

The **Everest Panorama Trek** is an ideal choice for those seeking the majestic beauty of the Everest region without the challenge of reaching Base Camp. Over 11 days, trekkers will traverse picturesque Sherpa villages, ancient monasteries, and lush forests, culminating in panoramic vistas of some of the world's highest peaks.

Highlights include:

Tengboche Monastery: A spiritual center offering serene views.

Namche Bazaar: The bustling Sherpa capital with vibrant markets.

Khumbu Region: Immersive experience in Sherpa culture and hospitality.

This trek is designed for solo travelers, couples, or small groups looking to share the adventure and reduce costs by joining a fixed group departure.

Flight starts from Kathmandu to Lukla at the beginning, and returns from Lukla to Kathmandu at the end of the trek.

Detailed Itinerary

Day 1: Fly to Lukla and Trek to Thado Kosi

Date: October 10, 2025

The journey begins with a scenic 35-minute flight from Kathmandu to Lukla, one of the most famous mountain airports in the world. After landing, you'll meet your trekking guide and support team. The trek starts with a gentle descent through charming villages like Chaurikharka and Ghat. Following the Dudh Koshi River, you'll reach the small village of Thado Kosi, where you'll spend your first night in the mountains.

Walking time: 3 to 4 hours

Day 2: Trek from Thado Kosi to Namche Bazaar

Date: October 11, 2025

Today's trail takes you across several suspension bridges as you hike through pine forests and pass traditional settlements. After reaching the Sagarmatha National Park checkpoint at Monjo, you'll continue to Jorsalle and begin a steady uphill climb. If the skies are clear, you might catch your first glimpse of Mount Everest. The day ends in Namche Bazaar, the bustling heart of the Khumbu region.

Walking time: 6 to 7 hours

Day 3: Acclimatization and Exploration in Namche Bazaar

Date: October 12, 2025

Acclimatization is crucial, and today is dedicated to helping your body adjust to the altitude. Take a short hike to the Everest View Hotel, where panoramic vistas of Everest, Lhotse, and Ama Dablam await. You can also visit Khumjung village and the Hillary School or relax in Namche's local cafes and bakeries.

Day 4: Trek from Namche to Khumjung

Date: October 13, 2025

A short yet scenic trek takes you to the traditional Sherpa village of Khumjung via the Syangboche

Airstrip. This peaceful village is home to the Khumjung Monastery, which famously displays what locals claim is a Yeti scalp. You'll also visit the Hillary School, a symbol of Sir Edmund Hillary's legacy in the region.

Walking time: 3 to 4 hours

Day 5: Trek from Khumjung to Tyangbuche

Date: October 14, 2025

After descending to the river at Phunki Tenga, you'll climb through rhododendron and pine forests to reach the spiritual center of the Everest region — Tyangbuche. The monastery here is the largest in the area and offers unmatched views of Mount Everest and surrounding peaks. If you arrive on time, you can even attend an evening prayer session with the monks.

Walking time: 5 to 6 hours

Day 6: Return Trek to Namche Bazaar

Date: October 15, 2025

You'll retrace your steps through alpine forests and Sherpa villages, descending gently back to Namche Bazaar. This is a great opportunity to reflect on your journey and pick up souvenirs or local handicrafts.

Walking time: 4 to 5 hours

Day 7: Trek from Namche to Phakding

Date: October 16, 2025

Today's route follows the Dudh Koshi River once again as you descend past familiar villages like Monjo and Jorsalle. The walk is peaceful, and the lower altitude makes it easier to enjoy the natural beauty of the Khumbu.

Walking time: 4 to 5 hours

Day 8: Trek from Phakding to Lukla

Date: October 17, 2025

Your final trekking day includes a steady but manageable uphill trail leading back to Lukla. Once you arrive, celebrate with your guide and porters for completing this rewarding Himalayan journey.

Walking time: 3 to 4 hours

Day 9: Fly Back to Kathmandu

Date: October 18, 2025

In the early morning, you'll take a flight back to Kathmandu. Weather permitting, this is another chance to enjoy incredible mountain views from the air. Once in Kathmandu, you'll transfer to your hotel, where your journey officially ends.

What's Included in the Group Trek Package

- Pick up & drop off on your arrival and departure
- 2 Night Hotel accommodations in Kathmandu with breakfast
- Basic lodge accommodation during the trek
- A professional trekking guide and necessary number of porters [one porter in between two people]
- Trekking Entry permit and TIMS (Trekking Information Management System)
- Breakfast, lunch, dinner during trek
- Kathmandu-Lukla-Kathmandu flight ticket
- Emergency rescue arrangement (Makes sure your insurance will cover it)

- Insurance for guide that includes their emergency rescue
- Necessary equipment for guide & porter
- First aid kits
- khumbupasang lhamu tax-and-fees
- Sagarmatha National park fees

Trip Cost Excludes:

- International flight fare and travel insurance
- Meals in Kathmandu
- Alcohol and any drinks on the trip
- Tips for guide and porters
- All expenses of a personal nature (e.g., toilet paper, medicines, confectionery, etc.)
- Any other costs arising from unforeseen circumstances