

Week 1

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Monday

French Bread Cheese & Tomato Pizza Using a Rich 5 a day Tomato sauce & low fat Mature Cheese V

Crispy Garlic Bake Oven Roasted Vegetables in a Rich Tomato, Herb & Garlic Sauce, topped with Golden Breadcrumbs V

Oven Baked Jacket Wedges, Big Salad Bar - Fresh Green Salad, Pasta Salad, Mixed Bean Salad, Coleslaw, Garlic Bread

Homemade Ice-Cream served with a Fruit Coulis

Tuesday

Hunters Chicken Chicken Breast topped with Cheese, served in a BBQ Sauce

Homemade Breaded Chicken Strips

BBQ Bake Tender pieces of Quorn served in a BBQ sauce topped with Cheese V

Herby Diced Potatoes or Boiled Rice, Golden Sweetcorn, Roasted Vegetable Medley, Seasonal Salad Bar, Homemade Granary Bread

Tiger Sponge with Orange Icing & Custard

Wednesday

Roast Beef & Yorkshire Pudding, Served with a Rich & Tasty Gravy

Oven Roast Vegetables served in a Yorkshire pudding & topped with Mature Cheese V

Crisp Roast Potatoes, Light & Fluffy Mash, Roast Parsnips, Fresh Baton Carrots, Fresh Broccoli, Garden Peas, Homemade Bread Selection

Fruit Tart topped with a Swirl of Cream



Thursday

Big Breakfast - Bacon, Sausage, Scrambled Egg, Vegetarian Sausage & Scrambled Egg V

Oven Baked Potato Smiles, Mushrooms, Plum Tomatoes, Baked Beans, Seasonal Salad Bar

Homemade Bread Selection

Mini Golden Shortbread Biscuit served with Milkshake

Friday

Jumbo Cod Fish Finger Fillet of Fish Coated in a Crispy Breadcrumb or Salmon Fishcake

Cheese & Onion Egg Flan V

Chips or Boiled Potatoes, Garden Peas, Mushy Peas, Fresh Carrots, Seasonal Salad Bar, Homemade Bread Selection

Fruit Topped Cheesecake on a Biscuit Base



Week 2

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Monday

Traditional Oven Baked Sausage Served on a bed of Creamed Potato, topped with a Rich & Tasty Gravy

Linda McCartney Vegetarian Sausage Served with Vegetarian Gravy V

Creamed Potato, Garden Peas, Fresh Baton Carrots, Seasonal Salad Bar, Homemade Bread Selection including Granary

Pear & Chocolate Sponge served with Chocolate Sauce

Tuesday

Go Large Cheese & Tomato Pizza Using a Rich 5 a day Tomato Sauce & low fat Mature Cheese V

Mixed Bean Mushroom & Tomato Pasta Bake V

Crispy Jacket Wedges, Baked Beans, Big Salad Bar - Fresh Green Salad, Pasta Salad, Coleslaw, Homemade Bread Selection

Homemade Iced Fruit Muffin

Wednesday

Roast Chicken Roast Chicken Breast, Sage & Onion Stuffing served with a Rich & Tasty Gravy

Quorn Parcels Diced Quorn & roast vegetables encased in puff pastry V

Crisp Roast Potatoes, Swede & Potato Mash, Oven Roast Parsnips, Fresh Baton Carrots, Fresh Broccoli/Cauliflower, Garden Peas, Homemade Bread Selection

Strawberry & Chocolate Mousse topped with a Swirl of Cream

Thursday

Italian Bolognese Fresh Mince Beef cooked in a Rich Tomato based Sauce

Vegetarian Bolognese Quorn Mince cooked in a Rich Tomato based Sauce V

Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Bar, Garlic Bread

Fruit Crumble served with Custard

Sandwich Bar

Available daily



Come dine with us

Friday

Jumbo Fish Finger Fillet of Fish Coated in a Crispy Breadcrumb

Whitby Battered Fillet of Fish White Fillet coated in a light Batter

Traditional Cheese and Potato Pasty V

Chips or Couscous, Baked Beans, Garden Peas, Sweetcorn, Seasonal Salad Bar, Homemade Bread Selection

Homemade Fruity Apple Flapjack

Week 3

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Monday

Gluten Free Pork Meatballs Pork Meatballs served with a Rich Tomato Sauce or Onion Gravy

Cheese and Tomato Pasta Bake V

Golden Noodles or Pasta Twists, Sliced Green Beans, Fresh Cauliflower, Seasonal Salad Bar, Homemade Bread Selection

Sticky Toffee & Banana Pudding & Custard

Tuesday

Chicken Curry Tender pieces of Chicken in a Light Curry Sauce

Vegetarian Chilli Quorn Mince cooked in a Rich Tomato Sauce V

Wholegrain Rice or Boiled Rice, Seasonal Vegetable Selection, Sambals - Tomato Wedges, Sliced Banana, Onion & Cucumber, Mint Yoghurt Dip, Seasonal Salad Bar

Naan Bread or Garlic Bread

Lemon Finger Biscuit Served with Milkshake

Wednesday

Roast Pork Served with Sage & Onion Stuffing, Apple Sauce & a Rich & Tasty Gravy

Roast Vegetable Pasta Bake Roasted Mixed Vegetables with Pasta and a Garlic & Herb Sauce V

Crisp Roast Potatoes, Creamed Sweet Potato Mash, Oven Roast Parsnips, Fresh Broccoli/Cauliflower, Garden Peas, Homemade Bread Selection

Iced Cupcake Selection

Thursday

Go Large Cottage Pie Served with a Rich & Tasty Gravy

Shepherdess Pie Vegetarian Cottage Pie using Quorn Mince served with a Vegetarian Gravy V

Fresh Cabbage, Fresh Baton Carrots, Sweetcorn, Seasonal Salad Bar, Homemade Bread Selection including Granary

Homemade Fruit filled Danish Pastries

Friday

Whitby Battered Fillet of Fish White Fillet coated in a light Batter

Jumbo Fish Finger Fillet of Fish Coated in a Crispy Breadcrumb

Baked Jacket Skins Potato, Mushrooms & Spring Onion filled Potato skins topped with Cheese V

Chips, Lemon Couscous, Mushy Peas, Baked Beans, Garden Peas, Seasonal Salad Bar, Homemade Bread Selection

Iced Bakewell Tart & Strawberry Sauce

