



USL Primary News

Term 1 School Newsletter 2 : 25th September 2017

SCHOOL DATES FOR YOUR DIARY

The class worship dates for the Autumn Term are:-

Y1GT – Tuesday 10th October

Y2A – Tuesday 17th October

Y4WY – Tuesday 7th November

RL – Tuesday 21st November

Y6L – Tuesday 28th November

They are take place at 9.55am and parents/carers are welcome to attend.

SPORTS NEWS

Football Report

Knock Out Cup Round 2

On Thursday, the boys' football A team went to Heron to play in the second round of the knock out cup. Our first game was against Heron. We made a slow start and unfortunately lost 1-0. Our second game was against a very strong Harewood side. Despite being the better side, we against lost 1-0. The final game was against Kingsholm. Despite another great technical display, we just could not find the net and so the game finished 0-0. This meant that we did not progress to next week's finals but will instead start our league fixtures with a game away to Tredworth. Well done to all of the boys involved. Will, Jonas, Ellis, Riley-Jak, Ethan, Rio, Lewis, Reece and Lewis.

Swimming

Congratulations to Freddie on being accepted into Gloucester City Swim Club after being scouted by the swim coach and attending trials.

OPEN THE BOOK

Thank you to our Open the Book Team, who told the story 'A Special Promise' in Friday's worship.

NOTICES & REMINDERS

Menu This Week

Week 1 of the menu

Harvest Festivals



We will be celebrating our Harvest Festivals very soon. This year the Services will take place in our school hall as the Church is unavailable for us to use since the church organ is being dismantled for servicing. The juniors (Years 3-6) will be holding their Harvest Festival on Monday 9th October at 9.10am. The Year 1 and Year 2 children will hold their

Harvest Festival on Thursday 12th October at 9.10am. Parents and other family members are welcome to attend the services. The Reception Classes will hold their celebration in the school hall on Monday, 16th October at 9.10am. All Reception parents are welcome to join us and will be welcome to stay for tea, coffee and homemade cake following the service. The children are invited to bring a donation of food for the Gloucester Food Bank. There are people living locally who are finding it difficult to manage at the moment, and this is a really practical way in which we can offer our support. If you could please add one or more items from this list to your weekend shopping trolley and then give it to your child to bring to the Harvest Festival, it would be greatly appreciated. Since 2012, our school has managed to collect increasing amounts of food year-on-year for this worthy cause. Last year, we collected an amazing 252kg of food so we hope you will all support us to collect a record-breaking amount of food again! Thank you.

Items urgently needed:

Tinned Cold Meat e.g. corned beef/ham

Long Life Milk

Long Life Fruit Juice (not chilled)

Tinned Rice Pudding

Tinned Fruit

Tinned Fish

Toiletries (e.g. shampoo, shower gel, etc)

Food Bank on Going Items

Instant Coffee, packet mash, packet noodles, jars of jam etc, cup-a-soup, tinned minced beef/meat, packet savoury rice/couscous, powdered baby milk: Aptamil/SMA 0-6 mths

Food bank stocks at the moment are good of the following:-

Baked beans, soup and dry pasta and spaghetti

Year 4 Trip to the Corinium Museum

On Wednesday, Year 4 travelled back in time to the Corinium Museum as part of their '1 Am Warrior' topic. They explored the Roman artefacts, discovered how detailed Roman mosaics are and tried on some Roman clothes! All of the children fully engaged with the Roman workshop and played authentic Roman games. Thank you to the parent helpers for your support.



Building foundations for a love of life and a love of learning

Data Collection Sheets

The data collection sheets should now have come home. Please can you check, sign and return them to the office asap.

Letters Home last week

Harvest letter
Y6 Bikeability
Cathedral letter

Xperience Archery

Last week we were lucky enough to have Xperience Archery into school to work with a selection of year groups. The children involved had the opportunity to learn how to fire arrows with their bow to try to hit the target and score as many points as possible. They had lots of fun and it did get quite competitive at times!



New Children

Last week we welcomed three new children into Years 3, 5 and 6, we hope they will be very happy at Upton.

Drinks and Snacks



The children are welcome to bring a healthy snack of fresh fruit or vegetables (e.g. carrot sticks), dried fruit (e.g. raisins, sultanas, apricots), plain breadsticks, rice cakes, oat cakes, bread and butter or cheese. **NUTS should NOT be brought into school as we have children with severe nut allergies.** Crisps, sweets and chewing/bubble gum are also not allowed. Please note that snacks such as 'Fruit Winders' and 'Fruit Flakes' are high in sugar, and should not be brought for playtimes. Yo Yo Bear bars are fine, as they are just fruit.

Infant children are provided with a piece of fruit or vegetable, usually eaten during the morning break.

All children should be provided with a water bottle. It is vital for children's health that they drink plenty of water during the day, and research shows that behaviour and thinking are both improved too. Replacement water bottles are available from the school office (£1.50) and they should be taken home daily for cleaning and refilling. Water bottles should be filled with water only, please. We are aware that some children are bringing flavoured water, and would remind you that these drinks contain sugar and/or artificial sweeteners. Please encourage your child to keep hydrated with water. The children have access to a supply of chilled and filtered water to refill their bottles. Fizzy drinks are not permitted.

You may be interested in visiting the Food for the Brain website at <http://www.foodforthebrain.org/>

Food for the Brain is a charity providing information about the importance of optimum nutrition in mental health. Their website includes a Brain Child Health and Diet Questionnaire which is free to complete and which you might find useful.