

Supporting Bereaved Children

Books for children:

- Someone Very Special Dies *Marge Heegaard*
- Someone Has A Serious Illness *Marge Heegaard*
- Something Terrible Happens *Marge Heegaard*
- The Invisible String *Patrice Karst*
- Badger's Parting Gifts *Susan Varley*
- Muddles, Puddles and Sunshine *Diana Crossley*
- Water Bugs and Dragonflies – explaining death to children *Doris Stickney*

Useful links:

1. Winston's Wish <https://www.winstonswish.org/>
 - Helpline 08088 020 021 including useful links and resources
2. NHS <https://www.nhs.uk/conditions/stress-anxiety-depression/children-and-bereavement/>
 - Children and Bereavement section lists ideas, support, helplines and other organisations
3. Child Bereavement UK <https://www.childbereavementuk.org/pages/category/primary-schools>
 - Elephants Tea Party: free downloadable package for schools, (just need to register), that includes creative exercises, lesson plans and activities around death and grief.

Ideas:

Memory box or box frame to keep things of significance to the child/children. Things that are 'special/relevant' to them be it a picture, stone, piece of material, card, or something they have written.