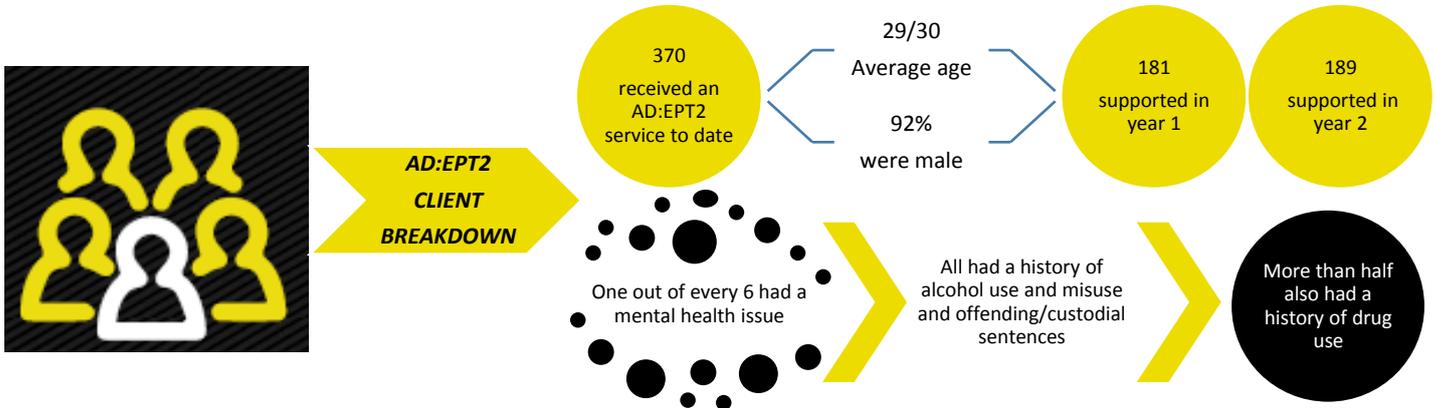


Executive Summary (Interim Report External Evaluation)



AD:EPT2 is a four year service intended to work with 960 prisoners (240 per year) and 480 families (120 per year). After the first year of delivery learning from the programme meant targets were reduced going forward to work with 200 clients and 100 families per year.

Outcome 1

Prisoners with alcohol problems have been supported to reduce or control their alcohol use

126 clients supported
110 clients supported to abstain/control their alcohol use
88% reported a reduction in alcohol use

209 clients supported
133 clients supported to abstain/control their alcohol use
89% reported a reduction in alcohol use

Outcome 2

Families (or significant others) of prisoners leaving prison have been supported

126 families offered support
63 families maintained/improved their family circumstances

133 families offered support
75 families seen/experienced positive relationships develop

Outcome 3

Individuals have felt more connected to their communities

41 communities ex prisoners returned to
78% did not reoffend

46 communities ex prisoners returned to
86% did not reoffend

YEAR 1
OUTCOMES

YEAR 2
OUTCOMES

Value to Clients

- All clients felt the preparation for release provided by AD:EPT2 staff was crucial and invaluable.
- Clients noted the excellent support they had received in the community and the key nature of the throughcare support.
- Clients praised the information provided and the support in making contacts inside and outside the prison.

Value to Family

- Many significant others talked about turning to the Family Support Worker for wider support and advice, and noted the practical support they had received.
- The independence of the support (not provided by friends or family) was seen as being particularly important; with different aspects of this highlighted including confidentiality, not being judged, separation of emotional involvement etc.
- Family members in particular noted the insight the Family Support Worker had – into the difficulties experienced by the client and also by their family; and that this had helped the wider family.
- The value was noted in terms of its input to preventing homelessness, preventing a return to or increase in drinking and in preventing reoffending. Overall support for the family was seen as building up that family's resilience.

Value to the Wider Community

- The service helped individuals to access appropriate and accessible healthcare both within prison and the community through the Community Addictions team. Difficulties accessing wider community-based services had an impact on outcomes in and for the wider community.
- External stakeholders viewed the service as having made significant impacts in the wider community.

"I kept thinking about the first time I would pass an Off Licence or go past a pub with its doors open. The Caseworker encouraged me to ring him at any time."

AD:EPT2 Service User

"You build that bond before you come out. On other projects they don't know anything about you. But on this one they get to know you, know your personality..."

AD:EPT2 Service User

"It was moral support for me when he came out of prison – I found it hard to adjust to having him home – especially after he'd been away for 15 years."

AD:EPT2 Significant Other

"She just come out to me...she would take me up to Tesco to get stuff, and just sit and have a chat."

AD:EPT2 Significant Other

"She is well informed, helps you to put your priorities in order – when he came out of prison I was all over the place – and walking on egg shells. She has helped me and other family members"

AD:EPT2 Significant Other

"She's like a sounding board, she helps you to think about how to deal with things – when I ask – what do I do about something?"

AD:EPT2 Significant Other

"At the beginning I understood the service was to assist offenders with alcohol related issues...I have since learned the service offers so much more from 1-1 counselling, help attending appointments, advice and continued support for both the client and their family"

AD:EPT2 Stakeholder

"I have found that the staff have went over and beyond to help support individuals in all aspects of their life."

AD:EPT2 Stakeholder

Client Suggestions for Improvements Going Forward

- ✓ Opportunities for parole.
- ✓ Suitable and available accommodation.
- ✓ Development of a half-way house.
- ✓ Fast-tracking of additional services and support.
- ✓ Further development of the family support element of AD:EPT2.
- ✓ Extension of AD:EPT2 for one year post release.