCTOBER, 2017

Dear Class of '67 (or at least quite a lot of you)

Do you remember Friday 6th October 1967 – the day when we first gathered together in Hunter Street to begin our various medical journeys? Next year, of course, will be 50 years on from that momentous day and we hope you will want to join us all for a celebration on the same weekend: Friday 6th and Saturday 7th October, 2017.

We are currently planning for the main centre-piece to be a lunch on Saturday 7th October, 2017 at the Celtic Manor Resort, near Newport in South Wales. Some may wish to gather informally on the Friday and/or stay on through to the Sunday. We will reserve some rooms at the hotel itself, but there are other establishments nearby and it is very accessible from the motorway network (just off the M4) if you only want to come for the Saturday.

Please therefore hold that weekend NOW in anticipation of further details arriving in due course, and we very, very much hope we will see you in October 2017

Margaret & Robin Graham-Brown, Geoff Scott, Jane & Martin Bailey, Gail Morris-Williams

Please respond to Margaret Graham-Brown at:
Home Phone: 01509 880558
Email: queenmtr6@btinternet.com

1966 Reunion

Calling all 1966 Graduates! Can you believe it is 50 years since we graduated?

I was hoping that, rather than hold a separate reunion, those interested in meeting up with their old classmates could combine this with the Annual Clinical Meeting of the Royal Free Association on **Thursday 17th November 2016**, at the Royal Free. We could have our own table at the informal dinner after the meeting.

If you would like to be part of this, please contact me, Wendy Kelsey, at

wakmc@btinternet.com

1971 Reunion

Ian Fletcher is organising a reunion on **5th October 2016** for 1971 Graduates at The Abbey Hotel, 1 North Parade, Bath BA1 1LF (Tel: 01225 461603). Reception and meal starting at 7pm.

For details please contact me (Ian) at: ianfletcher2@googlemail.com

1981-1983 Reunion

22ND – 24TH SEPTEMBER 2017

Following a wonderful reunion weekend at Bailbrook House Hotel on 11th September, 2015 (thank you Beccy Hobbs), Royal Free grads of 1981, 82 and 1983 are looking forward to a reunion 22nd to 24th September, 2017.

This time we are meeting far away from our mothership. The venue is the Shangri-la Hotel in Kota Kinabalu which is in beautiful Borneo! Kota Kinabalu is the capital of Sabah state in Malaysia and will be held in a lovely hotel on a sandy beach with sunny weather.

The packaged arrangements include a cocktail welcome reception with a cultural dance to kick off on the 22nd with free flow juices, soft drinks and canapés for 2 hours, after which people can break up into groups and continue elsewhere. A bar is available for the sale of alcoholic drinks.

The next day is free for island hopping or other local exploring, but be sure to get back in time, as the barbeque buffet dinner will be on that night. It is the highlight of the event and we hope to have a lot of fun. From previous experience, Sunday breakfast, in the hotel dining area, is a great event too.

We would love to have those from the year above and below come along too and anyone else from any other year is welcome as well. There are lots of active, nature and relaxing beach things to do around Sabah and nearby Sarawak to make the journey worthwhile. Climb a mountain, visit orang utan or proboscis monkey sanctuaries, scuba dive or just chill out. If you are flying through Kuala Lumpur there are things to do there as well, eg more urban recreations like museums and restaurants, as well as the unique city sights. We really hope to see lots of Free friends and have fun catching up, real time!!

All enquiries to Sara Ahmad at
pixthefree@gmail.com

1991-1992 Reunion (entry year 1986)

25TH ANNIVERSARY OF GRADUATING FROM THE BEST MEDICAL SCHOOL EVER!

Saturday 19th November, 2016

NORTON PARK HOTEL, WINCHESTER

For accommodation Tel: 0113 2052895 Quote "Royal Free Medical Reunion"

Dress code: Yes, please wear something! Wear smart, casual, black tie, whatever, just make sure you come to this! Partners/Guests Welcome.



For any queries, please contact:

Paul Cook (Lurch): paul.cook@uhs.nhs.uk 07917 124482
Robin Gupta (Gutty) : robingupta@doctors.org.uk 07779 026883
Faeqa: Faeqa.hami@buckshealthcare.nhs.uk 07944 687794

Reunion Write-Ups

1958 Graduates

Mini Reunion in Cambridge on 21st September, 2015 at the Oak Bistro, Cambridge.

Paddy Anderson (Blackwell) and Marie Freeman (Croxon), with Ruth Tucker and Pat Last all got together in Cambridge. "Not a bad looking bunch for 80s plus"!!



1964 Graduates

2014 IN BATH - "WHO DISSECTS TOGETHER, STICKS TOGETHER"

Some years ago an invitation to my school reunion was sent to my mother's address and on the envelope, in her neat handwriting, was written 'opened in error'. I prepared to bin it, saying "I am the one that remained single and they are asking for photos". "Nonsense" said my mother, "Go. The last thing they want to talk about is their children. They want old school photos.". I am so grateful for her advice as since then I have attended reunions not only of my school, but my medical school, and found them deeply satisfying and enjoyable experiences. There is no need for the "take a deep breath, shoulders back" routine when entering the venue. The din that greets you is so reminiscent of the classroom or anatomy room before the teacher arrives. With the aid of name badges (adding a nee would be helpful!), I am immediately included.

We celebrated the 50th reunion of my medical school in 2014. This event was organised by a Bath resident, a little woman with a huge personality who

came into our year having been a well-qualified nurse. Her organization had the precision that she must have used to make the envelope corners of her hospital beds.

Thanks to the computer skills of a retired professor of child pathology, who only went off the radar when escaping the Edinburgh winter in Luxor, we came from Canada, San Diego, New York and U.K to sample the delights of Bath.

I should explain that the year of 1964 was mainly women with only a sprinkling of men. These veterans are not overwhelmed and the group welcomed one with his ex and present wife! Undeterred, he said "What happened to that voluptuous girl we went camping with in that open Jeep in the Lake District?". "No idea" said the quiet, retired GP with his wife and partner sitting opposite.

I totally agree with Jane Austin (1), and to put it less politely, Bath is a rip off, especially for the motorist. I couldn't even pick up or drop off the more sensible ones who had come by train. Park and ride is the best option, but my first duty was to pick up some who had ventured to the refurbished American

museum. Unlike Jane Austin's heroine plain Catherine, I was acquainted with everyone sitting on the terrace sipping tea. We admired the quilts and the hothouse colours of the Kaffe Fassett knits.

We toured the Roman baths with the Victorian statues of the Caesars and our delicious reunion dinner had been arranged in the Pump Room after a glass of Pimms.

The following day, in perfect weather, we set off in a bus for Highgrove. It was marvellous to note on our way the horses grazing in the fields with one of us who, after a near fatal riding accident in B.C., was with us. Our thanks go to her courage, a halo, intensive care and a supportive husband.

After our bus was searched and our tickets and identification checked at a rear entrance to Highgrove, we were divided into two groups. No straying was tolerated. We admired the weedkiller-free meadows, thyme walk and the stumpee garden. HRH should equip his otherwise excellent guides with planting notes, to deal with the questions from the more knowledgeable amongst us. The house is small, but covered with wisteria and roses and the view from any room is drawn to the distance. Lunch and shopping followed with all proceeds going to the Prince's Trust. Then off to Bath for walking and bus tours.

One of the prize winners in our year married Richard Clark of the Quaker shoemakers who invited us to Street on another beautiful May day. Those of us

who went by bus could enjoy the countryside at its best without driving along the unbelievably winding A road. The firm's archives are kept in a manor house where we were revived with tea, coffee and their own apple juice. We were then escorted through the shopping area to the Clark shoe museum. Not only do they display their own shoes, but the history of shoe making up to and including the shoes of our childhood with the X-ray machine. The highlight for me was a visit to the Boardroom, simply furnished with the Clark family portraits on the walls. I was particularly impressed by Alice Clark who became a director and a suffragette, as did other Clark women, but Alice built a swimming pool for the women. The men could strip off and swim in the river after work, but Alice's pool, now heated was still being enjoyed. Our tour ended with an excellent lunch and then sadly we had to leave this unique example of a family firm. I was dropped off at the Park and Ride with no time for farewells.

There was a suggestion that, as we had enjoyed ourselves so much, this should be our last reunion. We could manage with Skype, but lets not "go gentle into that good night" (2).

References: 1. Northanger Abbey Jane Austin. 2. Dylan Thomas

ELIZABETH BRADSHAW (1964)



Reunion Write-Ups

1979 Graduates

In 2009 the 1979 graduates met for our 30th reunion in London. At that reunion there were five of us who now live in the Antipodes. After a fairly bibulous evening (what else could it be?), we threw down a genial challenge to our more conservative colleagues to stage the 35th reunion in New Zealand. After all, they would probably be retired, have large pension lump sums to spend, time on their hands and, well, why not!

Initially, the suggestion was greeted not too enthusiastically, but over the years folk warmed to the idea and, although deferred by a year - so becoming our 36th reunion - it all happened here in Christchurch in November 2015. There were twenty nine of us, with spouses/partners making the number up to fifty.

The reunion party was spread over a weekend.

On Friday a number of us went to the Canterbury Agricultural Show, pure Kiwi with log chopping and sheep shearing et al. On the Friday night there was a 'meet and greet' in a Christchurch hostelry followed by dinner at various places around the city.

On Saturday we walked in the beautiful Botanic Gardens and met in the evening for a more formal - well, as formal as New Zealand ever gets - dinner at the George Hotel.

The dining room was decorated in black and gold and on one wall was projected a large picture of the Rugby World Cup winning All Blacks who had just triumphed in England. Some guests complained it made them feel unwell, especially given England's abject performance!



Our guest speaker was Mr Phil Bagshaw, a general surgeon, who with his wife, Sue, graduated from the Free in 1973.

Phil talked about the Free including having to ask Dame Frances Gardner's permission to marry Sue. He also told us about the Canterbury Charity Hospital which he founded after savage cuts to the NZ health budget left many patients with unmet needs. Phil was made New Zealander of the Year in 2007 in recognition of this work.

On Sunday, some of us went jet boating on the Waimakariri river in hideous conditions (the rest of the weekend was beautiful), got freezing cold, but had a great time rounding off the weekend with beer and pizzas in another pretty typical kiwi dive.

It was a wonderful reunion. We were so pleased to see so many of our old friends over here - 12,000 miles is a long hop for a reunion - and I think they all enjoyed themselves, before setting off on their own adventures in the southern hemisphere.

DAVID MITCHELL (1979)



1980 Graduates

We held our 35th reunion in Harlington on Saturday 3rd October, 2016. The format was copied from the last reunion organised by Margaret Chappell at the vineyard of Nigel Morgan a couple of years earlier. We gathered in the local pub for a lunch, with 25 of us getting to know each other again and going through our life stories. This was followed by afternoon tea in a marque at the back of our house.

After a break for people to change or just to take a walk around the village we gathered again in the marque for an evening meal with a total of 45 people attending. During the evening Jeremy Ridge supplied a copy of the film that the year had produced whilst

we were students for the Christmas show and we all gathered around a screen to watch this, finding it just as amusing as when seen 35 years earlier! Following this, Simon Chatfield gave a speech and then the party continued.

A number of the year stayed with us for the night and we reassembled for a full English breakfast the next morning before departing.

It was with great sadness that we learned of the passing of Nigel Morgan in early 2016. He attended all the elements of the 35th reunion and even stayed overnight to enjoy the breakfast. I am sure those of us that were part of this are thankful to have been able to spend this time with him. He will be missed.

MARTIN WALDRON



1982 Graduates

The 1982 graduates enjoyed a wonderful reunion weekend at Bailbrook House Hotel on 11th September 2015, organised by Beccy Hobbs



Reunion Write-Ups



1985 GRADUATES

REUNION AT LEEDS CASTLE - JUNE 2015

On a still and beautiful summer's evening in June, the class of 1985 (mainly) descended on Leeds Castle in Maidstone, Kent, to catch up with old friends, reminisce and have an absolute ball!

There were 70 present in all - (our original year was a diminutive 86), some coming from as far afield as Australia, USA and Bangkok. The years melted away as we sipped prosecco against the stunning background of Leeds Castle and drifted into the banqueting hall for a sumptuous supper. A 'free for all' after dinner speech session proved very popular and some touching dedications were made to those present and those no longer with us.

The year now consists of a multitude of Consultants, Professors, GP's, business men and women as well as our very own TV celebrity! But it didn't really matter what you were up to now - as for one evening only - it felt that we were back in Hunter Street and in early adulthood once again.

Many of us stayed at the nearby Hilton and continued with the chatting and catching up over a long and leisurely breakfast. The time to go came too soon, but with friendships and contacts rekindled, we are all keen to do this again and universally agreed that the evening had been a resounding success!

NEST EVANS (1985)

Keep in Touch

We are pleased to be able to advertise your forthcoming reunions, and very much enjoy reading about them afterwards, so do keep us informed. And, of course, photos are a bonus! If you would like to receive the contact details we have on file for your fellow graduates, please contact Tanya by email at

rfassociation@gmail.com

Obituaries

Dr Elizabeth Ann Evelyn Harris (née Sibellas), 1962 Graduate

MBBS, DPH, DCH, FFPH, MRCP

Ann was born in April 1937 in Woolwich, London. Her father was a Church of England clergyman, who became Vicar of South Kirkby in Yorkshire just before the Second World War, and her mother, a Yorkshire girl, was awarded a scholarship to Leeds University at the age of 17.

Having been awarded a scholarship to study at Abbots Bromley school in 1949, Ann left in 1955 to study medicine at the Royal Free Hospital Medical School, where her elder sister, Mary, was already training to be a doctor. Qualifying in 1962, and following pre-registration jobs, she took a short break to bring up a family of four children, but returned to a wide ranging career in paediatrics, public health, family planning and audiology, gaining her additional qualifications in that time.

As a paediatrician working in Hackney area of the City and East London Area Health Authority, Ann was honorary lecturer in Community Child Health at Barts

and the London, and set up the first child handicap register in Hackney. In 1982, her medical direction changed and she became Director of Public Health in the Great Yarmouth and Waveney District in Norfolk where she met and married her husband of 35 years, Raymond Harris.

Retiring from full-time medical practice in 1990 due to ill health, she continued to work part-time for her doctor sister, Mary, in Basildon and Thurrock in Essex, and became a member of the Lord Chancellors Tribunal Judiciary until retiring at the age of 75. She died in February 2016.

As regular supporter of the Royal Free Association and in memory of her early years' work benefiting the children of the East End of London, Ann's family have offered a bursary in her name. They have requested that this be given to support medical students, themselves coming from the East End of London, who may be in financial difficulty.

We are enormously grateful to Ann's family for this bequest.

WENDY KELSEY

Joyce Board, 1950 Graduate

We were saddened to learn that Joyce passed away in October 2015. You may be interested to read about her life and her struggle during the war years to qualify as a doctor as recorded by her daughter Alakandra Ma in her online blog:

http://www.alandiashram.org/mas_blog/2015/02/

"Luftwaffe bombings continued to disrupt life in London as Joyce pursued her medical education. Women were generally not accepted in the prestigious London medical schools, so Joyce had few options for her training. After finishing her war work at the Fuel Research Station, she was due to start at the London School of Medicine for Women, attached to the Royal Free Hospital. But on 5th July 1944 a buzz bomb hit the hospital and medical school, causing immense damage. Then on 9th February 1945, a V2 rocket destroyed the laboratory wing. As a result, the new students were initially sent to Guy's Hospital instead of their own medical school. They were far from welcome there. When the young women arrived, the male medical students queued up and stood silently, staring at their legs. And when the women were invited to attend a Sunday afternoon record concert, all the men got up and walked out. "It didn't bother me, because I had such a rough Cockney childhood. But only two or three of us were working class. For the genteel middle class girls, this kind of treatment was very painful."

Obituaries

Anne Marion Pearson

(b 1935; q Royal Free Hospital Medical School 1959; MB, BS), died from complications arising from Lewey body dementia on 31 March 2016.

Anne Marion Pearson (née Macgregor) completed her pre-registration year at the Royal Free and then Scarborough Hospital before leaving the UK for four years with her husband Arthur Pearson to provide primary medical care for the British Phosphate Commission on Nauru, and Ocean Islands in the Pacific Ocean, and Christmas Island in the Indian Ocean. In these remote locations Anne provided much-needed medical assistance in surgery and where necessary.

Once returned to the UK and with a young family, Anne's direct involvement with medical practice ended as far as that is possible for any spouse of a practising GP.

After five years in the UK Anne emigrated with her family to New Zealand where Arthur took up the position of GP in remote Golden Bay in the north west of the South Island. Anne continued her work raising four children and spent the rest of her career working with children with special needs, particularly those with autism. Her medical knowledge continued to support her husband's practice throughout his career.

On her passing, instead of a traditional funeral, we held a 'Garden Tea Parting' in the garden Anne made and loved. Friends from all over came to join us for a delicious afternoon tea with music and memories of Anne. Everyone brought a flower from their own garden for the 'Flowers from Friends' vase. The sunshine was golden, the flowers were beautiful, the memories flowed and tears mingled with the laughter of good times shared and remembered. It was truly a fitting memorial for Anne, who would have been genuinely amazed to see how many people she had touched and helped during her life. Her memory will inspire all who knew her to continue giving and caring and to always keep smiling. This was her gift to everyone.



Dr Geeta Mehta, 1952 graduate

My Mother Dr Geeta Mehta was a student, I believe only the second Indian woman student of the Royal Free Hospital. She studied medicine there and completed her MBBS in 1952. I know from her stories that she travelled from India to the UK during World War II by a ship and was the second woman student after Dr Sita Lal. Her class mates were Dr Pauline Adams who passed away recently at Bristol, Dr Katherine Dormandy (née Baker) who lived in London and died of cancer after doing cancer and haemophilia research at the Royal Free Hospital, and Dr Anne Jepson (née Allan). Only one of her 'gang' of friends is still alive namely, Dr Dinah Spence (née Hony).

She worked with Dr Gopalan at the Pasteur Institute in Coonor (1952-54) and authored multiple papers with him on malnutrition.

Her courage and zest for life were amazing. She survived a bomb attack in London during the war and talked about it at great length to us. She travelled over land from London to Delhi in the mid-1970s by bus, travelled all over the world seeking out people, doing medical charity work and free check-ups, especially for children as, post her MBBS at the Royal Free, she went on to do a DCH at Dublin and specialized thereafter in protein malnutrition in children. Geeta was the school doctor at St Mary's, Mount Abu and she taught biology to many boys who went on to become doctors. She did charitable work at the Ramakrishna Mission Hospital in

Kankhal (1966-69) and also during 1969, once a week she would drive to a village in Sirohi District, Rajasthan, set up a free clinic and dispense medicines from the boot of her car!

Even as late as 2009 Geeta travelled to Kailash Mansarovar, a holy shrine of ours in Tibet in spite of a broken hip which had been replaced the previous year. During that trip she had to walk for some parts at a high altitude and she was then 82 years old!

We, her children (I have three siblings, all brothers) miss her greatly. Ma wanted me to write to the Association about her passing and looked forward to the newsletters. During her last visit she took us around the College, up to her "digs" that she shared with Katherine and even looked up the Clinic where Dr Leddingham her teacher used to do consultation. She was happy when my daughter opted for her Masters at UCL over LSE and SOAS, in spite of getting admission in all three, as it was her alumnus.

She was cheerful and able until the end and only suffered bed rest and organ failure a week before her passing. She passed away on the 14th September 2015.

GAURI TRIVEDI (daughter of Geeta Mehta)
gauri_trivedi@hotmail.com

Dr Olive P. Sharp – RIP 2014, 1958 Graduate

<http://www.wiltshirecommunitytransport.org.uk/salisbury/CT%20News%20June%202014.pdf>

"Surprise Legacy Windfall for Calne Community Transport. Calne Community Transport received a surprise legacy in May of £28,558.79 from a former Calne GP. The legacy was left to the group by Dr Olive Sharp who had lived and worked in Calne for many years. She had regularly supported the group with an annual donation, but they were unaware that she had planned to leave such a substantial sum in her will to the registered charity. The group, which run two minibuses in Calne and the surrounding area, provides transport for the elderly and disabled and will be using the legacy to buy a new minibus."

Obituaries

Sheila Mary Pickworth (nee Brodie), 1956 Graduate

Sheila was born on St. David's Day, 1st. March 1933, to elderly parents living in North Staffordshire. Her father was an intensely nationalistic Scotsman and had not been able to achieve his ambition to become a doctor, so he devoted himself to getting his one and only child, Sheila, to fulfil that ambition.

So after boarding at Harrogate Ladies College she went up to London in 1950 and applied to the Royal Free Hospital to study medicine. At interview, she told me, she was perfectly honest when asked why she wanted to study medicine, she replied "because my father wanted me to".

Needless to say, she got in, and I think enjoyed her time there. The outbreak of Royal Free Disease did not affect her. In her final two years she was burdened with the knowledge that her father had bowel cancer, and he died just before she took the final part of her exam. As was the trend in those days, the patient was not told the diagnosis, but a member of the family was, and the surgeon told Sheila but not her mother.

After qualifying (in 1956) she returned to the Potteries to work at the North Staffordshire Royal Infirmary, where she met her future husband, and following their wedding in July 1958 she came to live in Barnt Green. She was quickly snapped up to do various locums and then was appointed Clinical Assistant in General Medicine at Bromsgrove General Hospital.

Sheila had four sons (two of whom are doctors), so her domestic life became more of a challenge. She caught Chickenpox from her first son, when 6 weeks pregnant with her second child, and whooping cough when in her mid-forties, but apart from those kept fit and active.



She resigned from her hospital appointment after 15 years and joined her husband in General Practice, working part time, and this was another challenge – to move from General Medicine to General Practice, with the obvious need to relearn paediatrics and gynaecology. But she coped with all the problems and even ran the practice single handed when her husband was struck down by Glandular Fever. Fortunately, he recovered just in time to take over from her when she got the same disease.

She retired in 1993 and her husband (a Birmingham graduate) retired the following year, and they were able to enjoy many visits to friends and relatives abroad, as well as their immediate family.

Sadly, after struggling with rather vague symptoms, including a wildly fluctuating blood pressure, she was referred to Queen Square where investigations led to the diagnosis of Shy Drager Syndrome, later called Multiple System Atrophy. She gradually lost the ability to walk, upper limb function became very restricted as well and so for most of the last five years she was confined to a wheelchair. She was extremely stoical, never complained, and never lost her sense of humour.

She died peacefully in her own home, on August 27th, 2015.

John Edward Swift, 1964 Graduate

SWIFT, John Edward - On April 27th, 2016, in his 76th year, John Edward Swift passed suddenly into the presence of his Lord and Saviour with his family at his side. Born in Gloucestershire, England, the oldest son of Arthur and Eileen Swift. His brother, Peter (Felicity) was born five years later and James (Ruth) was added to the family as the son of Arthur and Antoinette (Alan). John grew up in London, England where he attended Mercer's School and ultimately graduated as a medical doctor from Royal Free Hospital School of Medicine.

After immigrating to Canada in 1965 with his former wife, Dr. Irene Swift, John completed his residency in Family Practice at Queens University in Kingston, Ontario. It was here that he worked as a physician in the Queens Family Medicine Unit, during which time he participated in the Queens teaching practice in Moose Factory and the Belcher Islands. John and Irene had three children Andrew (Victoria), David (Carol) and Fiona (Bobby). As well as a busy medical practice, their family ran a 120-acre Simmental beef farm.

Moving to Hamilton in the late 1980s, John assumed a two-fold medical practice as head of low-risk obstetrics at McMaster University hospital as well as heading up their Palliative Care Program. John married Eleanor (Martin) (Rogers) in 1991 and became step-father to Jeremy (Amy), Darin (Sarah), Andrea (Dominic), Ashley (Adam), and Dustin (Shanna) and brother-in-law to Ruth (Brian) and Margaret (Steve). John was blessed with 15 grandchildren who brought him great pride and joy: Julia, Claire, Abigail, Naia, Naomi, Tristan, Leah, Anica, Jaden, Preston, Senja, Amelia, Cruz, Micah, and Madeleine.

In 1992, John accepted a full-time position as Chief of Palliative Care at Parkwood Hospital in London, Ontario, subsequently opening a Palliative Unit at Victoria Hospital. John later returned to family practice, covering locums in London as well as Windsor, ON and in more recent years working with AIM Health Group and London Medicentre. In 2014, John and Eleanor relocated to Lucan, ON where John was presently practicing in the newly established Lucan Medical Centre covering the medical needs of the Prince George Retirement Home. John's faith was his passion, his family was his joy and his work brought him great purpose and satisfaction.

In all of these areas, he touched hundreds of lives: friends, family, co-workers, and patients. And though we will miss him and grieve his loss, we "do not grieve as those with no hope" (1 Thessalonians 4:13).

John V. Howard

Dr Linda Howard (née Tobin, graduate of 1972) is sad to inform the Association that her husband, Dr John Vincent Howard, passed away on 2nd July 2016. His year of graduation was 1972.

Extra Thanks Go To...

**PROFESSOR TONY SCHAPIRA,
DIRECTOR OF UCL ROYAL FREE CAMPUS AND VICE-DEAN, UCL**

For continued support and provision of office space within the Royal Free.

SEBASTIAN SKELLY

For providing fantastic entertainment and music during the Triennial Dinner



Sebastian Skelly
Session Musician
Classical & Pop Trumpet
Jazz & Pop Keys
Composer
Arranger & Orchestrator
Phone: +447982307098 Email: sebastian.skelly@gmail.com

The image shows a business card for Sebastian Skelly. It features a photograph of him playing a trumpet against a purple and blue background with light rays. The text on the card lists his name, profession as a session musician and composer, and his contact information.

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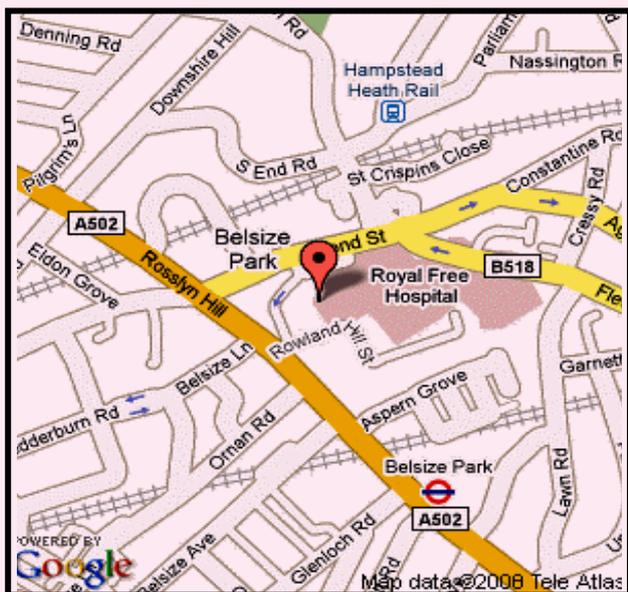
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Please indicate which **Clinical Update** you wish to attend (details on Programme, page 3):

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- Registration Fee for Thursday 17th November, 2016 **£35.00**
- An Informal Dinner will be held on the evening of Thursday, 17th November at Zara, 11 South End Road, London NW3 2PT **£35.00** per head
- I enclose a cheque for £..... made payable to "Royal Free Association"

ADDRESS FOR RETURN OF REGISTRATION FORM
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 E-mail: rfassociation@gmail.com



The Royal Free Association
(incorporating the Royal Free Old Students' Association and Members of the School)



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The support of Members has enabled the Association to give financial help, through our Students Distress Fund and the Student Elective Bursaries, to a number of students since we introduced an annual voluntary subscription.

In addition to the income from subscriptions, we rely on donations from Members to be able to fund these initiatives. Our grateful thanks go to those who have contributed over the years. If you feel that you would be able to contribute to the Royal Free Association, any gift would be gratefully received. This could be in the form of a one-off donation, a more regular amount by direct debit, or making a gift in your Will. If you wish to discuss any detail about making a contribution, please do contact Peter Howden, our Treasurer, and you may use the details below for donations.

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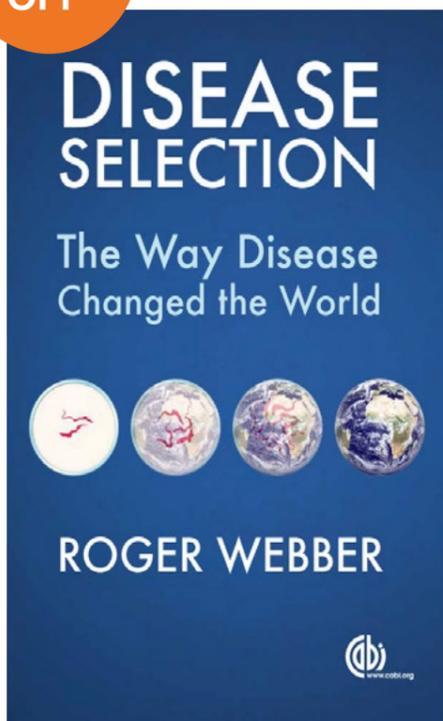
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