



U Stand Out line up - Lancaster

Lancaster, Friday 28th February, Alexandra Building

10am		Welcome desk; registration, collect attendance badge, sign up for workshops, tea & coffee			
10:00 – 16:00	Opportunities Stalls (running throughout the day) Alexandra Gallery: <ul style="list-style-type: none"> ◆ UCSU Volunteering & Elections ◆ UCSU Student Groups ◆ UoC PhD and Research ◆ NHS Blood and Transplant ◆ Less UK ◆ Social Prescribing ◆ Lancaster Race Series ◆ Careers, Unite & Enterprise ◆ UCSU Greener Minds ◆ Lake District National Park Authority ◆ West Lancashire Scouts ◆ Fixers UK ◆ And more... 	10:30 -11:30	Meet employers This is a good opportunity to find out what employers look for in graduates. AXB006 - ground floor	Effective Change Find out how you can improve your university experience by taking effective action. AXB209 - 2nd floor	Make it count! Learn more about great CVs and applications that will help you stand out from other candidates. AXB117 - 1st floor
	12:00 -13:00	Empowering Women AXB006 - ground floor	Your Space A chance to meet other reps and volunteers and share experiences. Not a rep or volunteer yet? Come and find out what it is all about! AXB209 - 2nd floor	Effective Presentations This session will provide you with hints, tips and advice to help build your confidence and skills in presenting. AXB 117 - 1st floor	
	13:30 -14:30	Leadership Find out how to unlock your potential to be a leader. AXB014 - ground floor	Professional Development with UCSU From volunteering to paid positions - find out what your union has to offer. LG004 - ground floor	Make it count! Learn more about great CVs and applications that will help you stand out from other candidates. AXB 117 - 1st floor	
	15:00 - 16:00	Do something new! This workshop is all about planning and starting your very own volunteering project. AXB014 - ground floor	Stand tall! Find out the meaning of assertiveness and how to achieve it to gain confidence at work and in life. AXB209 - 2nd floor	Personal Branding Job hunting is not just about applying for jobs anymore: you need to make sure you stand out to employers and recruiters online as well. Find out how to create a professional online persona. AXB117 - 1st floor	