



## For Parents

Welcome to the Autumn edition of the Scomis

Essentials Online Safety Newsletter.

A recent review of Ofcom's 'Children and parents: media use and attitudes report 2016' identifies:

- One in five of all 5-15s only go online using a device other than a desktop or laptop (one in ten in 2015)
- 32% 8-11s have their own smartphone (24% in 2015)
- 42% 8-11s prefer to watch YouTube to a TV
- 51% 12-15s use Snapchat
- 21% 12-15s claim to play online games with people they have never met
- One in ten 11-15s are still communicating via social media at 10pm

Read more:

[https://www.ofcom.org.uk/\\_data/assets/pdf\\_file/0/034/93976/Children-Parents-Media-Use-Attitudes-Report-2016.pdf](https://www.ofcom.org.uk/_data/assets/pdf_file/0/034/93976/Children-Parents-Media-Use-Attitudes-Report-2016.pdf)

Have you considered implementing any of the following strategies at home?

- Setting Parental Control Tools
- Using YouTube Kids
- Applying age-based settings for Netflix
- Activating Safe Search for Google, Chrome
- Using browsers such as: Swiggle <http://www.swiggle.org.uk/>
- or Kidzsearch <https://www.kidzsearch.com/>
- Setting Parental controls for BT, TalkTalk, Virgin, Sky
- Establishing screen time limits
- Considered removing technology from the bedroom
- Blocking 'in-app' purchases

Internet Matters and the NSPCC have advice on how to start conversations about online safety and setting up Parental Controls:

<https://www.internetmatters.org/>

**NSPCC**

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/talking-your-child-staying-safe-online/>

**Do you have an Instagram account?**

On the 30<sup>th</sup> August 2017 Instagram revealed a flaw in its systems had revealed telephone numbers and email addresses of a number of 'celebrities'.

Childnet's blog of the 4<sup>th</sup> September reveals that the number of hacks could be much higher than initially thought, with an **estimated 6 million** account details being leaked.

**Instagram advice is as follows:**

- Report any unusual activity through the reporting tools
- Access the tools by selecting the "... " menu from your profile
- Select 'Report a Problem'
- Select 'Spam or Abuse'

Read Childnet's recommendations in full at:

<http://www.childnet.com/blog/keeping-your-account-secure-on-instagram>

**Do you know what Livestreaming is?**

**New Youth Research published in August by Childnet finds:**

Facebook Live, Instagram Live and YouTube Live are the most popular livestreaming services among 8-17 year olds.



Childnet's Digital Leaders have created top tips to help other children use live streaming services safely and responsibly.

Find out more and view the Infographic:

[http://www.childnet.com/downloads/Young\\_peoples\\_top\\_tips\\_about\\_livestreaming.pdf](http://www.childnet.com/downloads/Young_peoples_top_tips_about_livestreaming.pdf)

Have you heard of the free social media app -

**Sarahah?**



(Recommended Age 17+)

Free social media app which will link to Snapchat account or post a link on other social media sites.

**Read Commonsensemedia's review and watch the video**

<https://www.commonsensemedia.org/app-reviews/sarahah>

**Don't forget:**

**NSPCC's Online Safety helpline on 0808 800 5002  
Childline (0800 1111)**

For more information contact Scomis:

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