

Organisation	Mon	Tues	Weds	Thurs	Fri	Sat	Sun	Frequency	Contact details
Leighs Nursery	√	√	√	√	√			9am – 3pm School Term times only	Lindsay Grice 01376 334744
WI	√							1 st Monday of the month 7.30pm	Carol James 01245 361740
Art Pals			√					10=12.30pm	Lynn Stuart- James 01245 360247
Sewing Classes		√						6.30 -8.30pm	Christine Goldsmith 01245 361738
Badminton Club			√					8-9pm	Stuart Wilson 01245 361302
Leighs Carpet Bowls					√			7.30 – 9.30pm (Excluding July and Aug)	June Poultney 01245 361323
Friendship Club				√				4 th Thursday of each month 2.30pm	Mavis Greenwood 01245 361971
Essex Tai Chi Academy				√				9.30 -11.30 am	Mary Dann 01376 342416
Zumba	√		√					Mon 7.15-8.15pm(Except 1 st Mon) Weds 6.30 – 7.30pm	Julie 07896888757
Vocal Reflections - Choir			√					7.30 =10.00pm	Linda Hargrave 01376 323793
Little Stars/ Drama & Dance					√			3.45 -6pm	Charlotte Day 07950463693
Caterpillar Music /Music for babies and toddlers	√							9.30 – 10.15am	Sam Bacon 01376741603/07834226316
Bingo				√				7.30pm	Una Creek 01245 361493
Karate (Yong Di Do)		√				√		Tues 8-9.15pm, Sat 10-11am	Kate Malyon 01376 334532
Pilates	√							6-7pm	Natalie Howlett 07919141320
Shiva Yoga							√	Monthly 10am – 1pm	Victoria 07957463050/01371 811688
Parish Council Meetings				√				3 rd Thursday 7.45pm	Alan Scott 01245 361481