

# The Other Side of the Wall

## Course Outline



This course is designed to explore the use of theatre and drama in working with adults and young people who have offended, or who are at risk of offending. It is also relevant for those working with groups in other settings who are focused on behaviour change.

Since 1993, Geese Theatre Company has been facilitating courses in the use of theatre and drama techniques to explore behaviour and the process of change.

The Other Side of the Wall will invite participants to experience and practise a variety of drama-based methods for use in groupwork.

### Day One

- General active exercises for building group cohesion, energising and focusing the group, promoting trust, problem solving and co-operation etc.
- Thematic active exercises and methods of 'processing' to explore themes such as triggers to offending, empathy, responsibility, perspective-taking and goal-setting.
- The creation of facilitator-enacted stimulus scenes in order to highlight particular themes and methods of processing those scenes to explore thoughts, feelings, beliefs and their impact on behaviour.

### Day Two

- Further exploration of general and thematic exercises.
- The creation and processing of facilitator-led 'anti-model' scenes for forum and skills practice.
- Setting up and processing group-created frozen images to focus on motivation for particular behaviours, consequences of those behaviours, and exploring other options through forum.

### Day Three

- Further exploration of frozen images and their uses.
- Further exploration of the use of different types of scene work, for example whole group role play or working with metaphor.
- Discussion on adapting Geese techniques for specific contexts.

Throughout the course our aim is to work as creatively and actively as possible and participants will have the opportunity to practise facilitating the techniques explored in a safe and supportive environment.

**To attend or find out more, visit: [www.geese.co.uk](http://www.geese.co.uk)**

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**or call: 0121 449 6222**