

Policy Extract

[A model school food policy – a practical guide](#)

This booklet is intended to outline the advantages to a school of adopting a food policy and to provide practical guidance on how to go about this.

1. Responsibilities.

The Board of Governors recognises the important connection between a healthy diet and a student's ability to learn effectively and achieve high standards in school. The Board also recognises the role a school can play, as part of the larger community, to promote family health, and sustainable food and farming practices.

The Board of Governors recognises that sharing food is a fundamental experience for all people; a primary way to nurture and celebrate our cultural diversity; and an excellent bridge for building friendships, and inter-generational bonds.

2. Mission

The educational mission is to improve the health of the entire community by teaching students and families ways to establish and maintain life-long health and environmentally sustainable eating habits. The mission shall be accomplished through food education and skills (such as cooking and growing food), the food served in schools, and non-core academic content in the classroom.

3. Aims

- 3.1 To improve the health of pupils, staff and their families by helping to influence their eating habits through increasing their knowledge and awareness of food issues, including what constitutes a healthy and environmentally sustainable diet, and hygienic food preparation and storage methods.
- 3.2 To increase pupils' knowledge of food production, manufacturing, distribution and marketing practices, and their impact on both health and the environment.
- 3.3 To ensure pupils are well nourished at school, and that every pupil has access to safe, tasty, and nutritious food, and a safe, easily available water supply during the school day.
- 3.4 To ensure that food provision in the school reflects the ethical and medical requirements of staff and pupils.
- 3.5 To make the provision and consumption of food an enjoyable and safe experience.
- 3.6 To introduce and promote practices within the school to reinforce these aims, and to remove or discourage practices that negate them.

4. Objectives

- 4.1 To work towards ensuring that this policy is both accepted and embraced by
 - Governors
 - School management
 - Teachers and support staff
 - Pupils
 - Parents
 - Food providers

- The school's wider community

4.2 To integrate these aims into all aspects of school life, in particular

- Food provision within the school
- The curriculum
- Pastoral and social activities