Careers linked to **Health and Social Care**

The Health and Social Care sector supports people with their physical, emotional and social needs. Health and Social Care is a large sector with many different jobs available. Did you know there are over 350 different roles in the NHS alone?

**What skills do I need?**

- Team work
- Working under pressure
- Problem solving
- Patience
- Health & safety awareness
- Following instructions
- Cultural understanding
- Empathy

**Job specific skills and qualifications will be needed but employers will also look for qualities and skills like:**

<table>
<thead>
<tr>
<th>Nurse</th>
<th>Healthcare Support Worker</th>
<th>Medical Secretary</th>
<th>Elderly Care Assistant</th>
<th>Dietitian</th>
<th>Social Worker</th>
<th>Health Visitor</th>
<th>Nursery Assistant</th>
<th>Radiographer</th>
<th>Home Care Assistant</th>
<th>Pharmacy Technician</th>
</tr>
</thead>
<tbody>
<tr>
<td>Speech and Language Therapist</td>
<td>Ergonomist</td>
<td>Hospital Porter</td>
<td>Youth Worker</td>
<td>Probation Worker</td>
<td>Counsellor</td>
<td>Paramedic</td>
<td>Occupational Therapist</td>
<td>Personal Care Assistant</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Where could I work?**

- Hospitals
- Local authorities
- Schools
- Prisons
- Nurseries
- Care homes
- Charities

**Some of the jobs in Health and Social Care include:**

- Nurse
- Healthcare Support Worker
- Medical Secretary
- Elderly Care Assistant
- Dietitian
- Social Worker
- Health Visitor
- Nursery Assistant
- Radiographer
- Home Care Assistant
- Pharmacy Technician
- Speech and Language Therapist
- Ergonomist
- Hospital Porter
- Youth Worker
- Probation Worker
- Counsellor
- Paramedic
- Occupational Therapist
- Personal Care Assistant

**Top Tips**

- Get experience working with people by volunteering, finding work experience or weekend and holiday work
- Contact your local social care provider to ask about upcoming vacancies or work placements
- Keep your CV updated with any new skills and experiences

Use the Careers Wales website to find out more related jobs. Always check entry requirements for specific jobs.

Connect with Careers Wales

- 0800 028 48 44
- Careers Wales website
- post@careerswales.com
- Live chat via the Careers Wales website