

	Week One	Week Two	Week Three	Week Four
Monday	Jacket potato with cheese and baked beans Quorn Curry with wholegrain rice Selection of salads Oat and apricot cookie	Macaroni Cheese Sweet and sour Quorn with wholegrain rice Peas and salad Fruit muffin	Tomato pasta bake Lentil bolognaise Selection of salads Cheese, crackers and fruit	Quorn cottage pie Jacket potato with cheese and baked beans Peas and salad Chocolate and beetroot muffin
Tuesday	Beef bolognaise Quorn meatballs in tomato sauce Pasta Sweetcorn and salad Date crunch and custard	Pork hotpot Cheese and bean plait Carrots and broccoli Berry sponge	Chicken curry with wholegrain rice Quorn chow Mein Selection of salads Orange and lemon drizzle	Chicken pie Savoury vegetable pie Mashed potato or boiled potato Broccoli and sweetcorn Fruit jelly
Wednesday	Roast beef and Yorkshire pudding Vegetarian toad in the hole Roast potatoes Gravy Broccoli and carrots Fruit salad with yoghurt and honey	Roast chicken and stuffing Quorn fillet Roast potatoes Gravy Cabbage and carrots Fruit salad with yoghurt	Roast pork with apple sauce Red pepper tart Roast potatoes Gravy Green beans and carrots Fruit salad and yoghurt	Roast turkey Cauliflower bake Roast potatoes Gravy Carrots and Green beans Fresh fruit and yoghurt
Thursday	BBQ Chicken Vegetarian Chilli Rice Sweetcorn and peas Decorated chocolate sponge	Cottage pie Red dragon pie Peas and cauliflower Apple brownie with custard	Sausage Quorn sausage Mashed potato and Gravy Peas and carrots Lemon slice	Beef burger in a bun Vegetarian burger in a bun Potato wedges Selection of salads Fruit crumble and custard
Friday	MSC Fish of the day Spanish Omelette Chips Baked beans and peas Ice cream with fruit	MSC Fish fingers Country vegetable bake Chips Baked beans and peas Ice cream with fruit	MSC Salmon of the day Cheese pin wheels Chips Baked beans and peas Ice cream with fruit	MSC Fish of the day Baked vegetable wrap Chips Baked beans and peas Ice cream with fruit

Salad, Fresh Fruit and Yoghurt Available Daily