

## **PE and Sport Premium 2019-20**

### Rationale:

At St. Bede's we believe that Physical Education, Sport and Physical Activity (PESPA) has the power to be used as a vehicle to improve all aspects of school life. We strive to produce physically literate children, who have the knowledge, skills and motivation needed to keep active every day.

St. Bede's provides an inclusive, engaging programme of high quality Physical Education, which is vital part of a child's holistic, personal development. Children will experience a wide range of carefully planned sporting activities. During learning, all children are encouraged to develop leadership skills through pairs, group or whole class settings. We aspire to ensure that children enjoy PE, which will then help us to raise participation levels both in and out of school and therefore in turn, promote healthy lifestyles.

We seek to deliver high quality PE and sports teaching in both curriculum and after school clubs. There will be the opportunity for all to compete, whether against themselves for personal best performances; or in a team sport through District and County competitions. We aim to establish that within their own level of ability all children can achieve and experience success, thereby enabling them to reach their full potential.

PE and Sport experiences can develop the personal discipline and determination to succeed, the resilience to keep going and respond positively to adversity, the self-confidence to play with creativity, and leadership skills to communicate messages clearly and collaboratively in a team. These skills cannot simply be read and rehearsed.

As a school, we are committed to using the Sport Premium to develop and add to Physical Education, Sport and Physical Activity opportunities for our children. We intend to build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years. St. Bede's will raise the profile of the subject by celebrating each other's individual and team achievements, then using these as an inspiration for others.

Sports has the ability to provide the tools for success in all aspects of school life and therefore bring about whole school improvement. We passionately believe that sport can change lives.

## St. Bede's RC Primary PE & Sports Premium 2019/20

Total number of primary aged pupils between the ages of 5-11 = 176

Total amount of Sport Premium Grant received = £17 760    Total amount Spent £14 393    Carry Over - £3367

Intent	Implementation		Impact	
Objective	Actions to Achieve	Funding Allocated	Outcome	Sustainability
Engagement of all pupils in regular physical activity – 60 minutes a day, of which 30 minutes should be in school	<ul style="list-style-type: none"> <li>Develop Infant/Junior Active Lunch/Play – Train Lunchtime supervisors and Young Play Leaders. Purchase a variety of new stimulating active play resources.</li> </ul>	£500	The lunchtime supervisors and young sports leaders will acquire the knowledge and skills to promote active play at break at lunchtimes. Both the junior and infant yard will be full of a variety of new stimulating resources and activities.	Lunchtime supervisors and Play Leaders will develop and encourage pupils to use skills taught. This will ensure that all children will continue with healthy, active lifestyles during lunch and break sessions. Lunchtime supervisors and Play Leaders will receive further training in the future so they have more ideas to disseminate for active play.
	<ul style="list-style-type: none"> <li>Provide a range of activities- implementation of new extra-curricular timetable (lunchtime &amp; after school). Increase the number of clubs for children.</li> <li>Working and liaising with more providers and sports clubs.</li> <li>Pupils needs/interests- pupil questionnaires to be monitored.</li> </ul>	£176	Increased attendance in KS1 and KS2 clubs is shown in registers of attendance.	Continue to liaise with families and pupils to ascertain the clubs and activities that our pupils want to be attending.

	<ul style="list-style-type: none"> <li>Develop activity breaks within the classroom by subscribing to Jump Start Jonny. Fantastic for 'energizers' and 'chillouts'.</li> </ul>	£200	<p>Children will be provided with the opportunity to stay active within the classroom during the school day. Jump Start Jonny 'energizers' will help children to be more alert and able to process new learning. Meanwhile, the 'chillouts' will promote calm and positive mental health where necessary.</p>	<p>Children will notice the positive impact of exercise on their body and during learning and consequently take more responsibility in the future for their physical and mental health.</p>
	<ul style="list-style-type: none"> <li>Purchase additional spare PE kit for classes from Reception to Y6.</li> </ul>	£150	<p>All children participate in PE lessons every week; gaining access to a broad, balanced curriculum and the health and well-being benefits of this crucial subject. The school will help prevent inactivity and obesity.</p>	<p>All children will have the opportunity to discover their most favourable sporting pathway, which they could look to pursue in the future. All borrowed kit is returned at the end of a session so it can be used again where necessary.</p>
	<ul style="list-style-type: none"> <li>Develop short activity burst breaks outside of the classroom with the introduction of the Daily Mile. Brief staff on organisation of Daily Mile activities and rationale behind initiative.</li> </ul>	£50	<p>Children develop their stamina, engage with the seasons and take more responsibility for their health and well-being.</p>	<p>A well organised and effective Daily Mile that produces positive health and well-being outcomes will be</p>

	<p>Construct a safe, accessible course around the school grounds.</p> <ul style="list-style-type: none"> <li>• Purchase Y1/2 Skipping Ropes and provide class teachers with skipping training.</li> </ul>	£263	<p>Staff have an alternative way of providing short activity bursts outside during the course of a day. Children will develop their individual and teamwork skipping skills.</p>	<p>maintained so future children can benefit from the initiative.</p> <p>This robust equipment will benefit future classes, while teachers will be more confident leading short skipping activity bursts.</p>
	<ul style="list-style-type: none"> <li>• Engage Parents in St. Bede's 30/30 Activity Vision (30 minutes activity in school and 30 minutes after school daily). Set up Whole School Meeting &amp; provide good practice handouts. Purchase Home/School Active Balls.</li> </ul>	£100	<p>Parents and school take collective responsibility for their children's health and fitness.</p>	<p>Parents keep fit with their children promoting healthy lifestyles for the future.</p>
	<ul style="list-style-type: none"> <li>• Change4Life Easter &amp; Summer Sport Club</li> </ul>	<p>£1500 (Projected Spend)</p> <p>(Money carried forward)</p>	<p>Children experience a variety of fun, engaging sporting activities at a time when they might not have simple access to physical activity.</p>	<p>Good early experiences will provoke a lifelong interest in sport.</p>

The profile of PE and sport being raised across the school as a tool for whole school improvement	<ul style="list-style-type: none"> <li>• Whole School Sport Relief Day – Hoopstarz</li> </ul>	£236	The whole school come together to enjoy healthy activity at the same time. Everyone experienced a different activity as individuals, in pairs and as a team.	Children are given the opportunity to continue their fun and fitness with hula hoop sessions at lunchtimes and after school.
	<ul style="list-style-type: none"> <li>• Liaise with representatives from Newcastle Eagles Healthy Living Roadshow, Durham CC Chance2Shine Cricket Roadshow, South Shields FC Player Visit, &amp; Skipping Show.</li> </ul>	£275	Professional sportsmen and sportswomen have delivered eloquent healthy lifestyle messages that have inspired our children to live them out. The immediate uptake in these sports rise sharply.	Children who have attended lessons/ assemblies have their future sporting aspirations raised alongside their self-belief. They are encouraged to dream and be ambitious.
	<ul style="list-style-type: none"> <li>• Prepare Junior Sports Community Celebration Assembly by: finding photographs of all winners doing school sport, order and collect medals and trophies, prepare notes on reasons for success of winners, find suitable inspirational videos, write parents invitational letter.</li> </ul>	£365 (Medals/trophies presented to March prior to Covi-19-  (£735 Underspend as end of year assembly did not take place)	Our annual Sport Celebration Community Assembly brings children, teachers and parents together to celebrate the sporting successes of our children. It helps our children to aspire to represent our school in competitive sport. Outstanding effort and excellent achievements are acknowledged, while new aspirations are made.	Every year children leave the assembly proud that their efforts have been recognised and determined to improve again in the future. Disengaged children are encouraged to become involved in school sport in the future.

	<ul style="list-style-type: none"> <li>Produce School Games Values Certificates.</li> </ul>	£50	Children who display School Games Values which are transferrable skills throughout the curriculum are distinguished in a weekly assembly.	Sport is used as a vehicle for whole school improvement by awarding School Games Values Certificates for teamwork, determination, honesty, self-belief, respect and passion.
	<ul style="list-style-type: none"> <li>Organise and develop School Games Day – Whole School.</li> </ul>	£50	Our School Games Day brings everyone in our community together to celebrate and raise the profile of sport.	Active Parents often have active children and our School Games Sports Day brings everyone together.
	<ul style="list-style-type: none"> <li>Write Sports Reports/Share photographs/Events &amp; Dates on Website.</li> </ul>	£0	Children and parents can read about and view images of their child's sporting endeavours on our website.	Our children's sporting pursuits feature heavily on the website and sports notice board to inspire the children.

<p><b>Increased confidence, knowledge and skills of all staff in teaching PE and sport.</b></p>	<ul style="list-style-type: none"> <li>PE Co-ordinator begins online training on the implementation of new interactive whole school scheme of work.</li> <li>Quality and quantity of resources for lessons purchased to allow for outstanding PE and pupil attainment.</li> <li>Staff will be provided with ongoing and evolving CPD on the delivery of the scheme through online videos and by INSET from the PE Co-ordinator.</li> <li>Set up new interactive PE curriculum which will be introduced to improve the delivery and consistency of PE provision.</li> </ul>	£1793	<p>All pupils to receive high quality physical education while children will personally develop physically, cognitively, socially and emotionally. More children will achieve age related expectations and beyond.</p> <p>Staff will have the ability to deliver a high quality curriculum and will continue to be upskilled before every lesson and through regular INSET training.</p>	<p>Interactive scheme of work includes over 6500 videos showing outcomes of learning. These videos linked to lessons provides continued CPD beyond the SSP funding.</p>
	<ul style="list-style-type: none"> <li>Innovative Skills based PE/Gymnastics scheme purchased – real PE/real Gymnastics</li> </ul> <p>PE Co-ordinator and staff explore a skills based approach in physical learning. During lockdown PE Co-ordinator has already attended training and will disseminate methods to staff in future training sessions.</p>	£3900	<p>The fundamental movement skills will be developed while children who do not engage in team sport will enjoy skill centred approach to physical activity.</p>	<p>Continued CPD will be provided in line with membership</p>
	<ul style="list-style-type: none"> <li>Top Play/Start &amp; Complete PE Cards</li> </ul> <p>PE Co-ordinator provide INSET</p>	£732	<p>Teachers have more awareness of how to develop agility, balance and co-ordination in KS1 children through a rich, variety of engaging activities. More children develop an early interest and passion for healthy activity by having excellent early experiences.</p>	<p>PE Co-ordinator provide continued implementation support after being trained in using resource.</p>

	<ul style="list-style-type: none"> <li>PE Co-ordinator attended online training in 'Supporting the delivery of PE in the current climate' (Covid-19 adaptations to PE). Disseminate good practice to staff through INSET. Also attended Gymnastics training</li> </ul>	£0	Children continue to make good/excellent progress in PE by providing safe, adapted lessons.	Continued CPD will be provided in this evolving area as part of membership.
	<ul style="list-style-type: none"> <li>PE Co-ordinator attended local authority training in Sportshall Athletics and Basketball. PE Co-ordinator delivered INSET Training sessions for all teachers and teaching assistants.</li> </ul>	£300	PE Lead has attended a variety of high-quality CPD this academic year and has been able to disseminate information to staff so they can be up-skilled. Support and development has also been provided for staff who lead after school sport clubs.	Teachers build up increased confidence, knowledge and skills to deliver improved PE lessons through training and working alongside PE specialists.
	<ul style="list-style-type: none"> <li>PE Lead supports staff with mentoring, team teaching and quality assures external providers of after-school sport opportunities.</li> </ul>			
	<ul style="list-style-type: none"> <li>A Teaching Assistant has delivered an additional skipping club &amp; football team.</li> </ul>	£175	Previously disengaged boys and girls have got involved in a new sport.	She has developed the ability to lead team sessions and curriculum PE lessons.
	<ul style="list-style-type: none"> <li>Y5 Basketball Coaching alongside Teacher.</li> </ul>	£150		
	<ul style="list-style-type: none"> <li>Y4 Skipping Coaching alongside Teacher.</li> </ul>	£200	Teachers throughout the school have worked alongside specialist sports teachers to improve subject knowledge.	Staff being upskilled will benefit our future children and give them more confidence to teach high quality PE in the present.
	<ul style="list-style-type: none"> <li>Y3 Hoopstarz coaching</li> </ul>	£100		

	<ul style="list-style-type: none"> <li>Y1/Y2 Chance2Shine Cricket Coaching in Partnership with Durham CC &amp; South Shields CC alongside Infant staff.</li> </ul>	Free		
Broader experience of a range of sports and activities offered to all pupils.	<ul style="list-style-type: none"> <li>Introduce children to different sports through stimulating launch events. Organise Hoopstarz and Cheerleading/Parkour event at Urban factory. Similarly arrange Outdoor and Adventurous Activities launch events by liaising with relevant people.</li> </ul>	£200	Children discovered an aptitude for a different sport, while some of the disengaged children enjoyed new activities. Several children joined cheerleading at the Urban Factory.	New sports created new pathways for the children with additional links to new local community clubs. PP funding and free places given where applicable to support families. Continue to provide clubs that are parent paid and therefore do not require any funding.
	<ul style="list-style-type: none"> <li>Two Teaching assistants have developed dance to new levels this year. They have organised teams for both the infants and juniors, as well as an after school club. New resources such as pompoms have been acquired.</li> </ul>	£120	Dance has been further developed with more staff involved with the running of multiple teams. The purchase of a beatbox has enabled sessions to take place outside at lunchtimes when the hall is unavailable. Fantastic performances were produced at local theatre and in school productions.	The school is becoming less dependent on 'experts' coming in to teach PE and Sport as staff are more confident and keen. Better resources, great productions and an increasing number of dance enthusiasts will only inspire more children to be involved. Continue to liase with families and pupils to ascertain the clubs and activities that our

	<ul style="list-style-type: none"> <li>• Develop a wider range of sports provision both within and outside the curriculum by purchasing new resources and PE Lead provide training on implementing activities within the PE Curriculum and in Extra-curricular activities.</li> <li>• New Games – Dodgeball</li> <li>• New Game - Futsal Resources</li> <li>• New event - Sportshall Athletics Resources</li> </ul>	<p>£40</p> <p>£ 70</p> <p>£150</p>	<p>A broader range of sports will now be provided so that children can be engaged in different ways. Research suggests that at a young age, children cognitively develop better when they experience a wider range of activities.</p> <p>The new resources will consequently mean that teachers can plan more exciting lessons throughout the whole school. As a result, behaviour will improve.</p>	<p>pupils want to be attending.</p> <p>The resources for the new activities will benefit children who attend our school in the future. Teachers will be more experienced by then to develop excellent sessions.</p> <p>Children will have the opportunity to find an aptitude in a different sport. This in turn can lead to new aspirations.</p>
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Increased participation in competitive Sport	<ul style="list-style-type: none"> <li>Implement an effective house system for engaging in competition in lesson time. This means there will be an in class level 1 competition for all classes at the end of each unit (new SOW supports this set up and guides teachers)</li> </ul>		KS2 children competed in four level 1 competitions. All of KS1 competed in 1 level 1 competition.	Competition will be imbedded as a normal element of learning at level 1 stage through continued access to house competitions in class/lesson time (SOW). This will bear no cost if SSP funding stops.
	<ul style="list-style-type: none"> <li>Enter multiple teams in a wide variety of different level 2 competitions and continue to develop partnerships with local community clubs and providers.</li> </ul>		The school have entered children in a vast range of competitions, where more children than ever have represented our school. Children of all abilities have had the opportunity to excel and aim to achieve personal best outcomes.	Children that represent their school are shown to have a good chance to stay involved in sport and lead healthy lifestyles.
	Y4/5 Basketball (4 teams)	£100		
	Y5/6 Football (1 team)	£80		
	Hebburn & Jarrow AC Y4,Y5, Y6 Cross Country (6 squads)	£98		
	District Y5/6 Tag Rugby ( 2 teams)	£100		
	District Y3, Y4,Y5, Y6 Cross Country (x8 teams)	£150		
	District Skipping Competition ( x30 children)	£100		
<ul style="list-style-type: none"> <li>School Games Competitions</li> </ul>			Meanwhile the competitions have provided a sporting pathway to provide high attaining teams (District Winners) the opportunity to go on and compete at level 3 County level.	Those children will develop their teamwork, sportsmanship, perseverance, respect and character.  Children and Parents will be given advice on how their child can stay involved with any favourite sports at local community clubs.

	Y3/4 Quicksticks (x 5 teams)	Free	The school is able to increase the number of children taking part in inter-school competitive sport. Increased pride and self-esteem in wearing school team colours increases children's dedication to commit to training and produces higher outcomes of performance which increases longevity of involvement.	Children that learn to compete and achieve personal best performances develop key life skills that can help them to improve in other areas of the curriculum.
	Y5/6 Sportshall Athletics ( x20 children)			
	Y3 Tennis ( x2 teams)			
	Y4 Tennis ( x2 teams )			
	<ul style="list-style-type: none"> <li>• Purchase additional kit for multiple teams. Basketball B &amp; C Team/ Athletics Y3/4/5/6 B teams</li> </ul>	£1911		Younger children aspire to represent their school. Children who represent St. Bede's are encouraged to be role models which helps them to step up to high levels of behaviour and to inspire younger children.
	<ul style="list-style-type: none"> <li>• Purchase additional kit for multiple teams. Tag Rugby B &amp; C Team/ Quicksticks Y3/4 B, C, D, E, F, teams</li> </ul>	£1609		
	Successfully applied for football Grant from Premier League	Free		

## **Swimming**

At St. Bede's children learn to swim in Y3 and Y4, while they return to the pool in Y6.

Meeting national requirements for swimming and water safety	%
Percentage of current Y6 pupils who could swim 25m <b>in Y4</b>	33%
Percentage of current Y6 pupils who could swim 25m at the <b>end of Y6</b>	77%
Percentage of Y6 cohort that use a range of strokes effectively (front crawl, backstroke and breaststroke)	69%
Percentage of Y6 cohort that can perform safe self-rescue in different water-based situations	65%
Additional provision for swimming? (over and above the national curriculum requirements)	No

### **Signed:**

Head Teacher : N. Park

Date : 31/7/20

Subject Leader : B. McVittie

Date : 31/7/20

Governor: M. Melling

Date : 31/7/20