

HEALTHY – TASTY – DELICIOUS – NUTRITIOUS SCHOOL MEALS

LOCAL

We use as much local and school garden produce as we possibly can !!

SEASONAL

We use seasonal fruit and vegetables

HEALTHY DRINKS

water, organic milk,
seasonal smoothies,



CHOICE

There is always plenty to choose from

FRESH & TASTY

cooked with care

NO nasty additives, preservatives
or colourings.

NO GM products

NO mechanically reclaimed meats

FOOD ALLERGIES

And

INTOLERANCES

If you have a food allergy or intolerance

Please speak to our staff

about the ingredients in your meal,
when making your order.

QUALITY

We use higher welfare BRITISH meat,
local beef, local free range pork,
high meat percentage burgers and sausages.

Local free range eggs,

Marine Sustainable Certified fish.

Fairtrade bananas, organic milk,
yoghurt, pasta, rice, flour, sugar,
vegetables & other ingredients
where possible. Whole wheat too!!



VARIETY

We have fresh fruit available DAILY
served in various ways to make it fun!...

whole fruit, fruit pots, platter, melon
boats and fruit kebabs!!!





COLLATON LUNCH MENU ORDER FORM

Please tick as applicable and hand into the office

CHILDS NAME

CLASS

w/c 05.09.17



TUESDAY	
Spaghetti bolognaise	
Quorn & chickpea bolognaise	
Filled soft roll	
Jacket potato	
Garlic bread, carrots & broccoli or seasonal salad bar	
Pear & chocolate cake & custard, fruit salad	

WEDNESDAY	
Local roast chicken fillet, gravy	
Quorn pieces in veggie gravy	
Filled soft roll	
Jacket potato	
Roast potatoes, yorkshire, carrots cauliflower & cabbage or salad bar	
Jam tart yoghurt, fruit salad	

THURSDAY—YURT PICNIC	
American BBQ pork	
Cheese & onion quiche	
Filled soft roll	
Jacket potato	
Savoury rice, green beans & sweetcorn, salad bar	
PIP Organic Apple lolly, yoghurt, fruit bowl	

FRIDAY	
MSC fish fingers	
Sweetcorn & bean fritters	
Filled soft roll	
Jacket potato	
Oven chips Spaghetti hoops & peas, salad bar	
Moo milk shake & a cookie, cheese crackers grapes, fruit salad	

w/c 11.09.17

MONDAY	
Quality beef burger in a bun	
Quorn Burger	
Filled soft roll	
Jacket potato	
New potatoes green beans & sweetcorn or salad bar	
Peach & pear crumble custard, yoghurt, fruit salad	

TUESDAY	
Italian wholemeal pasta pots, with a variety of toppings, including vegetarian options	
Filled soft roll	
Jacket potato	
Garlic bread, carrots & sweetcorn or salad bar	
Rhubarb crumble bar yoghurt, fruit salad	

WEDNESDAY	
Devonshire roast pork , gravy	
Lentil loaf	
Filled soft roll	
Jacket potato	
Roast potatoes, yorkshire, carrots, cauliflower & broad beans	
Chocolate beetroot brownie yoghurt, fruit salad	

THURSDAY	
Chicken noodle wrap	
Beany noodle wrap	
Filled soft roll	
Jacket potato	
New potatoes, green beans & sweetcorn, salad bar	
PIP Organic Apple lolly, yoghurt, fruit bowl	

FRIDAY	
MSC breaded cod bites	
Vegetable fingers	
Filled soft roll	
Jacket potato	
Oven chips baked beans & peas or salad bar	
Moo milk shake & a cookie, cheese crackers grapes, fruit salad	

w/c 18.09.17

MONDAY	
Hot Dog	
Quorn Dog	
Filled soft roll	
Jacket potato	
Hand cut wedges peas & green beans or salad bar	
Apple cobbler custard, yoghurt, fruit salad	

TUESDAY	
Freshly prepared lasagne	
Macaroni cheese	
Filled soft roll	
Jacket potato	
Crusty loaf, carrots & cauliflower, Salad bar	
Jelly & Fruit yoghurt, fruit salad	

WEDNESDAY	
Free range roast gammon	
Quorn wellington	
Filled soft roll	
Jacket potato	
Roast potatoes, yorkshire, carrots broccoli & cabbage or salad bar	
Apricot whirligig & ice cream yoghurt, fruit salad	

THURSDAY	
Sticky BBQ chicken	
Lentil & veggie burger	
Filled soft roll	
Jacket potato	
Savoury rice, green beans & sweetcorn, salad bar	
PIP Organic Apple lolly, yoghurt, fruit bowl	

FRIDAY	
MSC Salmon nibbles	
Vegetable & chickpea nuggets	
Filled soft roll	
Jacket potato	
Oven chips, spaghetti hoops & peas or salad bar	
Moo milk shake & a cookie, cheese crackers grapes, fruit salad	

Meals for KS2 are £2.20, Meals KS1 and Reception are FREE of charge

Payment enclosed £



COLLATON LUNCH MENU ORDER FORM

CHILDS NAME

CLASS

Please tick as applicable and hand into the office

w/c 25.09.17

MONDAY	TUESDAY	WEDNESDAY	THURSDAY—YURT PICNIC	FRIDAY
Build your own pizza bar Cheese & tomato Pizza with choice of healthy toppings	Spaghetti bolognaise	Local roast chicken fillet, gravy	American BBQ pork	MSC fish fingers
Filled soft roll	Quorn & chickpea bolognaise	Quorn pieces in veggie gravy	Cheese & onion quiche	Sweetcorn & bean fritters
Jacket potato	Filled soft roll	Filled soft roll	Filled soft roll	Filled soft roll
Pasta salad, peas & sweetcorn Salad bar	Jacket potato	Jacket potato	Jacket potato	Jacket potato
Summer berry crumble custard, yoghurt, fruit salad	Garlic bread, carrots & broccoli or seasonal salad bar	Roast potatoes, yorkshire, carrots cauliflower & cabbage or salad bar	Savoury rice, green beans & sweetcorn, salad bar	Oven chips Spaghetti hoops & peas, salad bar
	Pear & chocolate cake & custard, fruit salad	Jam tart yoghurt, fruit salad	PIP Organic Apple lolly, yoghurt, fruit bowl	Moo milk shake & a cookie, cheese crackers grapes, fruit salad

w/c 02.10.17

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Quality beef burger in a bun	Italian wholemeal pasta pots, with a variety of toppings, including vegetarian options	Devonshire roast pork , gravy	Chicken noodle wrap	MSC breaded cod bites
Quorn Burger	Filled soft roll	Lentil loaf	Beany noodle wrap	Vegetable fingers
Filled soft roll	Jacket potato	Filled soft roll	Filled soft roll	Filled soft roll
Jacket potato	Garlic bread, carrots & sweetcorn or salad bar	Jacket potato	Jacket potato	Jacket potato
New potatoes green beans & sweetcorn or salad bar	Rhubarb crumble bar yoghurt, fruit salad	Roast potatoes, yorkshire, carrots, cauliflower & broad beans	New potatoes, green beans & sweetcorn, salad bar	Oven chips baked beans & peas or salad bar
Peach & pear crumble custard, yoghurt, fruit salad		Chocolate beetroot brownie yoghurt, fruit salad	PIP Organic Apple lolly, yoghurt, fruit bowl	Moo milk shake & a cookie, cheese crackers grapes, fruit salad

w/c 09.10.17

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Dog	Freshly prepared lasagne	Free range roast gammon	Sticky BBQ chicken	MSC Salmon nibbles
Quorn Dog	Macaroni cheese	Quorn wellington	Lentil & veggie burger	Vegetable & chickpea nuggets
Filled soft roll	Filled soft roll	Filled soft roll	Filled soft roll	Filled soft roll
Jacket potato	Jacket potato	Jacket potato	Jacket potato	Jacket potato
Hand cut wedges peas & green beans or salad bar	Crusty loaf, carrots & cauliflower, Salad bar	Roast potatoes, yorkshire, carrots broccoli & cabbage or salad bar	Savoury rice, green beans & sweetcorn, salad bar	Oven chips, spaghetti hoops & peas or salad bar
Apple cobbler custard, yoghurt, fruit salad	Jelly & Fruit yoghurt, fruit salad	Apricot whirligig & ice cream yoghurt, fruit salad	PIP Organic Apple lolly, yoghurt, fruit bowl	Moo milk shake & a cookie, cheese crackers grapes, fruit salad

Meals for KS2 are £2.20, Meals KS1 and Reception are FREE of charge

Payment enclosed £



COLLATON LUNCH MENU ORDER FORM

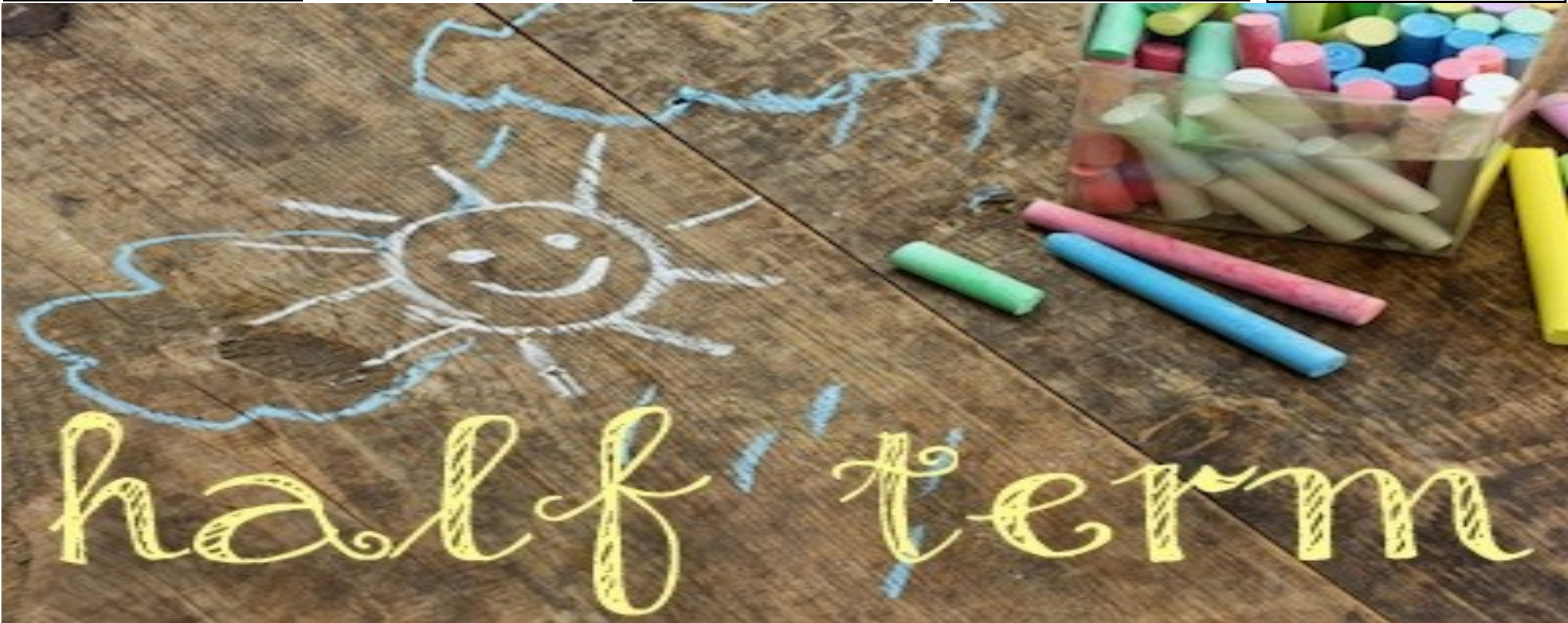
CHILDS NAME

CLASS

w/c 16.10.17

Please tick as applicable and hand into the office

MONDAY	TUESDAY	WEDNESDAY	THURSDAY—YURT PICNIC	FRIDAY
Build your own pizza bar Cheese & tomato Pizza with choice of healthy toppings	Spaghetti bolognaise	Local roast chicken fillet, gravy	American BBQ pork	MSC fish fingers
Filled soft roll	Quorn & chickpea bolognaise	Quorn pieces in veggie gravy	Cheese & onion quiche	Sweetcorn & bean fritters
Jacket potato	Filled soft roll	Filled soft roll	Filled soft roll	Filled soft roll
Pasta salad, peas & sweetcorn Salad bar	Jacket potato	Jacket potato	Jacket potato	Jacket potato
Summer berry crumble custard, yoghurt, fruit salad	Garlic bread, carrots & broccoli or seasonal salad bar	Roast potatoes, yorkshire, carrots cauliflower & cabbage or salad bar	Savoury rice, green beans & sweetcorn, salad bar	Oven chips Spaghetti hoops & peas, salad bar
	Pear & chocolate cake & custard, fruit salad	Jam tart yoghurt, fruit salad	PIP Organic Apple lolly, yoghurt, fruit bowl	Moo milk shake & a cookie, cheese crackers grapes, fruit salad



Meals for KS2 are £2.20, Meals KS1 and Reception are FREE of charge

Payment enclosed £