

# ONE

# TWO

# THREE

AVAILABLE EVERY DAY...

7 Jan, 28 Jan,  
25 Feb, 18 March

14 Jan, 4 Feb,  
4 Mar, 25 Mar

21 Jan, 18 Feb,  
11 Mar, 1 Apr

**Beef Burger in a Bun with New Potatoes**  
Quorn Burger in a Bun with New Potatoes  
Sweetcorn & Coleslaw  
**Rolled Apple & Strawberry Pie with Custard**  
Yoghurt / Fruit Salad

**Chicken & Tomato Pasta with Garlic Bread**  
Creamy Broccoli Pasta Bake with Garlic Bread  
Crudités & Peas  
**Wholemeal Pear Crumble & Custard**  
Yoghurt / Fruit Salad

**Roast Bacon Loin with Roast Potatoes & Gravy**  
Quorn Roast with Roast Potatoes & Gravy  
Swede Mash & Green Beans  
**Rice Pudding with Mixed Berries**  
Yoghurt / Fruit Salad

**Sweet & Sour Chicken with Noodles**  
Cheese & Tomato Pizza with Jacket Wedges  
Cauliflower & Mixed Peppers  
**Pineapple Upside Down Cake with Custard**  
Yoghurt / Fruit Salad

**MSC Breaded Fish with Chips & Tomato Sauce**  
Glamorgan Sausage with Chips  
Baked Beans & Garden Peas  
Oaty Cookie  
Yoghurt / Fruit Salad

**Hot Dog with Tomato Sauce & Wedges**  
Macaroni Cheese with Garlic Bread  
Coleslaw/Courgettes in Tomato Sauce  
**Iced Sponge**  
Yoghurt / Fruit Salad

**Chicken Curry with Rice**  
Wholemeal Spinach & Tomato Quiche with New Potatoes  
Broccoli & Sliced Carrots  
**Wholemeal Mixed Fruit Crumble & Custard**  
Yoghurt / Fruit Salad

**Roast Turkey with Roast Potatoes, Stuffing & Gravy**  
Cheese & Pepper Whirl with Roast Potatoes  
Red Cabbage & Green Beans,  
**Apple, Cheese & Biscuits**  
Yoghurt / Fruit Salad

**Spaghetti Bolognese with Garlic Bread**  
Lentil & Vegetable Curry with Rice  
Peppers & Sweetcorn  
**Banana Sponge & Custard**  
Yoghurt / Fruit Salad

**MSC Battered Fish with Chips & Tomato Sauce**  
Veggie Hot Dog with Chips & Tomato Sauce  
Baked Beans & Garden Peas  
**Chocolate Shortbread**  
Yoghurt / Fruit Salad

**Wholemeal BBQ Chicken Pizza with Wedges**  
Quorn Chilli with Rice  
Sweetcorn & Green Beans  
**Oaty Peach Crumble & Custard**  
Yoghurt / Fruit Salad

**Beef Lasagne with Garlic Bread**  
Creamy Vegetable Pie with Creamed Potato  
Garden Peas & Cauliflower  
**Chocolate & Beetroot Brownie**  
Yoghurt / Fruit Salad

**Roast Chicken & Stuffing with Roast Potatoes & Gravy**  
Vegetable Wellington with Roast Potatoes & Gravy  
Shredded Cabbage & Carrots,  
**Vanilla Shortbread**  
Yoghurt / Fruit Salad

**Chilli with Rice**  
Wholemeal Cheese & Tomato Pizza with Wedges  
Roasted Vegetable Medley & Broccoli  
**Lemon & Mixed Berry Cake**  
Yoghurt / Fruit Salad

**MSC Salmon Fish Fingers with Chips & Tomato Sauce**  
Cheese Tomato & Spinach Frittata with Chips  
Baked Beans & Garden Peas  
**Mandarins & Ice Cream**  
Yoghurt / Fruit Salad

## Bread

freshly baked on site daily

## Daily salad selection

there will be a selection of salad items available daily


## Fresh Fruit & Organic Yoghurt

available daily

WE USE LOCALLY SOURCED INGREDIENTS WHEN AVAILABLE AND IN SEASON

All our menus are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards. We hope your child enjoys our new menus.

Menus could be subject to local change, please check your child's school for any bespoke changes.

 Vegetarian option

 Oily fish



Marine Stewardship Council details  
Web: [www.msc.org](http://www.msc.org)  
Chain of Custody  
Registration Code  
MML - C1009

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Oaty Cookie  
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