



Thalay La Trek (4577), nestled in the picturesque Baltistan region of Pakistan, is a renowned route that offers a delightful journey through the stunning landscapes of Khaplu and Shigar Valley. This trek, set in the foothills of the majestic Karakoram Range, is favored by many due to its relatively short duration and accessibility, making it an ideal choice for families, groups of friends, and couples seeking a memorable outdoor adventure. **The Thalay La Trek presents** a perfect combination of natural beauty, cultural exploration, and moderate physical challenge. Trekkers will have the opportunity to traverse verdant valleys, meander through quaint villages, and be mesmerized by the towering peaks that surround them. Along the way, encounters with friendly locals and glimpses of traditional Balti architecture add an enriching dimension to the experience. The trek is suitable for individuals of varying fitness levels, making it accessible to a wide range of outdoor enthusiasts. With well-defined paths and a moderate elevation gain, trekkers can enjoy the journey at a comfortable pace, savoring each moment amidst the tranquil wilderness. Overall, Thalay La Trek is a captivating expedition that promises unforgettable moments of bonding, exploration, and rejuvenation in the heart of the Karakoram. Whether one seeks adventure, serenity, or cultural immersion, this trek offers a fulfilling experience that is sure to leave a lasting impression on all who embark on its path.

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Thalay Village. Trekking Start Point.

Trek information

Days-8-10

Trek Zone-Open

Mountain Range-Karakorum Pakistan

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OUTLINE ITINERARY

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Day 1: Arrive in Islamabad, transfer to hotel or fly to Skardu on same day.

Day 2: Fly to Skardu (or drive via Chilas if flights are canceled) Flight is subject to weather.

Day 3: Sightseeing in Skardu.

Day 4: Drive from Skardu to Khaplu, valley.

Day 5: Drive from Khaplu to Thalay Valley,.

Day 6: Trek from Thalay Broq to Dubla Khan a campsite.

Day 7: Trek from Dubla Khan, cross Thalay La pass, and descend to a high camp.

Day 8: Trek from the high camp to Shigar Broq or Shigar village, then drive to Skardu.

Day 9: Fly from Skardu to Islamabad or drive to Islamabad vis Karakorum High way. .

Day 10: Departure your onwards from Islamabad Airport. .

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FOODS MENU DURING TREK.

Breakfast	Omelet, Boiled egg, milk tea,. Jam, Paratha, Honey, green tea, coffee, Butter
Lunch	Pack lunch. Paratha, chappati, milk/green tea, mix dry fruits, boiled potato. Noodles.
Dinner	Daily variety of foods, Rice, pasta, spaghetti, noodles, goat meat, chicken meat, mix vegetables, chappati, Pizza, green tea.
Sweet in Dinner	Daily variety of sweets. Mango, Apple, Watermelon, Caster, Sirni, fruit-cocktail, saviyan, Kheer and Halwa etc.

SERVICES INCLUDE.

- Vis Facility.
- Domestic Flight.
- Trekking permit fee.
- CKNP fee
- Camping, bridges and La crossing taxes.
- Accommodations (2/4 night Hotel)
- Licensed and expert Guide.
- Expert Cook -staff.
- Road transport from arrival to departure.
- Three time meals during Trek.
- Meal serving staff.
- Sleeping tents+metress.
- Low altitude porters.
- Porters and staff insurance.
- Thuraya phone. Call charges not include.
- Solar power /Electricity generator (for lighting and devices charging).

NOTE:- Although we try to adhere to the itinerary mentioned above, this itinerary is subject to change due to numerous reasons beyond our control such as bad weather, cancelled or delayed flights, road washouts, vehicle breakdowns, accidents, sickness, Govt restrictions, & all other unforeseen exigencies.