

TASK 4: THE DANGER CIRCLE

The most important thing about being a Little Rescuer is making sure that you stay safe and look after yourself. If you get hurt, you can't help anyone else.

Can you think of things that might not be safe and could harm you or harm the person you are trying to help?

For example, why might a rope on the floor be a problem?

See if you can list some and discuss why they might be dangerous.

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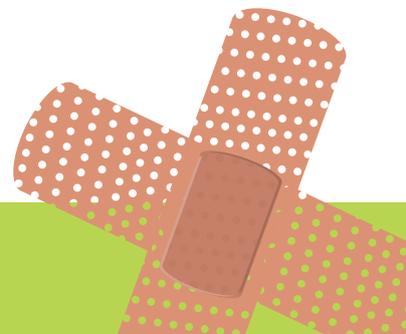
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Whenever we help someone we have to first STOP and check that it is safe for us. Try and imagine a RED DANGER CIRCLE around the person we are trying to help.

So our red Danger Circle means Stop and check first to see if there is anything inside that is dangerous or might hurt you or the person you are helping.



TASK 4: THE DANGER CIRCLE

Now you can make your own Danger circle on the floor and ask your friend or adult to lie down in the middle. Can you find some things to put in the circle with them that could be dangerous (be sure they don't really become dangerous). Now can you use the High 5 Hand to make it safe and to help them.

Let's have 2 scenario's of what could have happened:

-1st scenario- When you use your High 5 Hand and go through **DRABC** the person is talking to you. They tell you that they slipped on some water and have really hurt their leg. What could you do to help?

-2nd scenario-- When you use your High 5 Hand and go through **DRABC** the person doesn't talk to you and is unconscious. They are breathing though. What could you do to help?

**NOW ITS TIME TO WATCH THE RECOVERY POSITION VIDEO -
PLEASE CLICK HERE TO VIEW**

