

Primary Autumn 2017 Menu

Week 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Vegetable Supreme Pizza** <i>with Jacket Wedges</i>	Beef & Vegetable Pie <i>with New Potatoes</i>	Roast Turkey <i>with Roast Potatoes & Gravy</i>	Chinese Chicken with Noodles	Crispy Fish & Chips
Alternative Dish	Neapolitan Pasta**	Mexican Vegetable Chilli <i>with Rice</i>	Cheese & Potato Bake	Chinese Veggie Noodles	Veggie Hot Dog <i>with Chips</i>
KS2 Offer	Cheese & Tomato Baguette	Marinated Korma Chicken Thigh with rice	Roast Turkey Bap	Mac N Cheese Pot with Fresh Tomato Salsa	
Vegetables	House Coleslaw Peas	Green Beans Cauliflower	Braised Red Cabbage Carrots	Broccoli Sweetcorn	Baked Beans Peas
Desserts	Wedges of Melon * Orange	Pineapple and Peach Crumble <i>with Custard *</i>	Date Bar <i>served with Yoghurt</i>	Fruit in Jelly	Chocolate and Banana Muffin

Jacket Potato and Salad Bar served daily
Cool Water, Fresh Fruit and Yoghurt served daily
*Fruit Based **Wholegrain



Primary Autumn 2017 Menu

Week 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Mac 'N' Cheese <i>Macaroni Cheese</i>	Chicken Sausages <i>with Creamy Mash and Gravy</i>	Roast Chicken <i>with Roast Potatoes and Gravy</i>	Jamaican Beef <i>with Rice n Peas</i>	Golden Fish Fingers & Chips
Alternative Dish	Boston Bean Casserole <i>with Rice **</i>	Vegetarian Sausages <i>with Creamy Mash and Gravy</i>	Lentil Roast <i>with Roast Potatoes with Gravy</i>	Creamy Tomato and Basil Pasta **	Bean and potato Burrito <i>with Chips</i>
KS2 Offer	Egg Mayo Sub Roll	Mac N Cheese Pot with warm sweetcorn Salsa	Roast Chicken Bap	Marinated Chicken Fajita Chicken Thigh with rice	
Vegetables	Broccoli Crunchy Salad	Carrots Seasonal Cabbage	Peas Swede	Sweetcorn Green Beans	Baked Beans Crunchy Light Coleslaw
Desserts	Chocolate and Mandarin Sponge * with Chocolate Sauce	Oatie Biscuit <i>with Fruit Slices *</i>	Peaches With Homemade Granola & Yoghurt	Carrot & Pineapple Cake Slice	Strawberry Cheesecake

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Primary Autumn 2017 Menu

Week 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Mozzarella & Tomato Pizza ** <i>with Oven Baked Wedges</i>	Pasta Bolognese **	Roast Lamb <i>with Roast Potatoes and Gravy</i>	Marinated Mild Chicken Tikka Thigh <i>With Rice</i>	Crispy Salmon Fillet*** <i>with Chips</i>
Alternative Dish	Quorn Sausage and Tomato Pasta Bake ** <i>with a Bread Wedge</i>	Cheese and Sweetcorn Quiche <i>with New Potatoes</i>	Shepherdess Pie	Mild Yellow Vegetable Curry <i>with Rice</i>	Veggie Quesadilla <i>with Chips</i>
KS2 Offer	Cheese Mayo Crunch Hoagie	Mac N Cheese Pot with BBQ Baked Beans	Roast Lamb Bap	Marinated BBQ Chicken Thigh with rice	
Vegetables	Peas Apple Slaw	Broccoli Fresh Tomato Salsa	Roast Parsnips Sweetcorn	Green Beans Carrots	Baked Beans Peas
Desserts	Strawberry Fro Yoghurt	Apple Cracknell <i>with Custard *</i>	Mini Gingerbread Cake <i>With Fresh Fruit *</i>	Chocolate Sultana Crispie	Creamy Rice Pudding <i>with Fruit</i>

Jacket Potato and Salad Bar served daily
Cool Water, Fresh Fruit and Yoghurt served daily
*Fruit Based **Wholegrain

