



William Penn Newsletter 14th November 2019

Packed Meal Guidance – A message from West Sussex County Council

Did you know that hot school meals are nutritionally balanced and independently analysed to comply with the School Food Standards (2014) provided under contractual arrangements to schools.

There will however always be a requirement for packed meals in some cases. School meals account for a third of what a child eats every school day. Studies by Leeds University (2016) show that less than 2% of primary school packed meals from home meet the same nutritional standards that hot school meals are legally required to meet. Researchers found that only 1 in 5 lunchboxes contained any vegetables or salad, while 52%-60% contained too many sweet and savoury snacks, or sugary drinks (42%), leading to high levels of saturated fat, sugar and salt and not enough minerals and vitamins.

For further enquiries, please contact Chartwells directly using the following information:

<https://westsussex.mealselector.co.uk/Page/190/Contact-Us.html>

Non-Uniform Days For Christmas Fayre Reminder

Please be reminded that the non-uniform days in support of the Christmas Fayre (Thursday 28th November) are as follows:

☐ Friday 15th November: donations for the Chocolate and Sweets Stall – especially wrapped sweets in jam jars.

All donations are gratefully received.

In addition, on Wednesday 27th November we would be grateful to receive donations of cakes/mince pies. On this day, children will wear school uniform as normal.



Please Check For Lost Uniform

Please check that you don't have uniform at home belonging to other children – especially jumpers and PE kits as we are still missing some. Thank You

Safeguarding Update

We have been informed that in another part of the county, children have been approached by strangers in suspicious circumstances recently. We will be reminding children about 'stranger danger' in age appropriate ways as part of our usual work on keeping ourselves and others safe. We would be grateful if you could reinforce this point at home.

Pupil Achievements

Congratulations to Faith B on being selected to train with Foundation squad for Atlantis swimming club Horsham.

If you have any pupil achievements that you would like mentioned in the newsletter, please e-mail the office:

office@williampenn.co.uk

