

**BROOKE**

I am excited to share that we are **changing our name from Eden to Autograph**. The Eden name was chosen 15 years ago to represent the start of something new. Over the years we have refined and established our approach, under our FoodFarm brand, offering high quality, healthy food children enjoy eating and our teams enjoy cooking. We work in partnership with our schools, parents and children, creating a tailored **signature** food offer, so Autograph is the perfect name for us!



We champion our fantastic **British and local farmers and suppliers** who work hard to provide us with high quality, seasonal produce!



All of our eggs are free range from St Ewe Farm in Truro, Cornwall; all of our **meat is British and Red Tractor certified**; we use some **Fairtrade certified** ingredients; and **only use sustainably sourced fish!**



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1 - 17th April, 8th May, 5th June, 26th June, 17th July, 11th Sept, 2nd Oct</b>					
<b>THE MAIN EVENT</b>	Creamy Chicken Tikka Masala with Rice	Pasta Bolognese with Herby Bread	Roast Chicken with Stuffing, Gravy and Roast Potatoes	Chicken Pizza with Sweet Potato Wedges	Fishfingers with Homemade Tomato Ketchup and Chips or Pasta Twists
	Macaroni Cheese with Tomato Bread	Vegetarian Cottage Pie with Gravy and Herby Bread	Vegetable and Bean Pasty with Gravy and Roast Potatoes	Vegetable Wrap with Sweet Potato Wedges	Cheese and Tomato Quiche with Chips or Pasta Twists
	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings
	Peas and Vegetable Sticks	Broccoli and Cauliflower	Carrots and Cabbage	Sweetcorn and Coleslaw	Peas and Baked Beans
<b>TO FINISH</b>	Oaty Cookie with Fruit Salad	Chocolate Cake and Chocolate Sauce	Ice Cream and Fruity Sauce	Fairtrade Banana Cake with Custard	Shortbread and Fruity Friday
<b>WEEK 2 - 24th Apr, 15th May, 12th Jun, 3rd Jul, 24th Jul, 18th Sept, 9th Oct</b>					
<b>THE MAIN EVENT</b>	Farm Assured Sausages in a Roll with Tomato Relish and Potato Wedges	Sticky Texas Style BBQ Chicken with Rice	Roast Pork with Apple Sauce and Gravy with Roast Potatoes	Lasagne with Garlic Bread	Battered Fish Fillet with Homemade Tomato Ketchup and Chips or Pasta Twists
	Quorn Burger in a Roll with Tomato Relish and Potato Wedges	Cheesy Topped Tomato Pasta Bake with Garlic Bread	Vegetable Crumble with Gravy and Roast Potatoes	Mixed Pepper Pizza with Potato Salad	Vegetarian Sausages with Homemade Tomato Ketchup and Chips with Chips or Pasta Twists
	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings
	Baked Beans and Vegetable Sticks	Sweetcorn and Green Beans	Carrots and Leeks	Coleslaw and Broccoli	Peas and Baked Beans
<b>TO FINISH</b>	Custard Biscuit with Fruit Salad	Carrot Cake	Jelly and Ice Cream	Chewy Chocolate Cookie	Flapjack and Fruity Friday
<b>WEEK 3 - 1st May, 22nd May, 19th Jun, 10th Jul, 4th Sept, 25th Sept, 16th Oct</b>					
<b>THE MAIN EVENT</b>	Brunch Special (Sausage, Oven Baked Potato Wedges, Grilled Tomato & Baked Beans)	Chicken and Sweetcorn Pasta Bake with Rosemary Focaccia	Roast Turkey with Stuffing, Gravy and Roast Potatoes	Chilli Beef Burrito with Vegetable Rice	Fishfingers or Salmon Fishfingers with Tomato Ketchup and Chips with Pasta Twists
	Vegetarian Brunch Special (Veggie Sausage, Oven Baked Potato Wedges, Grilled Tomato and Baked Beans)	Cheese and Tomato Pizza with Oven Baked Potato Wedges	Vegetable Roast with Stuffing, Gravy and Roast Potatoes	Vegetable Curry with Vegetable Rice	Tomato and Basil Whirl with Chips or Pasta Twists
	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings
	Grilled Tomato and Baked Beans	Peas and Leeks	Carrots and Green Beans	Sweetcorn and Coleslaw	Peas and Baked Beans
<b>TO FINISH</b>	Apple Slice with Custard	Fruit Trifle	Peaches & Ice Cream	Marble Sponge with Chocolate Sauce	Toffee Crispie and Fruity Friday
<b>Served Daily</b>	Freshly Baked Bread	Seasonal Salads	Fresh Fruit	Organic Yeo Valley Yoghurt	

Contains at least half a portion of fruit, to help pupils on their way to achieving their 5 A DAY!

Contains at least half a portion of vegetables, increasing fibre, folate, vitamin A and vitamin C.

Includes wholegrain offering pupils a great source of fibre for healthy digestion.

We hope your child enjoys the new menu and finds something they love each day! We would love to hear what you think about our menus, or you may want to share one of your own recipes with us, so please email us at [autograph.schools@interserve.com](mailto:autograph.schools@interserve.com)



This is a **Gold Catering Mark** menu which guarantees we serve high quality fresh food which is **better for British farming and animal welfare!**

