



Bishops Tawton Primary School Newsletter

<https://bishops-tawton.eschools.co.uk/web>



'Stay SAFE online'

Friday 9th February 2018



Dear Parents/carers,

Children's Mental Health Week This week the children have been finding out about what mental health means and how they can keep their own hearts and minds healthy. They have all been given a fabric bunting flag to decorate at home. We are hoping that you will be able to help them to represent themselves through sewing, collage etc on their flag. We can then hang them all together in school. Don't worry if this is not possible for you, send the flag back to school and we will help them to decorate them here.

Internet safety - "Create, Connect and Share Respect: A better internet starts with you".

On the first week back we will continue with our 'internet safety fortnight'. It is our responsibility to keep our children, ourselves, and our community safe and happy online.

Is social media used as a platform to be negative about a person or place? Can social media impact on our mental health?

Please come to see us if you have an issue at school, social media is not the place to air your grievance, a face to face conversation always results in a positive way forward for you or your child. Contact class teachers or myself if you have a concern. A parent forum meeting has been set up for you to discuss day to day school matters and to encourage you to have your say.

Date: Wednesday 28th February 9am

For vital information for parents about [online safety](#), please click the hyperlinks or visit our [website](#) for further links and information.

PTFA

Please support our hard working and dedicated group of parents by: checking book bags for leaflets/information, reading the school weekly newsletter, checking the school notice board, asking your child about what is going on and reading your reminder emails to make sure you don't miss deadlines. We are raising money to provide extra resources and events for the children. Everyone is welcome to join our meetings and help with decision making, organizing and sharing ideas. Our next event is the 'Easter Bingo.' Next meeting: Thursday 22nd February 2.15pm.

Thank you

Pre-School News

We have been looking at what makes us different and how to be a good friend. The children have enjoyed their pancakes this week and have been trying out various toppings. They have been creating pictures of pancakes too. When we come back after half term we will be learning about Chinese new year. Have a restful break and we will see you when we return on Monday 19th February.



Netball

Well done to both our netball teams today for their great sportsmanship. Both teams played extremely well, some of Team 'Comets' were playing in their first competition and Team 'Stars' won every game including the final so are through to the North Devon school's 'High Five' final in March! Thank you to Louise and the parents that supported the children.

Drumming Lessons: If your child is in Year 3 upwards and interested in learning to play the drums during school time further information is in the school office or you can email Josh Gilbert direct: enquiries@joshgilbertdrums.com 07805467182

Dates:

Parent forum meeting: Wednesday 28th February 9am

Easter Bingo: Friday 23rd March: more info to come!

With very best wishes for a restful half term break!

Melanie Smallwood

Writer of the week...

Codden-Ava
Tarka-Marley
Barum-Ruby
Saunton-Chay
Exmoor-Lucy
Lundy-Daisy



Growth Mindset Award...

Codden-Noah
Tarka-Holly
Barum-Adelie
Saunton-Harry
Exmoor-Frankie
Lundy-Jack

On site After School Child Care Claire's Nurseries

Mon-Thursday 3.15-5.30pm

£3.50 per hour including a snack

Just call to enquire and book your child's place:

01271 346529

**Please note that you must pay promptly for this child care service. If your child is not attending you must let Claire's know so that they can arrange staffing around the numbers.*

After school clubs w/b 19th Feb

Mon: Music, Football Yr3+

Tues: Irish Dancing, Construction

Weds: **NO** Netball

Thurs: Drama Yr3+, Board games



Munch Time Menu

Price £2.20

MUNCHBOX FILLINGS: Ham*, Cheese, Chicken* or Tuna unless stated (order at registration in class)

ALL MEALS PROVIDED WITH THE PUDDING OPTION AND A DRINK

Week Beginning: Monday 19th February 2018

DAY	MUNCH MEAL	VEGGIE MUNCH	MUNCHBOX	PUDDING
MON	Oven Baked Salmon & Sweet Potato Fishcake with Wholewheat Pasta, Mixed Vegetables, Side Salad & Ketchup	Homemade Macaroni Cheese and side salad	Roll with choice of filling and choice of fruit & salad items Or Chicken Soup & Roll	Homemade Chocolate Biscuit, Fresh Fruit Basket or Yogurt Milk, Juice or Water
TUES	Homemade Beef* Lasagne, Peas and side salad (layers of pasta sheets, homemade beef bolognaise sauce & béchamel sauce)	Jacket Potato with Baked Beans	Sandwich with choice of filling and choice of fruit & salad Or Vegetable Soup & Roll	Homemade Syrup Sponge & Custard, Fresh Fruit Basket or Yogurt Milk or Water
WEDS	Roast Chicken* with Roasted Potatoes, Carrots, Broccoli, Sage & Onion Stuffing Ball & Gravy	Oven baked Vegetable Fingers with Roasted Potatoes, Carrots, Broccoli or Side Salad	Wrap with choice of filling and choice of fruit & salad	Homemade Plain Shortbread, Fresh Fruit Basket or Yogurt Milk or Water
THURS	Homemade Chicken* Supreme (chicken in a creamy sauce) with mixed vegetables, side salad & a chunk of homemade bread	Oven baked Cheese & Onion Slice with salad	NEW Bacon* Roll or Roll with choice of filling and choice of fruit & salad Or Tomato Soup & Roll	Homemade Iced Apple (from our own orchard) & Sultana Sponge, Fresh Fruit or Yogurt Milk or Water
FRI	Homemade Cheese & Tomato Pizza with Wholewheat Pasta Twists, Peas or Side Salad	Homemade Quorn Stew & Mashed Potato	Wrap with choice of filling and choice of fruit & salad	BT Selection Day Milk or Water

All Items Subject To Availability

***All fresh meats from Philip Dennis Family Butcher at Roundswell in Barnstaple
Please see kitchen for allergy advice if required**