

West Horndon Primary School Winter Menu 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT FREE French Bread Pizza Cheese & Tomato	All Day Breakfast Sausage, Bacon, Scrambled egg, Baked Beans, Tomatoes & Mushrooms	Roast Beef, Yorkshire Pudding & Gravy	Sausage Roll	Omega 3 Fish Fingers
	Veggie Breakfast 2 Veggie Sausages, Scrambled egg, Baked Beans, Tomatoes & Mushrooms	Cheesy Bean Yorkshire Pudding	Omelette Popovers	Vegetable Nuggets in a soft Tortilla Wrap with BBQ Sauce
Mixed Green Salad Potato Wedges	Mini Potato Waffles	Roast Potatoes Shredded Savoy Cabbage Fresh Carrot Batons	Creamy Mashed Potatoes Fresh Broccoli Green Beans	Crispy Chips Garden Peas Baked Beans
Jacket Potato with choice of 3 fillings available everyday	Jacket Potato with choice of 3 fillings available everyday	Jacket Potato with choice of 3 fillings available everyday	Jacket Potato with choice of 3 fillings available everyday	Jacket Potato with choice of 3 fillings available everyday
Layered Granola Yoghurt Pot	Fruit Salad	Rice Pudding	Fresh Fruit Platter	Jelly with Ice Cream

**Also available daily a Salad Bar – choice of at least 7 Salads,
Fresh Fruit, Fresh Bread, Yeo Valley yoghurt, Muller fruit corner, Soya Yoghurt, Fresh Milk and Water**

West Horndon Primary School Menu 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT FREE Pasta Bar Macaroni Cheese Quorn Bolognaise Tomato and Cheese	Beef Burger in a Bun with Tomato Sauce	Roast Chicken, Yorkshire Pudding & Gravy	Pork Sausage & Gravy	Jumbo Fish Finger
	Veggie Burger in a Bun	Quorn Fillet Toad in the Hole	Linda McCartney Sausage & Gravy	Omelette Popover
Crusty Bread Broccoli and Sweetcorn	Tiger Wedges Baked Beans Sweetcorn	Roast Potatoes Fresh Carrots Garden Peas	Creamy Mashed Potatoes Broccoli Trees Cauliflower	Crispy Chips Sweetcorn Baked Beans
Jacket Potato with choice of 3 fillings available everyday	Jacket Potato with choice of 3 fillings available everyday	Jacket Potato with choice of 3 fillings available everyday	Jacket Potato with choice of 3 fillings available everyday	Jacket Potato with choice of 3 fillings available everyday
Jammy Cup Cake	Fresh Fruit Platter	Fruit Salad & Ice Cream	Chocolate Sponge with Chocolate Custard	Fresh Fruit Pots or Iced Fruit Smoothie

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Fresh Fruit, Fresh Bread, Yeo Valley yoghurt, Muller fruit corner, Soya Yoghurt, Fresh Milk and Water

West Horndon Primary School Menu 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pepperoni Pizza	Cottage Pie with Cheesy Mash	Roast Pork, Yorkshire Pudding, Sage & Onion Stuffing Gravy	Chicken Korma	Butchers Pork Sausages
Cheese & Tomato Pizza	Gardeners Pie (Butternut squash, carrots, sweetcorn and broccoli with a cheesy mash top)	Herby Quorn Fillet with Sage & Onion Stuffing, Yorkshire Pudding Gravy	Veggie Nachos (Quorn fillet topped with rustic tomato sauce and crushed nachos)	Veggie Nuggets
Mixed Green Salad Rice Salad Sweetcorn	Green Beans Fresh Carrots Gravy	Roast Potatoes Fresh Sliced Carrots Broccoli Trees	White and Wholegrain Mixed Rice Naan Bread Strip	Crispy Chips, Garden Peas Baked Beans
Jacket Potato with choice of 3 fillings available everyday	Jacket Potato with choice of 3 fillings available everyday	Jacket Potato with choice of 3 fillings available everyday	Jacket Potato with choice of 3 fillings available everyday	Jacket Potato with choice of 3 fillings available everyday
Flapjack and Fresh Fruit	Fruit Salad & Squirry Cream	Fresh Fruit Pots	Cherry Bakewell Sponge and Custard	Arctic Roll with Winter Fruit Coulis

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Fresh Fruit, Fresh Bread, Yeo Valley yoghurt, Muller fruit corner, Soya Yoghurt, Fresh Milk and Water**