

Primary Autumn 2017 Menu

Week 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Vegetable Supreme Pizza** <i>with Jacket Wedges</i>	Beef & Vegetable Pie with Suet Crust <i>with New Potatoes</i>	Roast Turkey <i>with Roast Potatoes & Gravy</i>	Chinese Chicken with Noodles	Crispy Fish & Chips
Alternative Dish	Borlotti Bean & Mushroom Carbonara	Vegeballs in Tomato Sauce with Rice	Cheese & Potato Bake	Vegetable Biryani	Vegetable Chilli with a Baked Potato
Vegetables	House Coleslaw Sweetcorn	Green Beans Cauliflower	Cabbage Carrots	Broccoli Sweetcorn	Baked Beans Peas
Desserts	Ice Cream Pot and Fresh Fruit Slices	Fruit in Jelly	Fruity Flapjack <i>served with Yoghurt</i>	Pineapple and Peach Crumble <i>with Custard *</i>	Chocolate and Banana Slice

Cool Water, Fresh Fruit and Yoghurt served daily

*Fruit Based **Wholegrain



Primary Autumn 2017 Menu

Week 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Mac 'N' Cheese <i>Macaroni Cheese</i>	Pork Sausages <i>with Creamy Mash and Gravy</i>	Roast Beef <i>with Roast Potatoes and Gravy</i>	Beef Chilli <i>with Rice</i>	Golden Fish Fingers & Chips
Alternative Dish	Boston Bean Casserole <i>with Rice **</i>	Vegetarian Sausages <i>with Creamy Mash and Gravy</i>	Quorn Roast <i>with Roast Potatoes with Gravy</i>	Roasted Cauliflower and Chickpea Korma	Bean and potato Burrito <i>with Chips</i>
Vegetables	Broccoli Crunchy Salad	Carrots Peas	Peas Cauliflower	Sweetcorn Green Beans	Baked Beans Crunchy Light Coleslaw
Desserts	Chocolate and Mandarin Sponge <i>* with Chocolate Sauce</i>	Strawberry Cheesecake	Cheese & Biscuits	Carrot & Pineapple Cake Slice	Oatie Biscuit <i>with Fruit Slices *</i>

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Primary Autumn 2017 Menu

Week 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Spicy Beef Pizza <i>with Oven Baked Wedges</i>	Marinated Mild Chicken Tikka Thigh <i>With Rice</i>	Honey roast Gammon or FFL Roast Pork <i>with Roast Potatoes and Gravy</i>	Pasta Bolognaise **	Crispy Salmon Fillet*** <i>with Chips</i>
Alternative Dish	Mild Yellow Vegetable Curry <i>with Rice</i>	Cheese and Sweetcorn Quiche <i>with New Potatoes</i>	Shepherdess Pie	<i>Chinese Veggie Noodles</i>	Veggie Quesadilla <i>with Chips</i>
Vegetables	Peas Sweetcorn	Broccoli Salad	Cabbage Carrots	Green Beans Sweetcorn	Baked Beans Peas
Desserts	Strawberry Fro Yoghurt	Mini Gingerbread Cake <i>With Fresh Fruit *</i>	Apple Cracknell <i>with Custard *</i>	Chocolate Sultana Crispie	Shortbread Biscuits <i>with Fruit</i>

Cool Water, Fresh Fruit and Yoghurt served daily

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