

## **HEALTH AND WELL BEING**

### **PASTORAL CARE AT HARTING SCHOOL**

A child works best in a happy and caring environment and every care is taken to ensure the physical and emotional welfare of the children.

We endeavour to develop good relationships between the school and families and believe it to be important. If a child has problems at home whether emotional or health-related, it is helpful to report them to the child's teacher or, when appropriate, to the Head teacher. The school has its own pastoral team including a play therapist and learning mentor who help support pupils. At times we also liaise with other agencies.

Before starting school please complete a Harting School Medical Form for your child.

### **EMERGENCY CONTACT**

It is vital that we are able to reach you in an emergency, so please ensure that we always know where you can be contacted and you have an up to date additional emergency contact.

### **FIRST AIDERS**

Office staff have first aid qualifications and give excellent care to children, if they are hurt, and parents are contacted immediately if staff are concerned. A leaflet outlining the treatment your child has received is completed and a copy sent home. For head bumps a letter with a reply slip is sent and should be returned to the school office.

### **ADMINISTERING MEDICINES**

At present we are not able to administer medicines to children – e.g. antibiotics. This service will resume in 2015 once staff have received the relevant training. Until this time, you are welcome to come into school to give essential medication yourself. This ruling does not apply to asthma inhalers or epipens, which we are still permitted to give. Children are not allowed to have any medication on their person including cough sweets, lip balm etc.

### **ASTHMA**

The school has a comprehensive policy for supporting children with asthma. If your child suffers regular attacks, please ensure that their named inhaler is handed to us so that it may be kept, labelled, in the office. An asthma record is kept in school and staff have regular training on how to recognise symptoms.

### **SUN PROTECTION**

In the summer please send your children to school with sun block already applied and bring a sun hat. If additional sun protection is required, children need to apply it themselves, and it should be stored in a named bottle and place in the class first aid box. The school encourages children to stay out of the midday sun.

**CONTAGIOUS DISEASES**

If your child has any infectious or contagious disease e.g. chicken pox, measles, impetigo or scabies, they must not attend school. A full list of infections requiring isolation is available from the office and if you are in any doubt, please contact us or your GP for advice before bringing your child to school.

**MY CHILD IS UNWELL AT HOME**

If your child is unwell in the night or first thing in the morning, please consider whether he or she should be at school. If a child has a heavy cold it is generally kinder for them to stay at home.

**ABSENCES**

If your child is unwell, we would appreciate a telephone call as soon as possible after the school opens at 8.30am. There is an answer phone so please leave a message if the phone is not immediately answered. We generally contact parents for a reason for absence, during the morning, if a child has not come to school.

**MY CHILD IS UNWELL AT SCHOOL**

If your child is sick at school, you will be asked to collect him/her. Parents may also be asked to take their child home if head lice are spotted during the day but the child can return once treatment has been carried out.

**HOW LONG SHOULD MY CHILD BE OFF SCHOOL?**

We normally ask that a child remains at home for 48 hours after the last bout of vomiting or diarrhoea and for 24 hours after having a temperature.