

/ Bronze Criteria

/ Establishing catering guidelines

A1.1 Establish catering practices that support National Dietary Guidelines

/ Cooking, preparation and recipe formulation

A2.1 Establish catering practices that support National Dietary Guidelines

A2.2 Adopt cooking practices that reduce the amount of **salt, sugar & saturated fat** in food

A2.3 Ensure that at least half of all bread served is **wholemeal/ wholegrain**

/ Providing 'healthier' choices and default options

A3.1 Ensure that at **least 25%** of menu items on offer are '**healthier**' (refer to toolkit for 'healthy' criteria')

A3.2 Always offer a choice of **low-sugar or no-sugar** drinks where drinks are served

A3.3 Provide free drinking water on site

A3.4 Make salt cellars or sachets available by request only as 'standard' practice

A3.5 Always provide a low sugar / low fat option when dairy is served

Raising awareness and labelling

A4.1 **Promote** healthy eating alongside catering information given to event planners

Marketing, promotions and sponsorship

A5.1 Provide event planners with the option to request removal of certain 'unhealthy' products from catering specifically for their event.

A5.2 Provide only 'standard' size packs of confectionary and snack items (*when sold on site*)

/ Vending

A6.1 Work with vending machine providers to ensure that at least 25% of products are 'healthier'

/ Active

A7.1 Promote active travel to and from your venue

/ Reducing sedentary behaviour

A8.1 Provide clear walking directions within the venue

A8.2 Offer facilities conducive for standing conferences and meetings

A8.3 Offer facilities for walking receptions

A8.4 Make space available for organisers to hold fitness and relaxation sessions

/ Promoting physical activity

A9.1 Promote community recreation facilities

/ Promoting healthier meetings

A10.1 Promote active meetings to event planners

/ Employee health & wellness

A12.1 Implement a written policy to promote physical activity and healthy eating in the workplace

/ Sponsorship- none related to Bronze award