



Falls are not inevitable, Falls are preventable.

There are many different reasons, and normally a combination of risk factors, why people fall in later life. One of the main reasons is simply the natural deterioration in a person's muscle strength and eyesight associated with their natural ageing process. This can cause difficulty with balance, bending and stepping.

According to the NHS, 6 out of 10 falls happen in the home or garden with one of the most common places to fall being in the bathroom. Wet and slippery surfaces, poor lighting, loose mats and flooring, difficulty stepping over and into a bath or shower, bending to wash and clean combined with the necessity to visit the bathroom more often especially at night creates a multitude of worrying potential hazards.

Most importantly though healthcare experts believe the vast majority of falls could be prevented with some fairly modest changes to a person's lifestyle and home. NHS recommendations include regular strength and balance exercises, a medication review, a vision test and a home hazard assessment. Here at Drive DeVilbiss Healthcare, we too want to eliminate these potentially life changing hazards for our customers by providing a vast range of innovative products designed specifically to prevent any fall and make the bathroom a much safer place.

Add-on safety equipment in the bathroom is very important. The following safety steps will help minimise bathroom falls before they happen:



Use high-wattage light bulbs in ceiling lights and lamps so you can clearly see on the path from the bedroom to the bathroom, and in the bathroom itself. Remove clutter, trailing wires and frayed carpets.



Make sure your bathroom floor is dry, immediately mop up any spillages and use non-slip rugs on the bathroom floor. Do not walk on slippery floors in socks or tights. Avoid wearing loose fitting, trailing clothes that may trip you up.



Make sure towels, soap and shampoo are within easy reach of the sink, bath and shower. Organise your bathroom so that stretching and bending are kept to a minimum, and to avoid bumping into things.



Add grab bars in and beside the toilet, bath and shower.



Use a non-slip mat in the bath and shower.



Install a toilet safety frame to ensure ease of getting on and off the toilet.



Have your eyes checked at an Opticians at least once a year and visit a Chiroprapist for any foot problems.



Ask your GP to review medications to identify those that may cause dizziness or drowsiness.

The Importance of Bathroom Safety



Leaflet Code: LL400

For more information regarding bathroom safety products, please contact a Drive DeVilbiss Sales Representative

Telephone: 0845 0600 333

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Visit: www.drivedevilbiss.co.uk

drive

DeVilbiss
HEALTHCARE



One of the most common places to fall is in the bathroom of your own home.

Statistic by NHS Choices



After a fall, an older person has:

50%

chance of having their mobility seriously impaired



Statistic by Age UK



Statistic by Age UK

1 in 3

1 in 3 people over 65 suffer a fall that can cause serious injury, and even death.

Statistic by Age UK

Over Half

Over half of hospital admissions for accidental injury, particularly hip fractures are represented by falls.

Statistic by Age UK



1 in 10

1 in 10 older people who fall become afraid to leave their homes in case they fall again, causing increased isolation and reduced independence.

Statistic by Age UK



Every hour, an older person dies as the result of a hip fracture.

Statistic by NHS Choices

Our Solution

Here at Drive DeVilbiss Healthcare, our aim is to eliminate potentially life changing hazards for our customers. The world leading company provides a vast range of innovative bathroom safety products designed specifically to prevent any fall and make the bathroom a much safer place. Promoting independence, a small selection of our award winning range is shown below.

Bathing



Bellavita Bathlift

Code: 470100100/252/312



Bath Step

Code: RTL12068

Showering



Foxton Shower Chair

Code: 140



Bosworth Shower Bench

Code: 127

Toileting



Solo Toilet Lift

Code: MS2R/LSUK



Stamford Combi Scandia

Code: 165

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