

# The Other Side of the Wall

## Course Outline



This course is designed to explore the use of theatre and drama in working with adults and young people who have offended or who are at risk of offending in a groupwork context.

Since 1993, Geese Theatre Company has been facilitating courses in the use of theatre and drama techniques to explore offending behaviour and the process of change.

The Other Side of the Wall will invite participants to experience and practise a variety of drama-based methods for use in group work.

### Day One

- General active exercises for building group cohesion, energising and focusing the group, promoting trust, problem solving and co-operation etc.
- Thematic active exercises and methods of processing the exercises to explore themes such as triggers to offending, empathy, responsibility, perspective-taking and goal-setting.
- The creation of facilitator-enacted stimulus scenes in order to highlight particular themes and methods of processing those scenes to explore thoughts, feelings, beliefs and their impact on behaviour.

### Day Two

- Further exploration of general and thematic exercises.
- The creation and processing of 'anti-model' scenes for forum and skills practice.
- Setting up and processing group-created frozen images to explore motivation for particular behaviours, consequences of those behaviours and potential other options, explored through forum.

### Day Three

Day three will remain flexible so that the facilitators can respond to participants' particular needs or interests but can include:

- Further exploration of frozen images and their uses.
- Further exploration of the use of different types of scene work, including whole group role play or working with metaphor.
- Inputs on co-working, working with resistance or other general group work skills.

Throughout the course our aim will be to work as creatively and actively as possible and participants will have the opportunity to practise facilitating the techniques explored in a safe and supportive environment.