

CALLING RESIDENTS OF BRENTFORD!

You're invited to take part in free community-led health and wellbeing sessions in Brentford

Upcoming Sessions

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| Sewing on the Cathja Barge | Every Tuesday, 6pm-8pm |
| Gardening at the Salopian Garden | 6th Aug and 3rd Sep, 2pm-5pm |
| Cooking at St Paul's Church | 13th Aug and 17th Sep, 10am-1pm |
| Bike Maintenance at Brentford Market | 1st Sunday of the month, 10am-1pm |
| Knitting at Brentford Dock | Every Wednesday from July 24th, 1pm-3pm |

Venues may be subject to change. Please check online or get in touch to confirm

Whether you would like to try out a new skill, meet new people or just spend time outdoors, all are welcome!

Get in touch for details. Booking is encouraged



B2@lsx.org.uk 0207 2349 407
[LSx.org.uk/BrentfordTogether](https://lsx.org.uk/BrentfordTogether)
or text 07938568572

**BRENTFORD
TOGETHER**



