

Accept Your Animality

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Why do we always see ourselves with clothes on; is it because we want to hide behind a mask.

Clothes are simply identities. And they become so heavy on you that even in your dreams you never see yourself naked. You always see yourself with your clothes on. This is something! It has gone very deep. Even in dreams you never see yourself naked. Clothes have gone into the very unconscious, because a dream is an unconscious phenomenon. At least in a dream you should be natural, but even there you are not natural; masks, faces continue.

This whole falseness exists; this pseudo-personality exists, because at the base you hate yourself. You want to hide; nobody should know your real Self, because how will they be able to tolerate it if they come to know? How will they love it, how will they appreciate it? You have become actors.

Don't think about faces, clothes, falsities. Remain yourself as you are, accept yourself as you are. Difficult, very difficult, because if you think about yourself as you are, suddenly you feel uneasy.

From where does this uneasiness come? It comes because teachers have been teaching you: "This is animal, that is animal — and 'You are a man'. What are they saying? They are saying, "Whatsoever is animal in you, deny it!" And I say to you that man is not something against the animal, man is the supreme-most animal. Not something against — the highest, the very peak. If you deny animality, you deny your very source of life. And then you will always be false.

If you are a man and you make love to a woman and you deny animality, what will you do? That's why many people have become almost incapable of loving. You may be surprised that in the east, I think 99 per cent of women have never known any orgasm. The same was the case in the west also, but now it is changing. Ninety-nine per cent of women have never known any sexual ecstasy, because they were never allowed to. Men were allowed to be a little animal-like, but never women. They have to be stiff while making love, dead, almost like a corpse.

They should not show any emotion, they should not show that they are enjoying it — because only bad women enjoy sex. A prostitute is allowed to enjoy it, but not a wife. If she enjoys and becomes ecstatic, then the husband will feel hurt and think that this woman is not very good because she should behave like a goddess, not like an animal. But to behave like a goddess without being a goddess is bound to create falseness.

Have you ever observed the word 'emotion'? It comes from the same root as 'movement', 'motion'. When you are in an emotion your whole being moves: it is thrilled, it throbs, it is alive — it is wild. No, a woman is not allowed to be wild, to be alive. She has to remain corpse-like, dead; then she is a good woman, then she has transcended animality. But if you deny sex and you say that this is animal, then you will have to hide it.

In America, one manufacturer of toys created a few toys with sex organs! He got into trouble, and he had to cancel his productions. He did a beautiful thing, but the courts wouldn't allow it, society wouldn't allow it.

Children must know the whole body because the whole body is beautiful. Why hide it, why cut it? A fear, a deep fear of animality. But you are animals, it is a fact: you can transcend it but you cannot destroy it.

Destruction means one thing: if you destroy the fact you will have a false face, your mask will be a false thing, your godliness will be just a mask.

If you transcend it, then your godliness will be something authentic. But transcendence means accepting it; passing through it with alertness, not being lost in it; passing through it and going above. And denial means never going into it, never passing through it, just bypassing it. In life nothing can be bypassed; and if you bypass it, you will always remain immature, juvenile, you will never be a grownup.

Life has to be lived — only then do you grow. There comes a moment when you transcend sex, but that moment comes through knowing, that moment comes through experience, that moment comes through deepening of consciousness and love — not through denial, not through repression.