Obesity & Cardiovascular Disease: Can we break the cycle?
18th & 19th August 2020

Advance your knowledge. Join us this August for the first SCOPE School Global to be held online.

Co-hosted by the World Heart Federation & World Obesity Federation, we’re exploring obesity and cardiovascular disease.

Aimed at healthcare professionals, the course will feature key speakers, including:

- Prof John Wilding, University of Liverpool, UK
- Prof Francisco Jimenez-Lopez, Mayo Clinic, USA
- Dr Ada Cuevas, Center for Advanced Metabolic Medicine and Nutrition (CAMMYN), Chile
- Dr Marie Chan Sun, University of Mauritius, Mauritius
- Prof Shifalika Goenka, Centre for Chronic Disease Control, India
- Prof Carel Le Roux, University College Dublin, Ireland
- Dr Sadiya Sana Khan, Northwestern University, USA
- Prof Naveed Sattar, University of Glasgow, UK

Date
18th August, 2020

Cost
£30 / £35

Venue
Online

For full details and to register visit: www.worldobesity.org/scope-school-global
Advance your knowledge.
We will host the SCOPE School over two days, with a 2-hour session on each day.

The first portion of the event will include all attendees, before they are broken into smaller groups and rotate between lectures over the course of the two-days to ensure that all participants have the opportunity to attend all lectures in small interactive groups.

**Programme:**

/ **18 August:** Obesity as a disease with cardiovascular complications

<table>
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<th>Time</th>
<th>Session</th>
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| 13:30 - 13:40 | Welcome  
Prof John Wilding                                                     |
| 13:40 - 14:00 | Introduction to Obesity: Epidemiology of obesity and cardiovascular disease  
Prof Francisco Jimenez-Lopez                                      |
| 14:00 - 14:30 | COVID-19, the cardiovascular system and obesity  
Prof Naveed Sattar                                                   |
| 14:30 - 15:00 | Managing cardiovascular disease in people with obesity  
Dr Sadiya Sana Khan                                                  |
| 15:00 - 15:30 | Cardiovascular complications of obesity and their improvement with weight loss  
Dr Ada Cuevas                                                        |

/ **19 August:** Treatment options for obesity and their effects on the cardiovascular system

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| 13:30 - 14:00 | Opening remarks and recap of day one  
Prof John Wilding & Prof Francisco Jimenez-Lopez                         |
| 14:00 - 14:30 | Behavioural-cognitive approaches  
Prof Shifalika Goenka                                                 |
| 14:30 - 15:00 | Surgery  
Prof Carel Le Roux                                                   |
| 15:00 - 15:30 | Medication  
Dr Marie Chan Sun                                                      |

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Contact us for more information about SCOPE