

To whom this may concern,

Name: _____

DOB: ___/___/___

The young person named above has Type 1 (insulin dependent) diabetes. This young person needs to carry insulin, insulin pens, needles and a glucose meter to monitor the blood glucose level throughout the flight.

The young person and/or family will need to carry treatment for any episodes of hypoglycaemia this will be in the form of sweet foods or sugary drinks. I have advised them that any such liquids must remain sealed until they pass through into the departure lounge.

It is important that all equipment, especially **insulin** remains with them and is carried on as hand luggage, otherwise it will be damaged.

Yours faithfully,

Paediatric Diabetes Specialist Nurses
Email: RF-TR.ChildrensDiabetesTeam@nhs.net