Sexually Transmitted Infections Foundation Course

- STIF CORE
- STIF PLUS

Courses from the British Association for Sexual Health and HIV (BASHH)

**STIF CORE:**
Friday 10th November 2017

**STIF PLUS:**
Saturday 11th November 2017
at
Gledhow Wing, St. James Hospital, Leeds

**COURSE DIRECTOR:** Dr Amy Evans
Medical Co-lead Leeds Sexual Health

**COURSE ORGANISER:**
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(on behalf of BASHH)

The aim of the course is to equip participants with the basic knowledge, skills and attitudes for the effective management of sexually transmitted infections (STIs) outside the GUM setting. Early registration is preferable. It is recommended to attend both days although if you have attended a STIF course in the past 3 years, you can attend the STIF PLUS day to update your knowledge and skills.

It is highly recommended that delegates study the appropriate modules in e-Learning for Health before attending. This will entailing around 8-12 hours of study depending on your experience. Further information about the modules will be provided by the course organisers approximately four weeks before the course commences.

The outline programme is attached.

For further information please visit http://www.stif.org.uk

This is a multi-disciplinary course and applications are invited from:
Doctors and nurses working in general practice, family planning and reproductive health, GUM, health advisers, secondary care clinicians who may encounter patients with STIs (e.g. O&G, A&E, rheumatology, ophthalmology), pharmacists, and school nurses.

**Course fee (includes Coffee, Lunch & Tea)**
- STIF CORE £150 (£25 discount for GP trainees!)
- STIF-PLUS £150 (£25 discount for GP trainees!)
- BOTH DAYS £250 (£50 discount for GP trainees!)

To reserve a place, please return the tear-off slip below, with a cheque made payable to “Leeds Community Healthcare NHS Trust”

ALL APPLICATIONS SHOULD BE RETURNED BY 1st November 2017
Details of the e-learning modules and a Course Pack will be sent to you nearer the time with your receipt.

FFPRHC Approved
Aim of STIF FOUNDATION course

To equip participants with the basic knowledge, skills and attitudes for the effective management of STIs. By the end of the course you should be able to:

Knowledge
- describe the principles of STI service provision
- recognise the issues relating to confidentiality, partner notification and treatment
- demonstrate basic knowledge of the epidemiology and the factors involved in the transmission of STIs and how to prevent transmission
- demonstrate basic knowledge of STIs, their presentation, diagnosis and management
- indicate where and when to refer patients

Skills
- demonstrate competency, and feel comfortable, in taking a sexual history
- demonstrate the skills necessary to inform patients about reducing their risk of sexual infections and risk of unplanned pregnancy
- optimise care pathways for patients through improved links with local services (GUM, Sexual Health, Contraceptive services, Psychosexual services, Microbiology, TOP services and Primary Care)

Attitudes
- demonstrate an appreciation of the lifestyle and circumstances of others and how this may reflect in their presentation and impact on their management.
- recognise the range of human sexuality, lifestyles and culture and the impact this has on transmission/prevention counselling
- demonstrate an understanding of how one’s personal beliefs could affect the consultation

Day 1 (STIF CORE):
Programme timings may change

08.45 Registration and coffee
09:00 Welcome, introduction – Sexual health provision
09:10 Session – Sexual History Taking and Practice
09.50 Session – Swabs and Tests
Coffee
10.50 Session – Partner Notification; why it matters and how to signpost
11.35 Session – HIV Testing
Lunch
14.00 Small Group Workshops
- Sexual Health Promotion, Risk reduction, Prevention
- Genital sores
- Vaginal discharge
- Young People and Sexual Health

Day 2 (STIF PLUS):
Programme timings may change

09:00 Coffee and registration
09:00 Welcome
09:15 Session – HIV diagnosis – HIV in primary care
10.15 Session- Domestic Assault and Sexual Assault
Coffee
11.15 Session – Viral Hepatitis
12.00 Small Group Workshops x 2
Lunch
14.00 Small Group Workshops x 2
Tea

15.45 Session – STIs in Pregnancy
16:30 Session - Syphilis
17.15 Meeting with mentors
17.30 Close

SMALL GROUP WORKSHOPS
- Male Dysuria, Testicular Pain and Testicular Lumps
- Conditions affecting genital skin
- Female Pelvic Pain
- Gay, bisexual and other MSM

STIF COMPETENCY PROGRAMME
Having attended the STIF Foundation course, you may be interested in registering for STIF Competency workplace training and assessment which provides a nationally recognised training and assessment qualification in sexual health. It is a modular competency-based workplace based training and assessment package for non-specialist and specialist healthcare professionals requiring skills development to manage people with sexually transmitted infections. Trainees successfully completing the competencies are registered on the national STIF Competency database of accredited healthcare professionals. www.stif.org.uk