

The Mardi Himal Trek is a spectacular short trekking adventure in the Annapurna region, ideal for travelers seeking pristine nature, solitude, and awe-inspiring Himalayan vistas. The trek begins from Kande near Pokhara and passes through lush forests, traditional villages, and high ridges, culminating at the Mardi Himal Base Camp (4,500 m). Along the way, trekkers enjoy close-up views of iconic peaks such as Mt. Mardi (5,553 m), Mt. Machhapuchhre (6,997 m), Mt. Annapurna (8,091 m), and Mt. Putha Hiunchuli (7,246 m). The moderate difficulty makes it suitable for those with a good level of fitness, offering a balance of adventure, nature, and cultural exposure.

Itinerary - Mardi Himal Trek 2025/2026

Day 1: Arrival in Kathmandu

Arrival at Tribhuvan International Airport and transfer to your hotel. Meet your guide for a briefing and explore Kathmandu at leisure.

Food: Breakfast

Accommodation: Hotel

Elevation: 1,350 m

Day 2: Kathmandu Sightseeing Tour

Full-day sightseeing of Kathmandu Valley UNESCO heritage sites: Swayambhunath, Pashupatinath, Kathmandu Durbar Square, and Boudhanath Stupa.

Food: Breakfast

Accommodation: Hotel

Elevation: 1,350 m

Day 3: Drive to Pokhara

Scenic 200 km drive to Pokhara along rivers and rolling hills. Relax by Phewa Lake or explore the town in the afternoon.

Food: Breakfast

Accommodation: Hotel

Elevation: 900 m

Day 4: Drive to Kande & Trek to Deurali (2,100 m)

Drive to Kande, trek via Australian Camp and Pothana to Deurali (4-5 hrs). Pass the ACAP/TIMS checkpoint along the way.

Food: BLD

Accommodation: Lodge

Elevation: 2,100 m

Day 5: Trek to Forest Camp (2,600 m)

Trek through dense forests with rhododendron trees, moss, and ferns. Arrive at Forest Camp and

enjoy the serene surroundings.

Food: BLD

Accommodation: Lodge

Elevation: 2,600 m

Day 6: Trek to High Camp (3,600 m)

Ascend above the tree line via grassy pastures and small rhododendron bushes. Enjoy views of Annapurna South, Hiunchuli, and Machhapuchhre.

Food: BLD

Accommodation: Lodge

Elevation: 3,600 m

Day 7: Hike to Base Camp (4,500 m) & Trek to Low Camp (2,900 m)

Reach Mardi Himal Base Camp along the ridge (5 hrs). Descend to Sidhing village (4 hrs) for an overnight stay. Witness spectacular close-up mountain views.

Food: BLD

Accommodation: Lodge

Elevation: 2,900 m

Day 8: Trek to Sidding & Drive to Pokhara

Short trek to Sidding, then drive back to Pokhara. Leisure time in the evening.

Food: Breakfast

Accommodation: Hotel

Elevation: 900 m

Day 9: Drive to Kathmandu

Drive back to Kathmandu by mid-afternoon. Optional farewell dinner at a local restaurant.

Food: Breakfast

Accommodation: Hotel

Elevation: 1,350 m

Day 10: Final Departure

Transfer to the airport for your departure flight or continue with additional activities in Kathmandu.

Food: Breakfast

Trip Cost Includes

Airport pick-up & drop-off

3 nights hotel accommodation in Kathmandu (twin sharing)

2 nights hotel accommodation in Pokhara (twin sharing)

Breakfasts in Kathmandu & Pokhara

Basic lodge accommodation during trek

Professional trekking guide

Necessary number of porters (1 porter per 2 trekkers)

Trekking permits and TIMS card

All overland transportation

Guide insurance including emergency rescue

Equipment for guides & porters

First aid kits and duffle bag

Trip Cost Excludes

International flights, travel insurance, and Nepal visa fees

Lunch and dinner in Kathmandu & Pokhara

Alcohol and personal drinks

Tips for guides and porters

Private transport if required

Any other expenses due to unforeseen circumstances

Why Choose Mardi Himal Trek 2025/2026

Secluded Trails & Less Crowded

Unlike the more popular Annapurna or Everest treks, Mardi Himal offers a peaceful, off-the-beaten-path experience, letting you immerse yourself in nature without the crowds.

Breathtaking Himalayan Views

Witness stunning close-up views of Mt. Mardi, Machhapuchhre (Fishtail), Annapurna South, Hiunchuli, and Putha Hiunchuli from the Base Camp and High Camp ridges.

Short & Rewarding Trek

Perfect for those with limited time, this 10-day trek combines moderate challenge with incredible

scenery, making it accessible for moderately fit trekkers.

Diverse Landscapes

Trek through lush rhododendron forests, alpine pastures, and high mountain ridges, experiencing the dramatic shift from subtropical valleys to the high Himalayas.

Cultural Experience

Enjoy Kathmandu's UNESCO World Heritage Sites before the trek and explore traditional Gurung and Magar villages along the trail, gaining insight into local Nepali culture.

Professional Support & Safety

Experienced guides, trained porters, first aid kits, and emergency procedures ensure a safe and well-supported trekking adventure.

Unique Photography Opportunities

From sunrise over the Annapurna range to wildlife sightings like the colorful Danphe pheasant, the trek offers endless opportunities for nature and landscape photography.