



LITTLE RESCUERS



Dear Parents/Guardians,

Welcome to Little Rescuers! Thank you for allowing me to make First Aid fun for your child, and giving them an understanding of how to help themselves, family or friends in an emergency.

We have had a lot of fun today and they did really well!

We have identified dangers and how something could harm us or our family and friends. We used our Danger Circle to pick out hazards and learned that we are the most important person to keep safe in an emergency.

We learned about the High 5 Rule and the best thing to do when a friend or family member is both conscious and unconscious. We practised the Recovery Position and they put each other in it. They were also very good at participating in our pre-recorded 999 call!

We talked about the first thing they would be asked if they ever called 999 for an Ambulance... Location! So, today we introduced the "Postcode Song" and had a little practice. Please use this link to download our Little Rescuers CD at tumblesandgrumbles.uk/music so that you can practice together. The first song uses an example postcode to give you an idea of how it goes, the second has no lyrics and is designed for you to sing along using your own postcode and house number, so that your child can sing along whilst learning and practicing their address. I hope you enjoy it.

Looking forward to next week.

Take care,

Caroline.



www.tumblesandgrumbles.co.uk

caroline@tumblesandgrumbles.co.uk

