

Mushroom & Chicken Risotto

Serves: 4

Preparation: 10 minutes Cooking: 50 minutes



Ingredients*

- 400g button mushrooms, sliced
- **2** 3 tbs olive oil
- 1 leek, halved, thinly sliced
- 2 garlic cloves, crushed
- 2 cups arborio rice
- 2 4 cups chicken stock
- 2 chicken breast fillets
- 1/4 cup basil leaves, shredded
- 60g parmesan, finely grated

Method

- Preheat oven to 160°C. Heat 2 tbs oil in an ovenproof cookware over medium heat. Add the leek, garlic and mushrooms and cook, stirring occasionally for 5 minutes or until onions are soft. Add the rice and cook, stirring for 1 minute. Add the stock and bring to the boil.
- Remove pan from the heat, cover with lid or foil and transfer to the oven. Bake for 18-20 minutes or until the stock is almost absorbed.
- 3. Meanwhile, heat remaining oil in a non-stick frying pan over medium heat. Add chicken and cook for 5 minutes each side until just cooked through. Remove to a board, stand for 5 minutes then thinly slice.
- Stir the chicken, basil and parmesan into the risotto. Season with pepper and serve.

*Pupils may be allergic to one or more ingredients. Please check carefully before starting and make appropriate arrangements where necessary.

