

## Policy Extract

### [Every School A Food-Growing School](#)

This short report summarises the growing evidence of the very many benefits of growing food in schools. Drawing on this and other research, and using examples of food practice, food and farming organisations, educational charities and campaign groups have come together to make a compelling case for food growing for all schools.

Many schools already teach food-growing skills and have discovered for themselves that this can help to:

- Teach children enterprise skills, such as organising the sale or donation of surplus produce.
- Build community spirit and a sense of citizenship, for example, linking up across the generations and supporting local charities.
- Encourage children to lead healthier lives, through physical activity outdoors and inspiring children to eat the fruit and vegetables they have grown.
- Reduce our environmental impact, by showing how locally grown, seasonal food can enhance biodiversity and reduce waste.
- Raise educational standards and improve behaviour, particularly for those less comfortable in a classroom setting.